

Programmanummer: 1 100m Schoolslag dames mix

MJUN1 Lim. 1.50.05, MJUN2 Lim. 1.45.76, MJUN3 Lim. 1.42.96, MJEU1 Lim. 1.41.96, MJEU2 Lim. 1.41.01, MSEN1 Lim. 1.39.69, MSEN2 Lim. 1.38.75, MSEN0 Lim. 1.37.58

Serie: 1

| | | | | | 50m | Eindtijd | |
|----|------------------|-------------|---------|----------|------------|-----------------|-----|
| 1. | Jeanette Wilkens | Vriledo | 1.46.07 | 98-00948 | | 1.46.24 | III |
| 2. | Danique Frieman | Aqua '68 | 1.41.85 | 97-01556 | | 1.38.91 | I |
| 3. | Eva Brals | Ritola Z&PC | 1.40.73 | 97-03438 | | 1.44.08b | |
| 4. | Floor Kuipers | Aqua '68 | 1.40.86 | 96-04242 | | 1.44.08a | I |
| 5. | Juliëtte Hekman | Vriledo | 1.43.10 | 98-03914 | | 1.43.36 | II |

Serie: 2

| | | | | | | | |
|----|------------------------|-------------|---------|----------|--|---------|-----|
| 2. | Christina van der Laan | Ritola Z&PC | 1.39.31 | 95-04864 | | 1.38.93 | II |
| 3. | Meike de Does | Aqua '68 | 1.37.30 | 97-02858 | | 1.41.26 | |
| 4. | Evelyn Frieling | Vriledo | 1.37.58 | 97-02154 | | 1.40.56 | II |
| 5. | Lisanne van Meerendonk | Aqua '68 | 1.39.57 | 96-04244 | | 1.45.10 | II |
| 6. | Esther Baar | Aqua '68 | 1.40.18 | 94-06462 | | 1.44.22 | III |

Serie: 3

| | | | | | | | |
|----|-----------------|----------|---------|----------|--|---------|-----|
| 1. | Annick van Dijk | Vriledo | 1.36.35 | 86-00844 | | 1.36.31 | I |
| 2. | Marcella Hoog | Vriledo | 1.35.62 | 94-01288 | | 1.38.82 | II |
| 3. | Sarah de Goede | Aqua '68 | 1.33.47 | 93-05868 | | 1.36.92 | I |
| 4. | Anouk de Haan | Aqualero | 1.34.95 | 97-05382 | | 1.41.07 | III |
| 5. | Inez Zewuster | Vriledo | 1.36.13 | 95-03700 | | 1.40.45 | III |
| 6. | Esmee Tienkamp | Aqua '68 | 1.36.89 | 97-03772 | | 1.42.12 | |

Serie: 4

| | | | | | | | |
|----|------------------|----------|---------|----------|--|---------|----|
| 1. | Tessa Benjamins | Aqualero | 1.32.68 | 95-00636 | | 1.35.63 | I |
| 2. | Marieke Ipema | Vriledo | 1.31.48 | 94-01290 | | 1.34.64 | I |
| 4. | Carmen Jorritsma | Aqua '68 | 1.31.07 | 92-07474 | | 1.34.50 | I |
| 5. | Elianne Douma | Vriledo | 1.32.38 | 93-00998 | | 1.44.94 | II |
| 6. | Lisa Bruggenkamp | Aqua '68 | 1.32.96 | 98-01526 | | 1.30.46 | I |

Afg. Annelies Kamphuis Vriledo 1.39.70 96-01564 afg.

Afg. Irma Leistra Aqualero 1.28.48 97-01764 afg.

Programmanummer: 2 100m Schoolslag heren mix

JMIN6 Lim. 1.45.90, JJUN1 Lim. 1.41.35, JJUN2 Lim. 1.36.40, JJUN3 Lim. 1.33.30, JJUN4 Lim. 1.30.64, JJEU1 Lim. 1.29.89, JJEU2 Lim. 1.28.94, JSEN1 Lim. 1.27.47, JSEN2 Lim. 1.26.54, JSENO Lim. 1.25.83

Serie: 1

| | | | | | 50m | Eindtijd | |
|----|----------------------|-------------|---------|----------|------------|-----------------|----|
| 1. | Richard Huberts | ZPP | 1.41.58 | 97-00825 | | 1.45.71 | I |
| 2. | Jari Michels | Aqua '68 | 1.33.39 | 96-04289 | | 1.34.78 | II |
| 3. | Rico Vroom | Ritola Z&PC | 1.30.39 | 98-02363 | | 1.32.26 | I |
| 4. | Finn van Wanrooij | Aqualero | 1.30.80 | 96-00203 | | 1.27.16 | I |
| 5. | Friso van der Meulen | Aqua '68 | 1.39.14 | 98-00617 | | 1.38.99 | II |

Serie: 2

| | | | | | | | |
|----|-----------------|-------------|---------|----------|--|---------|---|
| 2. | Sven Damen | Aqua '68 | 1.18.57 | 92-00217 | | 1.22.21 | I |
| 3. | Pepijn Stenveld | Ritola Z&PC | 1.15.69 | 90-02797 | | 1.17.26 | I |
| 5. | Douwe Kolkman | Ritola Z&PC | 1.23.30 | 93-03727 | | 1.25.48 | I |
| 6. | Bjorn Jansen | Aqua '68 | 1.30.02 | 94-02501 | | 1.32.85 | I |

Afg. Marnix van den Berg Ritola Z&PC 1.42.98 98-00305 afg.

Vervolg Programmanummer: 2 100m Schoolslag heren mix

| | | | | | |
|------|---------------|-------------|---------|----------|------|
| Afg. | Wiebe Kolkman | Ritola Z&PC | 1.26.12 | 94-05605 | afg. |
| Afg. | Lars Hamming | Ritola Z&PC | 1.16.35 | 90-05491 | afg. |

Programmanummer: 3 25m Vrijeslag m./j. minioren 1 / 2Serie: 1

| | | | | | | |
|----|-----------------|---------|---------|----------|-----------------|-----|
| | | | | | Eindtijd | |
| 2. | Ilona Venema | Vriledo | | 02-00050 | 0.21.50 | I |
| 3. | Myrthe Winkels | ZPP | 0.31.13 | 03-00212 | 0.32.36 | III |
| 4. | Jessica Huberts | ZPP | 0.32.56 | 02-00278 | 0.30.24 | II |

Programmanummer: 4 25m Rugslag m. minioren 3 / 4Serie: 1

| | | | | | | |
|----|----------------|-------------|---------|----------|-----------------|-----|
| | | | | | Eindtijd | |
| 2. | Daphne Venema | Vriledo | | 00-00302 | 0.22.70 | III |
| 3. | Fleur de Groot | Ritola Z&PC | 0.26.86 | 00-01856 | 0.25.60 | |
| 4. | Janine Wilkens | ZPP | 0.32.04 | 01-01310 | 0.30.59 | |

Serie: 2

| | | | | | | |
|----|----------------------|----------|---------|----------|---------|----|
| 3. | Sienna Baker | Aqua '68 | 0.20.89 | 00-03868 | 0.21.45 | I |
| 4. | Sarah Bruggenkamp | Aqua '68 | 0.22.82 | 01-00054 | 0.21.74 | II |
| 5. | Danique van der Wijk | Aqualero | 0.26.64 | 01-00430 | 0.26.59 | |

| | | | | | |
|------|--------------------|---------|---------|----------|------|
| Afg. | Lisa von Michaelis | Vriledo | 0.26.00 | 00-02990 | afg. |
|------|--------------------|---------|---------|----------|------|

Programmanummer: 5 25m Rugslag j. minioren 3 / 4Serie: 1

| | | | | | | |
|----|----------------|-------------|---------|----------|-----------------|-----|
| | | | | | Eindtijd | |
| 2. | David Anthonio | Ritola Z&PC | 0.25.38 | 01-00819 | 0.24.00 | II |
| 3. | Arjan Dekker | Ritola Z&PC | 0.21.17 | 00-00499 | 0.22.33 | I |
| 4. | Sander Mulder | Ritola Z&PC | 0.25.29 | 00-00765 | 0.26.50 | III |

Programmanummer: 6 50m Vrijeslag m. min. 5 / jun. 1Serie: 1

| | | | | | | |
|----|---------------------|-------------|---------|----------|-----------------|--|
| | | | | | Eindtijd | |
| 1. | Maartje Hids | Ritola Z&PC | 0.48.40 | 99-03042 | 0.47.78 | |
| 2. | Corina van Zanten | Aqualero | 0.46.04 | 99-03566 | 0.48.79 | |
| 3. | Fleur van Bergen | Vriledo | 0.40.09 | 98-02874 | 0.41.32 | |
| 4. | Jolien van der Helm | Ritola Z&PC | 0.45.67 | 99-04598 | 0.44.47 | |
| 5. | Leonie Moedt | Aqualero | 0.46.11 | 99-03568 | 0.45.17 | |

Serie: 2

| | | | | | | |
|----|--------------------|-------------|---------|----------|---------|--|
| 1. | Ilse Rynja | Aqua '68 | 0.37.92 | 98-02432 | 0.39.47 | |
| 2. | Liset de Haan | Aqualero | 0.37.52 | 98-04556 | 0.38.78 | |
| 3. | Anouk Heizenberg | Aqualero | 0.36.88 | 99-01148 | 0.38.89 | |
| 4. | Lieke Speelman | Vriledo | 0.37.24 | 98-02878 | 0.39.63 | |
| 5. | Maryelle Hoogeveen | Aqua '68 | 0.37.87 | 98-03100 | 0.41.09 | |
| 6. | Inge Goelema | Ritola Z&PC | 0.39.94 | 98-03030 | 0.43.12 | |

Serie: 3

| | | | | | | |
|----|------------------|-------------|---------|----------|---------|-----|
| 1. | Rachel Oosterloo | Aqua '68 | 0.36.29 | 99-00866 | 0.36.83 | |
| 2. | Hilde Dekker | Ritola Z&PC | 0.34.07 | 99-01926 | 0.35.72 | III |
| 3. | Lisa Bruggenkamp | Aqua '68 | 0.31.36 | 98-01526 | 0.33.51 | II |
| 4. | Juliëtte Hekman | Vriledo | 0.33.17 | 98-03914 | 0.32.59 | I |
| 5. | Fenna Kranendonk | Aqua '68 | 0.35.76 | 98-01316 | 0.36.56 | |
| 6. | Jeanette Wilkens | Vriledo | 0.36.70 | 98-00948 | 0.38.36 | |

Programmanummer: 7 50m Vrijeslag j. minioren 5 / 6**Serie: 1**

| | | | | | Eindtijd | |
|------|-------------------------|-------------|---------|----------|-----------------|-----|
| 1. | Dennis Ansing | Aqualero | 0.40.41 | 98-01997 | 0.41.08 | |
| 2. | Matthijs van Meerendonk | Aqua '68 | 0.35.51 | 99-00375 | 0.38.28 | III |
| 3. | Friso van der Meulen | Aqua '68 | 0.31.21 | 98-00617 | 0.31.51 | I |
| 4. | Rico Vroom | Ritola Z&PC | 0.34.89 | 98-02363 | 0.34.34 | II |
| Afg. | Marnix van den Berg | Ritola Z&PC | 0.36.91 | 98-00305 | afg. | |
| Afg. | Dany de Wind | ZPP | 1.02.91 | 98-00475 | afg. | |

Programmanummer: 8 50m Rugslag m. junioren 2 / 3**Serie: 1**

| | | | | | Eindtijd | |
|-----------------|------------------------|-------------|---------|----------|-----------------|-----|
| 2. | Julia van Wijk | Vriledo | 0.49.13 | 97-05888 | 0.48.94 | |
| Serie: 2 | | | | | | |
| 2. | Anouk de Haan | Aqualero | 0.43.30 | 97-05382 | 0.45.12 | |
| 3. | Esmee Tienkamp | Aqua '68 | 0.43.08 | 97-03772 | 0.45.73 | |
| 4. | Meike de Does | Aqua '68 | 0.43.23 | 97-02858 | 0.47.94 | |
| 5. | Eva Brals | Ritola Z&PC | 0.43.49 | 97-03438 | 0.47.49 | |
| Serie: 3 | | | | | | |
| 1. | Evelyn Frieling | Vriledo | 0.42.39 | 97-02154 | 0.43.15 | III |
| 2. | Astrid Weidgraaf | Aqua '68 | 0.41.07 | 96-05050 | 0.43.12 | AH |
| 4. | Floor Kuipers | Aqua '68 | 0.40.33 | 96-04242 | 0.42.76 | II |
| 5. | Lisanne van Meerendonk | Aqua '68 | 0.41.37 | 96-04244 | 0.42.58 | I |
| 6. | Danique Frieman | Aqua '68 | 0.42.97 | 97-01556 | 0.44.65 | |
| Afg. | Annelies Kamphuis | Vriledo | 0.44.26 | 96-01564 | afg. | |
| Afg. | Annelieke Venema | Vriledo | 0.48.78 | 96-01210 | afg. | |
| Afg. | Irma Leistra | Aqualero | 0.37.16 | 97-01764 | afg. | |

Programmanummer: 9 50m Rugslag j. junioren 1 / 2**Serie: 1**

| | | | | | Eindtijd | |
|-----------------|---------------------|----------|---------|----------|-----------------|-----|
| 2. | Jari Michels | Aqua '68 | | 96-04289 | 0.38.63 | III |
| 3. | Luis van der Veen | Aqualero | 0.46.90 | 97-04371 | 0.46.07 | |
| Serie: 2 | | | | | | |
| 1. | Marcel van der Wijk | Aqualero | 0.42.24 | 97-00675 | 0.39.79 | |
| 2. | William Wilkens | Vriledo | 0.38.95 | 96-00951 | 0.39.51 | |
| 3. | Finn van Wanrooij | Aqualero | 0.36.20 | 96-00203 | 0.38.57 | II |
| 4. | Bas Booij | Aqua '68 | 0.36.98 | 96-03353 | 0.37.85 | I |
| 5. | Leon Doesburg | Vriledo | 0.39.54 | 97-02073 | 0.40.65 | |
| 6. | Richard Huberts | ZPP | 0.43.57 | 97-00825 | 0.46.92 | |
| Afg. | Jaap Johan Woudman | Vriledo | 0.59.09 | 97-04525 | afg. | |

Programmanummer: 10 50m Vrijeslag m. jeugd 1 / 2**Serie: 1**

| | | | | | Eindtijd | |
|----|---------------|----------|---------|----------|-----------------|--|
| 2. | Esther Baar | Aqua '68 | 0.34.74 | 94-06462 | 0.36.14 | |
| 3. | Marcella Hoog | Vriledo | 0.33.23 | 94-01288 | 0.33.48 | |
| 4. | Bianca Knol | Vriledo | 0.34.05 | 94-06150 | 0.35.49 | |

Vervolg Programmanummer: 10 50m Vrijeslag m. jeugd 1 / 2Serie: 2

| | | | | | | |
|------|------------------------|-------------|---------|----------|---------|-----|
| 1. | Marieke Ipema | Vriledo | 0.32.94 | 94-01290 | 0.34.61 | |
| 2. | Christina van der Laan | Ritola Z&PC | 0.32.02 | 95-04864 | 0.33.04 | III |
| 3. | Inez Zewuster | Vriledo | 0.29.48 | 95-03700 | 0.31.42 | I |
| 4. | Tessa Benjamins | Aqualero | 0.31.89 | 95-00636 | 0.32.18 | II |
| Afg. | Roos de Jager | Aqua '68 | 0.32.42 | 95-03476 | afg. | |

Programmanummer: 11 50m Vrijeslag j. junioren 3 / 4Serie: 1

| | | | | | | |
|------|-----------------|-------------|---------|----------|----------|-----|
| 1. | Lucas Vaessen | Vriledo | 0.31.13 | 94-02123 | 0.30.84b | III |
| 2. | Sander Walraven | Aqualero | 0.29.67 | 94-06009 | 0.30.84a | II |
| 3. | Sander Polling | Ritola Z&PC | 0.27.41 | 94-05061 | 0.29.10 | I |
| 5. | Bjorn Jansen | Aqua '68 | 0.30.48 | 94-02501 | 0.31.26 | |
| Afg. | Wiebe Kolkman | Ritola Z&PC | 0.29.40 | 94-05605 | afg. | |

Eindtijd**Programmanummer: 12 50m Rugslag m. senioren 1 en eerder**Serie: 1

| | | | | | | |
|----|------------------|----------|---------|----------|---------|-----|
| 2. | Sarah de Goede | Aqua '68 | 0.37.48 | 93-05868 | 0.39.29 | II |
| 3. | Annick van Dijk | Vriledo | 0.36.93 | 86-00844 | 0.39.45 | III |
| 4. | Elianne Douma | Vriledo | 0.37.11 | 93-00998 | 0.37.61 | I |
| 5. | Carmen Jorritsma | Aqua '68 | 0.39.07 | 92-07474 | 0.42.93 | |

Eindtijd**Programmanummer: 13 50m Rugslag j. jeugd 1 en eerder**Serie: 1

| | | | | | | |
|----|--------------------|-------------|---------|----------|---------|--|
| 2. | Marnix van den Hof | Vriledo | 0.42.50 | 92-07153 | 0.38.70 | |
| 3. | Roland Vries de | Ritola Z&PC | 0.40.89 | 91-07481 | 0.44.45 | |
| 4. | Mathijs Post | Aqualero | 0.41.57 | 93-07027 | 0.41.56 | |

EindtijdSerie: 2

| | | | | | | |
|------|-----------------|-------------|---------|----------|----------|-----|
| 2. | Douwe Kolkman | Ritola Z&PC | 0.34.26 | 93-03727 | 0.38.12a | II |
| 4. | Pepijn Stenveld | Ritola Z&PC | 0.32.76 | 90-02797 | 0.33.91 | I |
| 5. | Sven Damen | Aqua '68 | 0.34.85 | 92-00217 | 0.38.12b | III |
| Afg. | Lars Hamming | Ritola Z&PC | 0.29.81 | 90-05491 | afg. | |

Programmanummer: 14 4x25m Schoolsleg estafette m./j. minioren 5 en laterSerie: 1

| | | | | | | |
|----|-------------|---------|--|-----|---------|----|
| 3. | Aqua '68 | 1.30.80 | | 25m | 1.33.33 | I |
| 4. | Ritola Z&PC | 1.38.96 | | | 1.37.16 | II |

Aqua '68

| | |
|----------|-------------------------|
| 99-00866 | Rachel Oosterloo |
| 99-00375 | Matthijs van Meerendonk |
| 00-03868 | Sienna Baker |
| 01-00054 | Sarah Bruggenkamp |

Ritola Z&PC

| | |
|----------|----------------|
| 99-01926 | Hilde Dekker |
| 99-03042 | Maartje Hids |
| 00-00499 | Arjan Dekker |
| 01-00819 | David Anthonio |

Programmanummer: 15 25m Schoolslag m./j. minioren 1 / 2**Serie: 1**

| | | | | Eindtijd | |
|----|-----------------|---------|------------------|-----------------|-----|
| 2. | Ilona Venema | Vriledo | 02-00050 | 0.28.89 | I |
| 3. | Myrthe Winkels | ZPP | 0.29.71 03-00212 | 0.33.18 | III |
| 4. | Jessica Huberts | ZPP | 0.32.81 02-00278 | 0.32.78 | II |

Programmanummer: 16 25m Schoolslag j. minioren 1 / 2

Geen deelname

Programmanummer: 17 50m Schoolslag m. minioren 3 / 4**Serie: 1**

| | | | | Eindtijd | |
|----|----------------|----------|------------------|-----------------|-----|
| 2. | Sienna Baker | Aqua '68 | 00-03868 | 0.49.61 | I |
| 3. | Janine Wilkens | ZPP | 1.14.22 01-01310 | 1.11.25 | |
| 4. | Daphne Venema | Vriledo | 00-00302 | 0.55.93 | III |

Serie: 2

| | | | | | |
|------|----------------------|-------------|------------------|---------|----|
| 3. | Sarah Bruggenkamp | Aqua '68 | 0.50.36 01-00054 | 0.52.22 | II |
| 4. | Fleur de Groot | Ritola Z&PC | 0.58.21 00-01856 | 0.57.65 | |
| 5. | Danique van der Wijk | Aqualero | 1.02.22 01-00430 | 1.04.61 | |
| Afg. | Lisa von Michaelis | Vriledo | 1.00.16 00-02990 | afg. | |

Programmanummer: 18 50m Schoolslag j. minioren 3 / 4**Serie: 1**

| | | | | Eindtijd | |
|----|----------------|-------------|------------------|-----------------|-----|
| 2. | David Anthonio | Ritola Z&PC | 0.55.70 01-00819 | 0.57.23 | III |
| 3. | Arjan Dekker | Ritola Z&PC | 0.51.79 00-00499 | 0.53.65 | I |
| 4. | Sander Mulder | Ritola Z&PC | 0.52.13 00-00765 | 0.55.67 | II |

Programmanummer: 19 50m Rugslag m. min. 5 / jun. 1**Serie: 1**

| | | | | Eindtijd | |
|----|---------------------|-------------|------------------|-----------------|--|
| 1. | Jolien van der Helm | Ritola Z&PC | 99-04598 | 0.58.17 | |
| 2. | Maartje Hids | Ritola Z&PC | 0.56.36 99-03042 | 0.56.64 | |
| 3. | Fleur van Bergen | Vriledo | 0.49.29 98-02874 | 0.49.88 | |
| 4. | Corina van Zanten | Aqualero | 0.54.95 99-03566 | 1.00.75 | |
| 5. | Leonie Moedt | Aqualero | 1.04.57 99-03568 | 1.02.16 | |

Serie: 2

| | | | | | |
|----|------------------|-------------|------------------|---------|--|
| 1. | Liset de Haan | Aqualero | 0.45.45 98-04556 | 0.46.76 | |
| 2. | Ilse Rynja | Aqua '68 | 0.45.30 98-02432 | 0.48.34 | |
| 3. | Anouk Heizenberg | Aqualero | 0.44.70 99-01148 | 0.49.16 | |
| 4. | Rachel Oosterloo | Aqua '68 | 0.44.77 99-00866 | 0.48.29 | |
| 5. | Lieke Speelman | Vriledo | 0.45.39 98-02878 | 0.48.02 | |
| 6. | Inge Goelema | Ritola Z&PC | 0.48.75 98-03030 | 0.52.13 | |

Serie: 3

| | | | | | |
|----|--------------------|-------------|------------------|---------|-----|
| 1. | Jeanette Wilkens | Vriledo | 0.42.76 98-00948 | 0.43.99 | |
| 2. | Juliëtte Hekman | Vriledo | 0.39.60 98-03914 | 0.41.73 | III |
| 3. | Lisa Bruggenkamp | Aqua '68 | 0.36.52 98-01526 | 0.38.90 | I |
| 4. | Fenna Kranendonk | Aqua '68 | 0.39.29 98-01316 | 0.40.09 | II |
| 5. | Hilde Dekker | Ritola Z&PC | 0.41.06 99-01926 | 0.42.77 | |
| 6. | Maryelle Hoogeveen | Aqua '68 | 0.43.48 98-03100 | 0.45.13 | RD |

Programmanummer: 20 50m Rugslag j. minioren 5 / 6**Serie: 1**

| | | | | | Eindtijd | |
|------|-------------------------|-------------|---------|----------|-----------------|-----|
| 1. | Dennis Ansing | Aqualero | 0.47.15 | 98-01997 | 0.48.36 | III |
| 2. | Rico Vroom | Ritola Z&PC | 0.44.28 | 98-02363 | 0.42.32 | RD |
| 3. | Friso van der Meulen | Aqua '68 | 0.37.39 | 98-00617 | 0.38.85 | I |
| 4. | Matthijs van Meerendonk | Aqua '68 | 0.41.58 | 99-00375 | 0.47.28 | II |
| Afg. | Marnix van den Berg | Ritola Z&PC | 0.46.48 | 98-00305 | afg. | |
| Afg. | Dany de Wind | ZPP | 1.07.56 | 98-00475 | afg. | |

Programmanummer: 21 50m Vlinderslag m. junioren 2 / 3**Serie: 1**

| | | | | | Eindtijd | |
|----|------------------------|----------|---------|----------|-----------------|--|
| 2. | Julia van Wijk | Vriledo | 0.59.60 | 97-05888 | 0.50.88 | |
| 3. | Lisanne van Meerendonk | Aqua '68 | 0.46.76 | 96-04244 | 0.48.43 | |

Serie: 2

| | | | | | | |
|----|---------------|-------------|---------|----------|---------|--|
| 3. | Meike de Does | Aqua '68 | 0.45.50 | 97-02858 | 0.45.31 | |
| 4. | Eva Brals | Ritola Z&PC | 0.45.64 | 97-03438 | 0.49.79 | |

Serie: 3

| | | | | | | |
|------|-------------------|----------|---------|----------|---------|-----|
| 1. | Esmee Tienkamp | Aqua '68 | 0.43.70 | 97-03772 | 0.46.24 | |
| 2. | Evelyn Frieling | Vriledo | 0.39.41 | 97-02154 | 0.41.30 | II |
| 4. | Floor Kuipers | Aqua '68 | 0.35.74 | 96-04242 | 0.37.25 | I |
| 5. | Danique Frieman | Aqua '68 | 0.42.70 | 97-01556 | 0.46.04 | |
| 6. | Astrid Weidgraaf | Aqua '68 | 0.43.87 | 96-05050 | 0.43.83 | III |
| Afg. | Annelieke Venema | Vriledo | 0.53.51 | 96-01210 | afg. | |
| Ng. | Anouk de Haan | Aqualero | 0.46.29 | 97-05382 | ng | |
| Afg. | Annelies Kamphuis | Vriledo | 0.46.42 | 96-01564 | afg. | |
| Afg. | Irma Leistra | Aqualero | 0.34.79 | 97-01764 | afg. | |

Programmanummer: 22 50m Vlinderslag j. junioren 1 / 2**Serie: 1**

| | | | | | Eindtijd | |
|----|---------------------|----------|---------|----------|-----------------|----|
| 3. | Marcel van der Wijk | Aqualero | 0.48.89 | 97-00675 | 0.44.85 | VB |
| 4. | Richard Huberts | ZPP | 0.49.32 | 97-00825 | 0.50.95 | |

Serie: 2

| | | | | | | |
|------|--------------------|----------|---------|----------|---------|-----|
| 1. | William Wilkens | Vriledo | 0.43.70 | 96-00951 | 0.43.02 | |
| 2. | Jari Michels | Aqua '68 | 0.40.49 | 96-04289 | 0.35.66 | II |
| 3. | Finn van Wanrooij | Aqualero | 0.36.82 | 96-00203 | 0.34.53 | I |
| 4. | Bas Booi | Aqua '68 | 0.37.57 | 96-03353 | 0.36.77 | III |
| 5. | Leon Doesburg | Vriledo | 0.41.65 | 97-02073 | 0.41.86 | |
| 6. | Luis van der Veen | Aqualero | 0.45.60 | 97-04371 | 0.45.59 | |
| Afg. | Jaap Johan Woudman | Vriledo | | 97-04525 | afg. | |

Programmanummer: 23 50m Rugslag m. jeugd 1 / 2**Serie: 1**

| | | | | | Eindtijd | |
|----|------------------------|-------------|---------|----------|-----------------|--|
| 2. | Esther Baar | Aqua '68 | 0.40.68 | 94-06462 | 0.41.18 | |
| 3. | Christina van der Laan | Ritola Z&PC | 0.38.41 | 95-04864 | 0.38.75 | |
| 4. | Marieke Ipema | Vriledo | 0.40.12 | 94-01290 | 0.41.03 | |

Vervolg Programmanummer: 23 50m Rugslag m. jeugd 1 / 2**Serie: 2**

| | | | | | | |
|------|-----------------|----------|---------|----------|---------|-----|
| 2. | Marcella Hoog | Vriledo | 0.37.57 | 94-01288 | 0.38.22 | III |
| 3. | Inez Zewuster | Vriledo | 0.33.79 | 95-03700 | 0.36.53 | I |
| 4. | Tessa Benjamins | Aqualero | 0.35.43 | 95-00636 | 0.37.61 | II |
| 5. | Bianca Knol | Vriledo | 0.38.13 | 94-06150 | 0.40.26 | |
| Afg. | Roos de Jager | Aqua '68 | 0.38.36 | 95-03476 | afg. | |

Programmanummer: 24 50m Rugslag j. junioren 3 / 4**Serie: 1**

| | | | | | | |
|------|-----------------|-------------|---------|----------|---------|-----|
| 1. | Sander Walraven | Aqualero | 0.39.11 | 94-06009 | 0.40.34 | |
| 2. | Bjorn Jansen | Aqua '68 | 0.35.92 | 94-02501 | 0.37.96 | II |
| 3. | Sander Polling | Ritola Z&PC | 0.33.82 | 94-05061 | 0.36.06 | I |
| 5. | Lucas Vaessen | Vriledo | 0.38.35 | 94-02123 | 0.38.20 | III |
| Afg. | Wiebe Kolkman | Ritola Z&PC | 0.34.55 | 94-05605 | afg. | |

Eindtijd**Programmanummer: 25 50m Vrijeslag m. senioren 1 en eerder****Serie: 1**

| | | | | | | |
|----|------------------|----------|---------|----------|---------|-----|
| 2. | Elianne Douma | Vriledo | 0.31.65 | 93-00998 | 0.32.20 | II |
| 3. | Annick van Dijk | Vriledo | 0.31.33 | 86-00844 | 0.32.09 | I |
| 4. | Sarah de Goede | Aqua '68 | 0.31.51 | 93-05868 | 0.32.84 | III |
| 5. | Carmen Jorritsma | Aqua '68 | 0.31.81 | 92-07474 | 0.34.48 | |

Eindtijd**Programmanummer: 26 50m Vrijeslag j. jeugd 1 en eerder****Serie: 1**

| | | | | | | |
|----|--------------------|-------------|---------|----------|---------|--|
| 2. | Marnix van den Hof | Vriledo | 0.32.48 | 92-07153 | 0.31.92 | |
| 3. | Mathijs Post | Aqualero | 0.31.61 | 93-07027 | 0.32.93 | |
| 4. | Roland Vries de | Ritola Z&PC | 0.32.16 | 91-07481 | 0.31.40 | |

Eindtijd**Serie: 2**

| | | | | | | |
|------|-----------------|-------------|---------|----------|---------|-----|
| 2. | Pepijn Stenveld | Ritola Z&PC | 0.26.57 | 90-02797 | 0.27.30 | I |
| 4. | Sven Damen | Aqua '68 | 0.26.50 | 92-00217 | 0.27.73 | II |
| 5. | Douwe Kolkman | Ritola Z&PC | 0.28.26 | 93-03727 | 0.29.73 | III |
| Afg. | Lars Hamming | Ritola Z&PC | 0.25.10 | 90-05491 | afg. | |

Programmanummer: 27 8x50m Vrijeslag estafette senioren mix all-in**Serie: 1**

| | | | | | | |
|----|------------|---------|---------|---------|--|-----|
| 1. | Vriledo 2 | 4.54.75 | | | | EA |
| 2. | Aqualero | 4.27.94 | 0.39.07 | 4.32.37 | | III |
| 3. | Vriledo 1 | 4.18.09 | 0.32.50 | 4.24.93 | | I |
| 4. | Aqua '68 2 | 4.25.01 | 0.31.88 | 4.31.16 | | II |
| 5. | Aqua '68 1 | 4.44.20 | 0.40.20 | 5.02.95 | | |

50m**Eindtijd**

Programmanummer: 27 8x50m Vrijeslag estafette senioren mix all-in**Aqua '68 1**

98-02432 Ilse Rynja
98-03100 Maryelle Hoogeveen
98-01316 Fenna Kranendonk
96-05050 Astrid Weidgraaf
97-03772 Esmee Tienkamp
92-07474 Carmen Jorritsma
94-06462 Esther Baar
96-03353 Bas Booi

Aqua '68 2

98-00617 Friso van der Meulen
98-01526 Lisa Bruggenkamp
96-04244 Lisanne van Meerendonk
96-04242 Floor Kuipers
94-02501 Bjorn Jansen
97-02858 Meike de Does
97-01556 Danique Frieman
96-04289 Jari Michels

Aqualero

98-04556 Liset de Haan
97-05382 Anouk de Haan
97-00675 Marcel van der Wijk
97-04371 Luis van der Veen
96-00203 Finn van Wanrooij
95-00636 Tessa Benjamins
94-06009 Sander Walraven
93-07027 Mathijs Post

Vriledo 1

94-02123 Lucas Vaessen
86-00844 Annick van Dijk
97-02073 Leon Doesburg
94-01290 Marieke Ipema
92-07153 Marnix van den Hof
95-03700 Inez Zewuster
96-00951 William Wilkens
93-00998 Elianne Douma

Vriledo 2

94-01288 Marcella Hoog
98-00948 Jeanette Wilkens
97-05888 Julia van Wijk
98-02874 Fleur van Bergen
98-02878 Lieke Speelman
97-02154 Evelyn Frieling
94-06150 Bianca Knol
98-03914 Juliëtte Hekman