

LAC 1
Boxtel, 27.9.2009

Programmanr. 1
27-09-2009 - 14:00

Dames, 800m vrije slag

14 jaar en ouder
Resultaten

Rang											In.tijd	Tijd		
1.	Pascalie Rovers										Zwemvereniging Hoorn	10:20.20	9301064	9:57.18
	50m:	32.75	200m:	2:23.61	350m:	4:16.48	500m:	6:10.45	650m:	8:04.51	800m:	9:57.18		
	100m:	1:08.75	250m:	3:01.25	400m:	4:54.39	550m:	6:48.22	700m:	8:42.66				
	150m:	1:45.93	300m:	3:38.78	450m:	5:32.18	600m:	7:26.43	750m:	9:20.56				
2.	Kimberley Teunissen										De Waalstroom	10:05.00	9201742	10:31.46
	50m:	35.18	200m:	2:32.03	350m:	4:31.18	500m:	6:31.82	650m:	8:32.94	800m:	10:31.46		
	100m:	1:13.73	250m:	3:11.57	400m:	5:11.54	550m:	7:12.06	700m:	9:13.06				
	150m:	1:52.82	300m:	3:51.28	450m:	5:51.68	600m:	7:52.88	750m:	9:53.00				
3.	Evy Bokkers										Arethusa	11:24.62	9205414	11:15.89
	50m:	37.36	200m:	2:44.10	350m:	4:52.00	500m:	6:59.80	650m:	9:08.02	800m:	11:15.89		
	100m:	1:19.10	250m:	3:26.80	400m:	5:34.76	550m:	7:42.57	700m:	9:51.04				
	150m:	2:01.82	300m:	4:09.64	450m:	6:17.07	600m:	8:25.54	750m:	10:34.23				
4.	Cindy Hendriks										De Waalstroom	12:39.69	9207672	11:17.32
	50m:	37.50	200m:	2:43.67	350m:	4:51.78	500m:	7:01.38	650m:	9:11.55	800m:	11:17.32		
	100m:	1:19.00	250m:	3:26.26	400m:	5:34.94	550m:	7:44.32	700m:	9:54.60				
	150m:	2:00.85	300m:	4:09.35	450m:	6:17.78	600m:	8:27.96	750m:	10:37.53				
5.	Carlijn Martens										Arethusa	11:22.71	9102032	11:22.12
	50m:	38.65	200m:	2:48.37	350m:	4:58.21	500m:	7:07.93	650m:	9:16.85	800m:	11:22.12		
	100m:	1:22.09	250m:	3:32.07	400m:	5:41.19	550m:	7:50.97	700m:	9:59.41				
	150m:	2:05.39	300m:	4:15.03	450m:	6:24.60	600m:	8:34.24	750m:	10:41.59				
6.	Tamarah van der Pasch										Zegenwerp	12:39.15	9403308	11:24.36
	50m:	35.34	200m:	2:40.71	350m:	4:50.32	500m:	7:02.97	650m:	9:18.85	800m:	11:24.36		
	100m:	1:15.82	250m:	3:23.74	400m:	5:34.40	550m:	7:48.61	700m:	10:02.31				
	150m:	1:57.93	300m:	4:06.65	450m:	6:19.25	600m:	8:34.51	750m:	10:44.67				
7.	Jolijn van der Schoot										Zegenwerp	11:39.11	9302278	11:26.28
	50m:	38.62	200m:	2:46.75	350m:	4:57.00	500m:	7:09.06	650m:	9:19.27	800m:	11:26.28		
	100m:	1:21.23	250m:	3:29.78	400m:	5:40.45	550m:	7:53.23	700m:	10:01.70				
	150m:	2:04.09	300m:	4:13.14	450m:	6:24.84	600m:	8:36.08	750m:	10:46.25				
8.	Marjoke Debets										De Waalstroom	11:29.02	8600768	11:36.95
	50m:	38.59	200m:	2:45.99	350m:	4:55.68	500m:	7:07.44	650m:	9:21.49	800m:	11:36.95		
	100m:	1:20.42	250m:	3:28.59	400m:	5:39.68	550m:	7:51.69	700m:	10:06.47				
	150m:	2:03.23	300m:	4:11.91	450m:	6:23.38	600m:	8:36.44	750m:	10:51.49				
9.	Marloes Ruis										Arethusa	11:57.10	9503220	11:47.70
	50m:	37.26	200m:	2:46.73	350m:	5:00.89	500m:	7:16.51	650m:	9:32.36	800m:	11:47.70		
	100m:	1:19.54	250m:	3:31.42	400m:	5:45.60	550m:	8:01.80	700m:	10:17.60				
	150m:	2:03.42	300m:	4:15.89	450m:	6:31.02	600m:	8:47.02	750m:	11:03.02				
10.	Dimphy Vissers										Arethusa	12:44.11	9505636	11:48.82
	50m:	38.51	200m:	2:50.40	350m:	5:05.56	500m:	7:21.28	650m:	9:36.10	800m:	11:48.82		
	100m:	1:21.68	250m:	3:35.33	400m:	5:50.77	550m:	8:06.78	700m:	10:21.50				
	150m:	2:05.54	300m:	4:20.31	450m:	6:36.44	600m:	8:52.17	750m:	11:07.01				
11.	Melissa van der Schoot										Zegenwerp	12:43.84	9203120	11:49.25
	50m:	39.88	200m:	2:50.80	350m:	5:04.63	500m:	7:21.12	650m:	9:38.07	800m:	11:49.25		
	100m:	1:22.90	250m:	3:35.25	400m:	5:49.50	550m:	8:07.55	700m:	10:23.94				
	150m:	2:06.69	300m:	4:19.85	450m:	6:34.43	600m:	8:52.70	750m:	11:08.90				
12.	Tessa Visser										Zegenwerp	12:50.04	9306452	12:48.42
	50m:	38.54	200m:	2:49.29	350m:	5:10.10	500m:	7:43.42	650m:	10:18.57	800m:	12:48.42		
	100m:	1:20.80	250m:	3:35.42	400m:	6:00.42	550m:	8:34.86	700m:	11:10.02				
	150m:	2:04.36	300m:	4:22.10	450m:	6:51.73	600m:	9:26.48	750m:	12:01.07				
AFGEM	Rebecca Thijssen										De Waalstroom	11:18.81	9307192	

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Boxtel, 27.9.2009

Programmanr. 2
27-09-2009 - 14:39

Heren, 800m vrije slag

14 jaar en ouder
Resultaten

Rang											In.tijd		Tijd	
1.	Hans Peter Hartog										8:46.14	9100859	8:43.56	
	50m:	28.56	200m:	2:05.87	350m:	3:45.14	500m:	5:25.68	650m:	7:05.66	800m:	8:43.56		
	100m:	1:00.32	250m:	2:38.82	400m:	4:18.58	550m:	5:59.14	700m:	7:38.87				
	150m:	1:32.90	300m:	3:11.77	450m:	4:52.08	600m:	6:32.47	750m:	8:12.65				
2.	Maurice Soudant										9:16.26	9302125	9:07.25	
	50m:	28.40	300m:	3:16.18	450m:	5:00.11	600m:	6:46.82	750m:	8:32.63				
	100m:	1:01.02	350m:	3:51.00	500m:	5:35.65	650m:	7:22.05	800m:	9:07.25				
	200m:	2:10.27	400m:	4:25.40	550m:	6:10.79	700m:	7:58.26						
3.	Thomas van Mierlo										9:30.72	9300353	9:15.93	
	50m:	29.48	200m:	2:13.09	350m:	4:00.31	500m:	5:46.87	650m:	7:34.00	800m:	9:15.93		
	100m:	1:03.35	250m:	2:48.95	400m:	4:35.00	550m:	6:23.15	700m:	8:09.25				
	150m:	1:38.18	300m:	3:24.64	450m:	5:11.34	600m:	6:58.67	750m:	8:44.40				
4.	Tom Havekes										9:23.65	8901119	9:29.71	
	50m:	32.84	200m:	2:19.18	350m:	4:06.30	500m:	5:53.92	650m:	7:41.78	800m:	9:29.71		
	100m:	1:07.93	250m:	2:55.09	400m:	4:42.09	550m:	6:29.95	700m:	8:18.25				
	150m:	1:43.48	300m:	3:30.50	450m:	5:17.96	600m:	7:06.18	750m:	8:54.51				
5.	Maarten Brzoskowski										9:21.89	9500769	9:37.89	
	50m:	30.32	200m:	2:18.20	350m:	4:06.57	500m:	5:57.60	650m:	7:48.80	800m:	9:37.89		
	100m:	1:05.48	250m:	2:54.60	400m:	4:43.16	550m:	6:34.39	700m:	8:25.92				
	150m:	1:42.00	300m:	3:30.67	450m:	5:20.36	600m:	7:12.13	750m:	9:02.39				
6.	Daan Viering										10:03.70	9403839	10:06.22	
	50m:	35.57	200m:	2:29.25	350m:	4:24.83	500m:	6:20.96	700m:	8:52.94				
	100m:	1:13.19	250m:	3:07.50	400m:	5:03.76	550m:	6:58.80	750m:	9:31.54				
	150m:	1:51.07	300m:	3:46.18	450m:	5:42.26	650m:	8:14.66	800m:	10:06.22				
7.	Haiko Sleumer										11:54.10	9304251	11:40.32	
	50m:	35.36	200m:	2:43.57	350m:	4:58.64	500m:	7:14.64	650m:	9:31.80	800m:	11:40.32		
	100m:	1:16.82	250m:	3:28.04	400m:	5:43.48	550m:	8:00.23	700m:	10:15.00				
	150m:	1:59.67	300m:	4:13.20	450m:	6:29.29	600m:	8:46.07	750m:	10:58.82				

Programmanr. 3
27-09-2009 - 15:02

Meisjes, 400m vrije slag

Junioren 2 en 3
Resultaten

Rang											In.tijd		Tijd
1.	Jeanine Kocken										5:10.00	9601816	5:11.28
	50m:	34.33	150m:	1:52.01	250m:	3:11.99	350m:	4:32.91					
	100m:	1:12.50	200m:	2:31.86	300m:	3:52.32	400m:	5:11.28					
2.	Rebecca Fairley										5:34.94	9702736	5:22.98
	50m:	35.78	150m:	1:56.78	250m:	3:19.44	350m:	4:42.89					
	100m:	1:15.74	200m:	2:37.96	300m:	4:01.16	400m:	5:22.98					
3.	Carlijn Viering										5:32.77	9701142	5:26.65
	50m:	36.36	150m:	1:58.55	250m:	3:23.34	350m:	4:46.34					
	100m:	1:17.05	200m:	2:40.93	300m:	4:05.28	400m:	5:26.65					
4.	Mara van Loon										5:36.26	9703122	5:31.20
	50m:	36.07	150m:	1:56.06	250m:	3:20.14	350m:	4:48.16					
	100m:	1:15.56	200m:	2:38.00	300m:	4:03.82	400m:	5:31.20					
5.	Bente Gerits										5:23.53	9702052	5:31.86
	50m:	36.80	150m:	1:58.57	250m:	3:24.07	350m:	4:51.02					
	100m:	1:16.70	200m:	2:40.73	300m:	4:08.07	400m:	5:31.86					
6.	Evy Ulijn										5:44.86	9604100	5:34.28
	50m:	36.42	150m:	2:00.27	250m:	3:27.14	350m:	4:53.28					
	100m:	1:18.04	200m:	2:42.56	300m:	4:10.31	400m:	5:34.28					

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Programmanr. 3, Meisjes, 400m vrije slag, Junioren 2 en 3

Rang							In.tijd		Tijd
7.	Louise van Houten			Arethusa			6:14.06	9703320	5:38.03
	50m:	37.00	150m:	2:00.32	250m:	3:27.41	350m:	4:54.71	
	100m:	1:18.14	200m:	2:43.21	300m:	4:11.07	400m:	5:38.03	
8.	Isolde D'hert			Eiffel Swimmers PSV			5:51.13	9702564	5:49.26
	50m:	37.51	150m:	2:03.64	250m:	3:33.54	350m:	5:06.02	
	100m:	1:20.00	200m:	2:47.86	300m:	4:20.00	400m:	5:49.26	

Programmanr. 4
27-09-2009 - 15:15

Jongens, 400m vrije slag

Junioren 1 en 2
Resultaten

Rang							In.tijd		Tijd
1.	Richie van Empel			Zegenwerp			5:53.71	9603631	5:39.38
	50m:	36.67	150m:	2:02.45	250m:	3:31.22	350m:	5:01.21	
	100m:	1:18.81	200m:	2:46.30	300m:	4:16.28	400m:	5:39.38	
2.	Jeppe Komdeur			De Waalstroom			6:27.02	9604097	5:51.46
	50m:	39.54	150m:	2:11.06	250m:	3:41.60	350m:	5:09.35	
	100m:	1:24.82	200m:	2:56.59	300m:	4:25.90	400m:	5:51.46	
3.	Bobby Visser			Zegenwerp			6:09.48	9601437	6:01.70
	50m:	38.08	150m:	2:08.80	250m:	3:41.30	350m:	5:16.58	
	100m:	1:22.89	200m:	2:54.64	300m:	4:28.92	400m:	6:01.70	

Programmanr. 5
27-09-2009 - 15:22

Meisjes, 200m vrije slag

Minioren 5 en junioren 1
Resultaten

Rang					In.tijd		Tijd
1.	Rebecca Jager		ZC De Toekomst		2:37.68	9800402	2:40.97
	50m:	33.78	100m:	1:14.79	200m:	2:40.97	
2.	Anouk Gerrits		Zegenwerp		3:24.66	9900992	3:21.02
	50m:	44.32	100m:	1:37.70	200m:	3:21.02	

Programmanr. 6
27-09-2009 - 15:27

Jongens, 200m vrije slag

Minioren 5 en 6
Resultaten

Rang					In.tijd		Tijd
1.	Sander Somers		Zegenwerp		NT	9900951	3:24.58
	50m:	45.49	100m:	1:38.15	200m:	3:24.58	

Programmanr. 7
27-09-2009 - 15:30

Meisjes, 200m vrije slag

Minioren 3 en 4
Resultaten

Rang					In.tijd		Tijd
1.	Manon Kampman		Zegenwerp		3:55.27	0000614	3:24.71
	50m:	43.50	100m:	1:36.11	200m:	3:24.71	
2.	Lonneke Kampman		Zegenwerp		4:46.10	0100146	3:53.95
	50m:	47.74	100m:	1:48.83	200m:	3:53.95	

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Boxtel, 27.9.2009

Programmanr. 8 Jongens, 200m vrije slag Minioren 3 en 4
27-09-2009 - 15:36 Resultaten

Rang					In.tijd		Tijd
1.	Tygo van Empel				Zegenwerp	NT 0100541	3:32.59
	50m: 45.69	100m: 1:41.78	200m: 3:32.59				
2.	Stef van Boxtel				Zegenwerp	4:17.84 0000323	3:44.47
	50m: 47.57	100m: 1:46.56	200m: 3:44.47				

Programmanr. 9 Dames, 200m wisselslag 14 jaar en ouder
27-09-2009 - 15:41 Resultaten

Rang					In.tijd		Tijd
1.	Pascalie Rovers				Zwemvereniging Hoorn	2:39.39 9301064	2:38.64
	50m: 35.81	200m: 2:38.64					
2.	Evy Bokkers				Arethusa	2:48.31 9205414	2:50.10
	50m: 36.37	200m: 2:50.10					
3.	Emma Verhoeven				Zegenwerp	2:50.78 9303326	2:50.95
	50m: 35.48	200m: 2:50.95					
4.	Tamarah van der Pasch				Zegenwerp	2:55.99 9403308	2:55.75
	50m: 37.14	200m: 2:55.75					
5.	Jolijn van der Schoot				Zegenwerp	2:54.06 9302278	3:00.07
	50m: 41.82	200m: 3:00.07					
6.	Melissa van der Schoot				Zegenwerp	2:55.51 9203120	3:04.33
	50m: 40.02	200m: 3:04.33					
7.	Dimphy Vissers				Arethusa	3:38.19 9505636	3:06.40
	50m: 42.04	200m: 3:06.40					
8.	Tessa Visser				Zegenwerp	3:07.78 9306452	3:10.00
	50m: 41.47	200m: 3:10.00					

Programmanr. 10 Heren, 200m wisselslag 14 jaar en ouder
27-09-2009 - 15:49 Resultaten

Rang					In.tijd		Tijd
1.	Niek Havekes				De Waalstroom	2:16.15 8601127	2:19.06
	50m: 29.84	200m: 2:19.06					
2.	Geert Janssen				Eiffel Swimmers PSV	2:21.90 9201621	2:19.25
	50m: 29.33	200m: 2:19.25					
3.	Daan Viering				De Waalstroom	2:36.00 9403839	2:38.90
	50m: 35.40	200m: 2:38.90					
4.	Jeffrey Poiters				Zegenwerp	2:59.51 9504127	3:05.13
	50m: 42.56	200m: 3:05.13					

LAC 1
Boxtel, 27.9.2009

Programmanr. 11
27-09-2009 - 15:53

Meisjes, 200m wisselslag

Junioren 2 en 3
Resultaten

Rang					In.tijd		Tijd
1.	Esmée Six			Eiffel Swimmers PSV	2:49.06	9700490	2:50.96
	50m:	36.02	200m:	2:50.96			
2.	Evy Ulijn			Arethusa	2:54.09	9604100	2:55.18
	50m:	36.87	200m:	2:55.18			
3.	Jeanine Kocken			Eiffel Swimmers PSV	2:58.32	9601816	2:57.62
	50m:	42.37	200m:	2:57.62			
4.	Mara van Loon			Eiffel Swimmers PSV	3:03.41	9703122	2:58.93
	50m:	40.96	200m:	2:58.93			
5.	Isolde D'hert			Eiffel Swimmers PSV	3:05.03	9702564	3:02.21
	50m:	43.94	200m:	3:02.21			
6.	Rebecca Fairley			Eiffel Swimmers PSV	3:22.03	9702736	3:08.65
	50m:	45.06	200m:	3:08.65			
DIS	Louise van Houten			Arethusa	3:02.62	9703320	3:04.20 VE
	<i>VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.</i>						
	50m:	41.35	200m:	3:04.20			

Programmanr. 12
27-09-2009 - 16:01

Jongens, 200m wisselslag

Junioren 1 en 2
Resultaten

Rang					In.tijd		Tijd
1.	Richie van Empel			Zegenwerp	2:58.95	9603631	2:58.93
	50m:	41.21	200m:	2:58.93			
2.	Bobby Visser			Zegenwerp	3:13.59	9601437	3:13.29
	50m:	46.07	200m:	3:13.29			
3.	Jeppe Komdeur			De Waalstroom	3:30.86	9604097	3:30.00
	50m:	50.46	200m:	3:30.00			