

18e Kristalbad Dutch Open  
Apeldoorn, 11. - 13.6.2010

Programmanr. 1  
11-06-2010

1500m vrije slag

20 - 94 jaar  
Resultaten

Punten: FINA 2010

Rang	Geb.	Tijd	Pnt
<b>Masters 20+, Heren</b>			
1.	<b>Rick Hollinski</b>	<b>88 SSV Ostring Berlin</b>	<b>20:52.22 340</b>
	100m: 1:13.69 1:13.69	500m: 6:49.53 1:23.92	900m: 12:25.22 1:24.08
	200m: 2:36.61 1:22.92	600m: 8:13.31 1:23.78	1000m: 13:50.05 1:24.83
	300m: 4:00.40 1:23.79	700m: 9:37.03 1:23.72	1100m: 15:14.70 1:24.65
	400m: 5:25.61 1:25.21	800m: 11:01.14 1:24.11	1200m: 16:40.15 1:25.45
		1300m: 18:05.30 1:25.15	1400m: 19:30.11 1:24.81
		1500m: 20:52.22 1:22.11	
2.	<b>Thomas Lipski</b>	<b>87 SSV Ostring Berlin</b>	<b>21:30.32 311</b>
	100m: 1:17.80 1:17.80	500m: 7:02.67 1:26.03	900m: 12:50.32 1:27.06
	200m: 2:43.36 1:25.56	600m: 8:30.02 1:27.35	1000m: 14:15.82 1:25.50
	300m: 4:10.07 1:26.71	700m: 9:57.95 1:27.93	1100m: 15:42.80 1:26.98
	400m: 5:36.64 1:26.57	800m: 11:23.26 1:25.31	1200m: 17:09.54 1:26.74
		1300m: 18:37.07 1:27.53	1400m: 20:07.42 1:30.35
		1500m: 21:30.32 1:22.90	
<b>Masters 25+, Heren</b>			
1.	<b>Albert van Piekeren</b>	<b>84 Octopus</b>	<b>21:28.14 312</b>
	100m: 1:17.04 1:17.04	500m: 6:59.35 1:27.75	900m: 12:47.17 1:26.03
	200m: 2:40.06 1:23.02	600m: 8:27.17 1:27.82	1000m: 14:14.19 1:27.02
	300m: 4:04.98 1:24.92	700m: 9:54.39 1:27.22	1100m: 15:40.89 1:26.70
	400m: 5:31.60 1:26.62	800m: 11:21.14 1:26.75	1200m: 17:08.83 1:27.94
		1300m: 18:36.20 1:27.37	1400m: 20:03.67 1:27.47
		1500m: 21:28.14 1:24.47	
<b>Masters 35+, Heren</b>			
1.	<b>Kasper van den Berghe</b>	<b>73 Swol 1894</b>	<b>22:36.62 267</b>
	100m: 1:20.24 1:20.24	500m: 7:12.69 1:29.73	900m: 13:19.59 1:31.31
	200m: 2:46.56 1:26.32	600m: 8:44.84 1:32.15	1000m: 14:51.28 1:31.69
	300m: 4:14.65 1:28.09	700m: 10:16.41 1:31.57	1100m: 16:22.37 1:31.09
	400m: 5:42.96 1:28.31	800m: 11:48.28 1:31.87	1200m: 17:56.31 1:33.94
		1300m: 19:31.62 1:35.31	1400m: 21:06.87 1:35.25
		1500m: 22:36.62 1:29.75	
<b>Masters 40+, Heren</b>			
1.	<b>Gerko Versluis</b>	<b>69 Zuiderzeewemmers</b>	<b>24:16.27 216</b>
	100m: 1:23.34 1:23.34	500m: 7:47.66 1:38.01	900m: 14:20.67 1:39.94
	200m: 2:57.38 1:34.04	600m: 9:24.39 1:36.73	1000m: 16:00.24 1:39.57
	300m: 4:32.62 1:35.24	700m: 11:01.98 1:37.59	1100m: 17:40.99 1:40.75
	400m: 6:09.65 1:37.03	800m: 12:40.73 1:38.75	1200m: 19:21.07 1:40.08
		1300m: 21:01.60 1:40.53	1400m: 22:42.18 1:40.58
		1500m: 24:16.27 1:34.09	
2.	<b>Evert-Jan Oosterom</b>	<b>66 Swol 1894</b>	<b>24:38.13 207</b>
	100m: 1:22.79 1:22.79	500m: 7:55.66 1:41.21	900m: 14:40.87 1:41.31
	200m: 2:56.10 1:33.31	600m: 9:38.18 1:42.52	1000m: 16:20.88 1:40.01
	300m: 4:33.91 1:37.81	700m: 11:19.87 1:41.69	1100m: 18:00.57 1:39.69
	400m: 6:14.45 1:40.54	800m: 12:59.56 1:39.69	1200m: 19:40.81 1:40.24
		1300m: 21:21.71 1:40.90	1400m: 23:01.70 1:39.99
		1500m: 24:38.13 1:36.43	
3.	<b>Edwin Robers</b>	<b>66 De IJssel</b>	<b>26:31.56 165</b>
	100m: 1:29.63 1:29.63	500m: 8:39.89 1:49.26	900m:
	200m: 3:14.93 1:45.30	600m: 10:27.85 1:47.96	1000m:
	300m: 5:03.06 1:48.13	700m:	1100m:
	400m: 6:50.63 1:47.57	800m:	1200m:
		1300m:	1400m:
		1500m: 26:31.56	
<b>AFGEM Jo-an Mudde</b>			
	<b>67 Zeester Meerval</b>		
<b>Masters 45+, Heren</b>			
1.	<b>Marcel Stroet</b>	<b>64 zv De Bron</b>	<b>20:12.42 375</b>
	100m: 1:14.02 1:14.02	500m: 6:42.16 1:22.27	900m: 12:08.86 1:21.29
	200m: 2:35.51 1:21.49	600m: 8:04.02 1:21.86	1000m: 13:30.26 1:21.40
	300m: 3:57.70 1:22.19	700m: 9:26.07 1:22.05	1100m: 14:51.67 1:21.41
	400m: 5:19.89 1:22.19	800m: 10:47.57 1:21.50	1200m: 16:11.95 1:20.28
		1300m: 17:32.48 1:20.53	1400m: 18:52.89 1:20.41
		1500m: 20:12.42 1:19.53	

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Programmanr. 1, Heren, 1500m vrije slag, Masters 45+

Rang			Geb.				Tijd	Pnt
2.	Mark Kas		61 HHZV Plons				<b>21:50.07</b>	297
	100m: 1:20.03	1:20.03	500m: 7:12.96	1:28.42	900m: 13:05.43	1:28.69	1300m: 18:56.59	1:27.25
	200m: 2:47.61	1:27.58	600m: 8:41.16	1:28.20	1000m: 14:33.20	1:27.77	1400m: 20:24.06	1:27.47
	300m: 4:16.28	1:28.67	700m: 10:08.62	1:27.46	1100m: 16:00.85	1:27.65	1500m: 21:50.07	1:26.01
	400m: 5:44.54	1:28.26	800m: 11:36.74	1:28.12	1200m: 17:29.34	1:28.49		
3.	Wiljam Nijenhuis		64 De IJsel				<b>22:12.47</b>	282
	100m: 1:17.06	1:17.06	500m: 7:14.18	1:30.64	900m: 13:15.81	1:29.73	1300m: 19:14.67	1:29.16
	200m: 2:44.04	1:26.98	600m: 8:45.57	1:31.39	1000m: 14:45.94	1:30.13	1400m: 20:45.13	1:30.46
	300m: 4:13.48	1:29.44	700m: 10:15.19	1:29.62	1100m: 16:15.59	1:29.65	1500m: 22:12.47	1:27.34
	400m: 5:43.54	1:30.06	800m: 11:46.08	1:30.89	1200m: 17:45.51	1:29.92		
4.	Ralf Gauger		62 SSV Ostring Berlin				<b>22:20.06</b>	277
	100m: 1:18.59	1:18.59	500m: 7:08.37	1:29.06	900m: 13:12.94	1:30.57	1300m: 19:18.53	1:31.19
	200m: 2:44.37	1:25.78	600m: 8:39.12	1:30.75	1000m: 14:44.97	1:32.03	1400m: 20:51.22	1:32.69
	300m: 4:11.16	1:26.79	700m: 10:10.75	1:31.63	1100m: 16:16.18	1:31.21	1500m: 22:20.06	1:28.84
	400m: 5:39.31	1:28.15	800m: 11:42.37	1:31.62	1200m: 17:47.34	1:31.16		
5.	Ingo Wolter		62 SSV Ostring Berlin				<b>22:21.85</b>	276
	100m: 1:23.41	1:23.41	500m: 7:24.71	1:31.23	900m: 13:27.16	1:29.26	1300m: 19:24.89	1:29.00
	200m: 2:52.24	1:28.83	600m: 8:55.96	1:31.25	1000m: 14:55.82	1:28.66	1400m: 20:54.99	1:30.10
	300m: 4:22.15	1:29.91	700m: 10:27.49	1:31.53	1100m: 16:25.31	1:29.49	1500m: 22:21.85	1:26.86
	400m: 5:53.48	1:31.33	800m: 11:57.90	1:30.41	1200m: 17:55.89	1:30.58		
6.	Edzo Huisman		63 Aquapoldro				<b>22:42.11</b>	264
	100m: 1:21.42	1:21.42	500m: 7:31.48	1:32.74	900m: 13:41.92	1:32.22	1300m: 19:44.86	1:31.35
	200m: 2:52.04	1:30.62	600m: 9:04.64	1:33.16	1000m: 15:14.00	1:32.08	1400m: 21:15.95	1:31.09
	300m: 4:25.33	1:33.29	700m: 10:37.61	1:32.97	1100m: 16:44.48	1:30.48	1500m: 22:42.11	1:26.16
	400m: 5:58.74	1:33.41	800m: 12:09.70	1:32.09	1200m: 18:13.51	1:29.03		
7.	Peter Fölker		64 Aqua-Novio '94				<b>22:52.05</b>	258
	100m: 1:22.76	1:22.76	500m: 7:32.91	1:34.29	900m: 13:46.55	1:32.52	1300m: 19:56.44	1:32.38
	200m: 2:53.65	1:30.89	600m: 9:07.03	1:34.12	1000m: 15:19.18	1:32.63	1400m: 21:28.65	1:32.21
	300m: 4:25.81	1:32.16	700m: 10:40.78	1:33.75	1100m: 16:51.51	1:32.33	1500m: 22:52.05	1:23.40
	400m: 5:58.62	1:32.81	800m: 12:14.03	1:33.25	1200m: 18:24.06	1:32.55		
8.	Bart van Calker		61 WS Twente				<b>23:10.68</b>	248
	100m: 1:25.28	1:25.28	500m: 7:41.90	1:33.00	900m: 13:55.63	1:33.33	1300m: 20:13.22	1:32.34
	200m: 2:57.88	1:32.60	600m: 9:15.18	1:33.28	1000m: 15:29.53	1:33.90	1400m: 21:44.16	1:30.94
	300m: 4:33.08	1:35.20	700m: 10:49.05	1:33.87	1100m: 17:05.28	1:35.75	1500m: 23:10.68	1:26.52
	400m: 6:08.90	1:35.82	800m: 12:22.30	1:33.25	1200m: 18:40.88	1:35.60		
9.	Rob de Zwart		63 zv De Bron				<b>24:55.85</b>	199
	100m: 1:28.42	1:28.42	500m: 8:05.12	1:39.72	900m: 14:46.92	1:41.21	1300m: 21:32.81	1:42.71
	200m: 3:07.30	1:38.88	600m: 9:44.90	1:39.78	1000m: 16:27.26	1:40.34	1400m: 23:16.03	1:43.22
	300m: 4:45.67	1:38.37	700m: 11:25.19	1:40.29	1100m: 18:09.29	1:42.03	1500m: 24:55.85	1:39.82
	400m: 6:25.40	1:39.73	800m: 13:05.71	1:40.52	1200m: 19:50.10	1:40.81		
10.	Servaas van Oosterhout		64 De Gelenberg				<b>27:31.10</b>	148
	100m: 1:38.73	1:38.73	500m: 9:05.76	1:52.82	900m: 16:27.88	1:49.81	1300m: 23:52.63	1:50.30
	200m: 3:29.26	1:50.53	600m: 10:56.10	1:50.34	1000m: 18:19.94	1:52.06	1400m: 25:42.26	1:49.63
	300m: 5:21.16	1:51.90	700m: 12:47.07	1:50.97	1100m: 20:11.22	1:51.28	1500m: 27:31.10	1:48.84
	400m: 7:12.94	1:51.78	800m: 14:38.07	1:51.00	1200m: 22:02.33	1:51.11		
11.	Rik van Gasteren		64 AquaMigos				<b>27:33.01</b>	148
	100m: 1:31.06	1:31.06	500m: 8:53.85	1:51.58	900m: 16:21.22	1:50.67	1300m: 23:51.18	1:53.39
	200m: 3:18.79	1:47.73	600m: 10:47.29	1:53.44	1000m: 18:12.82	1:51.60	1400m: 25:45.21	1:54.03
	300m: 5:09.25	1:50.46	700m: 12:39.12	1:51.83	1100m: 20:06.00	1:53.18	1500m: 27:33.01	1:47.80
	400m: 7:02.27	1:53.02	800m: 14:30.55	1:51.43	1200m: 21:57.79	1:51.79		
12.	Perry Dekker		62 zv De Bron				<b>29:13.92</b>	123
	100m: 1:41.45	1:41.45	500m: 9:34.77	1:58.73	900m: 17:26.42	1:58.06	1300m: 25:22.45	1:58.56
	200m: 3:38.00	1:56.55	600m: 11:32.58	1:57.81	1000m: 19:23.61	1:57.19	1400m: 27:21.58	1:59.13
	300m: 5:36.86	1:58.86	700m: 13:31.02	1:58.44	1100m: 21:24.17	2:00.56	1500m: 29:13.92	1:52.34
	400m: 7:36.04	1:59.18	800m: 15:28.36	1:57.34	1200m: 23:23.89	1:59.72		

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Programmanr. 1, 1500m vrije slag

Masters 50+, Heren

1. Albert Boonstra	57	Aqua-Novio '94	<b>20:22.77</b>	365
100m: 1:15.98 1:15.98	500m: 6:47.51 1:22.00	900m: 12:15.70 1:22.85	1300m: 17:43.66 1:21.99	
200m: 2:39.35 1:23.37	600m: 8:08.66 1:21.15	1000m: 13:37.80 1:22.10	1400m: 19:05.82 1:22.16	
300m: 4:02.73 1:23.38	700m: 9:30.35 1:21.69	1100m: 14:59.83 1:22.03	1500m: 20:22.77 1:16.95	
400m: 5:25.51 1:22.78	800m: 10:52.85 1:22.50	1200m: 16:21.67 1:21.84		
2. Otto Zeijpveld	58	Aquapoldro	<b>20:28.33</b>	360
100m: 1:14.48 1:14.48	500m: 6:50.14 1:23.32	900m: 12:19.16 1:22.37	1300m: 17:48.26 1:22.61	
200m: 2:39.09 1:24.61	600m: 8:12.01 1:21.87	1000m: 13:41.32 1:22.16	1400m: 19:10.01 1:21.75	
300m: 4:03.32 1:24.23	700m: 9:34.45 1:22.44	1100m: 15:03.21 1:21.89	1500m: 20:28.33 1:18.32	
400m: 5:26.82 1:23.50	800m: 10:56.79 1:22.34	1200m: 16:25.65 1:22.44		
3. Marius Ros	59	ZCNF'34	<b>21:08.44</b>	327
100m: 1:18.19 1:18.19	500m: 6:57.51 1:25.26	900m: 12:39.08 1:25.50	1300m: 18:21.08 1:25.65	
200m: 2:42.61 1:24.42	600m: 8:23.01 1:25.50	1000m: 14:04.22 1:25.14	1400m: 19:46.56 1:25.48	
300m: 4:07.32 1:24.71	700m: 9:48.44 1:25.43	1100m: 15:30.03 1:25.81	1500m: 21:08.44 1:21.88	
400m: 5:32.25 1:24.93	800m: 11:13.58 1:25.14	1200m: 16:55.43 1:25.40		
4. Lex Hoogendam	57	MNC Dordrecht	<b>22:54.48</b>	257
100m: 1:22.42 1:22.42	500m: 7:28.30 1:32.18	900m: 13:40.33 1:33.07	1300m: 19:53.22 1:32.88	
200m: 2:53.59 1:31.17	600m: 9:00.66 1:32.36	1000m: 15:13.81 1:33.48	1400m: 21:24.80 1:31.58	
300m: 4:24.38 1:30.79	700m: 10:33.85 1:33.19	1100m: 16:46.90 1:33.09	1500m: 22:54.48 1:29.68	
400m: 5:56.12 1:31.74	800m: 12:07.26 1:33.41	1200m: 18:20.34 1:33.44		
5. Jan Willem Heuten	60	WS Twente	<b>23:33.18</b>	237
100m: 1:26.47 1:26.47	500m: 7:48.84 1:36.37	900m: 14:09.05 1:33.55	1300m: 20:28.65 1:35.77	
200m: 3:00.25 1:33.78	600m: 9:24.04 1:35.20	1000m: 15:43.04 1:33.99	1400m: 22:03.16 1:34.51	
300m: 4:36.68 1:36.43	700m: 10:59.32 1:35.28	1100m: 17:18.21 1:35.17	1500m: 23:33.18 1:30.02	
400m: 6:12.47 1:35.79	800m: 12:35.50 1:36.18	1200m: 18:52.88 1:34.67		
6. John Dam	60	Zignea	<b>24:30.29</b>	210
100m: 1:21.73 1:21.73	500m: 7:56.86 1:39.76	900m: 14:35.80 1:39.64	1300m: 21:15.13 1:40.84	
200m: 2:57.82 1:36.09	600m: 9:36.60 1:39.74	1000m: 16:15.02 1:39.22	1400m: 22:55.20 1:40.07	
300m: 4:36.20 1:38.38	700m: 11:16.04 1:39.44	1100m: 17:54.64 1:39.62	1500m: 24:30.29 1:35.09	
400m: 6:17.10 1:40.90	800m: 12:56.16 1:40.12	1200m: 19:34.29 1:39.65		
7. Michiel Tonsbeek	60	DWT	<b>29:23.77</b>	121
100m: 1:45.59 1:45.59	500m: 9:46.52 1:58.57	900m: 17:34.10 1:55.92	1300m: 25:30.36 1:58.88	
200m: 3:44.10 1:58.51	600m: 11:45.37 1:58.85	1000m: 19:31.46 1:57.36	1400m: 27:28.67 1:58.31	
300m: 5:45.62 2:01.52	700m: 13:42.82 1:57.45	1100m: 21:31.03 1:59.57	1500m: 29:23.77 1:55.10	
400m: 7:47.95 2:02.33	800m: 15:38.18 1:55.36	1200m: 23:31.48 2:00.45		

AFGEM Hans Dijkstra 58 HHZV Plons

Masters 55+, Heren

1. Peter van Genderen	55	Old Dutch	<b>26:56.07</b>	158
100m: 1:29.20 1:29.20	500m: 8:35.63 1:48.56	900m: 15:51.86 1:50.19	1300m: 23:15.67 1:51.16	
200m: 3:12.92 1:43.72	600m: 10:23.48 1:47.85	1000m: 17:42.95 1:51.09	1400m: 25:06.83 1:51.16	
300m: 4:59.51 1:46.59	700m: 12:13.58 1:50.10	1100m: 19:33.64 1:50.69	1500m: 26:56.07 1:49.24	
400m: 6:47.07 1:47.56	800m: 14:01.67 1:48.09	1200m: 21:24.51 1:50.87		

Masters 60+, Heren

1. Joop Draaisma	46	DZ&PC	<b>24:35.12</b>	208
100m: 1:28.54 1:28.54	500m: 8:04.63 1:39.39	900m: 14:43.70 1:40.17	1300m: 21:20.32 1:38.44	
200m: 3:06.79 1:38.25	600m: 9:44.11 1:39.48	1000m: 16:22.79 1:39.09	1400m: 22:59.32 1:39.00	
300m: 4:45.86 1:39.07	700m: 11:24.08 1:39.97	1100m: 18:02.11 1:39.32	1500m: 24:35.12 1:35.80	
400m: 6:25.24 1:39.38	800m: 13:03.53 1:39.45	1200m: 19:41.88 1:39.77		
2. Michael Berg	47	SSV Ostring Berlin	<b>31:47.53</b>	96
100m: 1:49.91 1:49.91	500m: 10:34.51 2:11.57	900m: 19:14.51 2:08.70	1300m: 27:44.26 2:07.08	
200m: 4:02.94 2:13.03	600m: 12:45.14 2:10.63	1000m: 21:22.82 2:08.31	1400m: 29:47.66 2:03.40	
300m: 6:13.60 2:10.66	700m: 14:56.14 2:11.00	1100m: 23:30.14 2:07.32	1500m: 31:47.53 1:59.87	
400m: 8:22.94 2:09.34	800m: 17:05.81 2:09.67	1200m: 25:37.18 2:07.04		

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Programmanr. 1, 1500m vrije slag

Masters 65+, Heren

1. Rob Hanou	43	PSV Masters	<b>24:48.26</b>	202			
100m: 1:28.02	1:28.02	500m: 8:07.64	1:40.62	900m: 14:51.86	1:40.57	1300m: 21:34.64	1:40.94
200m: 3:06.48	1:38.46	600m: 9:50.07	1:42.43	1000m: 16:32.16	1:40.30	1400m: 23:15.16	1:40.52
300m: 4:46.00	1:39.52	700m: 11:31.13	1:41.06	1100m: 18:12.95	1:40.79	1500m: 24:48.26	1:33.10
400m: 6:27.02	1:41.02	800m: 13:11.29	1:40.16	1200m: 19:53.70	1:40.75		
2. Han Roos	45	zv De Bron	<b>26:35.74</b>	164			
100m: 1:35.74	1:35.74	500m: 8:48.71	1:48.21	900m: 15:59.70	1:46.14	1300m: 23:07.70	1:47.33
200m: 3:23.64	1:47.90	600m: 10:37.84	1:49.13	1000m: 17:46.45	1:46.75	1400m: 24:55.06	1:47.36
300m: 5:12.14	1:48.50	700m: 12:25.51	1:47.67	1100m: 19:33.34	1:46.89	1500m: 26:35.74	1:40.68
400m: 7:00.50	1:48.36	800m: 14:13.56	1:48.05	1200m: 21:20.37	1:47.03		
3. Bob Arendsen	44	De Futen	<b>28:14.68</b>	137			
100m: 1:40.37	1:40.37	500m: 9:17.21	1:55.31	900m: 16:52.81	1:53.74	1300m: 24:31.11	1:54.71
200m: 3:32.86	1:52.49	600m: 11:11.37	1:54.16	1000m: 18:47.46	1:54.65	1400m: 26:25.55	1:54.44
300m: 5:26.97	1:54.11	700m: 13:04.62	1:53.25	1100m: 20:41.46	1:54.00	1500m: 28:14.68	1:49.13
400m: 7:21.90	1:54.93	800m: 14:59.07	1:54.45	1200m: 22:36.40	1:54.94		

Masters 70+, Heren

1. Nico Geers	38	Z&PC De Gouwe	<b>24:50.31</b>	202			
100m: 1:30.53	1:30.53	500m: 8:00.15	1:40.62	900m: 14:47.11	1:41.58	1300m: 21:35.87	1:42.77
200m: 3:05.46	1:34.93	600m: 9:40.56	1:40.41	1000m: 16:28.46	1:41.35	1400m: 23:18.84	1:42.97
300m: 4:42.34	1:36.88	700m: 11:23.91	1:43.35	1100m: 18:10.24	1:41.78	1500m: 24:50.31	1:31.47
400m: 6:19.53	1:37.19	800m: 13:05.53	1:41.62	1200m: 19:53.10	1:42.86		
2. Gregor Pompen	37	Aqua-Novio '94	<b>27:51.45</b>	143			
100m: 1:40.92	1:40.92	500m: 9:07.20	1:51.84	900m: 16:35.89	1:52.63	1300m: 24:11.04	1:56.84
200m: 3:31.36	1:50.44	600m: 10:59.67	1:52.47	1000m: 18:28.54	1:52.65	1400m: 26:03.36	1:52.32
300m: 5:22.86	1:51.50	700m: 12:51.29	1:51.62	1100m: 20:21.26	1:52.72	1500m: 27:51.45	1:48.09
400m: 7:15.36	1:52.50	800m: 14:43.26	1:51.97	1200m: 22:14.20	1:52.94		

Masters 20+, Dames

1. Lisanne Andeweg	88	Zuiderzeewimmers	<b>20:06.94</b>	476			
100m: 1:14.67	1:14.67	500m: 6:42.98	1:22.47	900m: 12:09.98	1:21.85	1300m: 17:30.57	1:19.06
200m: 2:36.32	1:21.65	600m: 8:04.89	1:21.91	1000m: 13:31.16	1:21.18	1400m: 18:50.36	1:19.79
300m: 3:58.20	1:21.88	700m: 9:26.95	1:22.06	1100m: 14:52.06	1:20.90	1500m: 20:06.94	1:16.58
400m: 5:20.51	1:22.31	800m: 10:48.13	1:21.18	1200m: 16:11.51	1:19.45		
2. Julia Gauger	90	SSV Ostring Berlin	<b>22:29.49</b>	340			
100m: 1:21.52	1:21.52	500m: 7:24.90	1:30.69	900m: 13:30.08	1:31.61	1300m: 19:35.71	1:32.63
200m: 2:51.74	1:30.22	600m: 8:56.46	1:31.56	1000m: 15:01.52	1:31.44	1400m: 21:06.90	1:31.19
300m: 4:23.15	1:31.41	700m: 10:28.21	1:31.75	1100m: 16:32.96	1:31.44	1500m: 22:29.49	1:22.59
400m: 5:54.21	1:31.06	800m: 11:58.47	1:30.26	1200m: 18:03.08	1:30.12		
3. Jen-Ai van Soelen	90	Zuiderzeewimmers	<b>23:00.64</b>	318			
100m: 1:20.92	1:20.92	500m: 7:27.60	1:32.84	900m: 13:37.92	1:32.03	1300m: 19:53.04	1:37.97
200m: 2:51.70	1:30.78	600m: 8:59.16	1:31.56	1000m: 15:12.64	1:34.72	1400m: 21:28.48	1:35.44
300m: 4:23.48	1:31.78	700m: 10:33.26	1:34.10	1100m: 16:45.26	1:32.62	1500m: 23:00.64	1:32.16
400m: 5:54.76	1:31.28	800m: 12:05.89	1:32.63	1200m: 18:15.07	1:29.81		
4. Annemarie Jakobs	86	EZ&PC	<b>23:04.13</b>	315			
100m: 1:20.54	1:20.54	500m: 7:31.45	1:34.13	900m: 13:46.89	1:33.57	1300m: 20:07.10	1:35.15
200m: 2:50.70	1:30.16	600m: 9:05.67	1:34.22	1000m: 15:21.70	1:34.81	1400m: 21:38.86	1:31.76
300m: 4:23.29	1:32.59	700m: 10:39.23	1:33.56	1100m: 16:55.36	1:33.66	1500m: 23:04.13	1:25.27
400m: 5:57.32	1:34.03	800m: 12:13.32	1:34.09	1200m: 18:31.95	1:36.59		
5. Maaike van Diggele	87	ZPB H&L	<b>24:13.51</b>	272			
100m: 1:23.67	1:23.67	500m: 7:50.42	1:38.34	900m: 14:21.83	1:38.00	1300m: 20:59.61	1:40.41
200m: 2:56.58	1:32.91	600m: 9:28.64	1:38.22	1000m: 16:01.23	1:39.40	1400m: 22:37.64	1:38.03
300m: 4:33.95	1:37.37	700m: 11:06.70	1:38.06	1100m: 17:39.64	1:38.41	1500m: 24:13.51	1:35.87
400m: 6:12.08	1:38.13	800m: 12:43.83	1:37.13	1200m: 19:19.20	1:39.56		

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Programmanr. 1, Dames, 1500m vrije slag, Masters 20+

Rang	Geb.	Tijd	Pnt
AFGEM	Annebeth van Ark	88 Octopus	

Masters 25+, Dames

1.	Nicole Snaphaan	84 De Gelenberg	<b>29:35.36</b>	149			
100m:	1:38.80 1:38.80	500m:	9:31.76 1:56.06	900m:	17:37.86 2:05.00	1300m:	25:40.92 2:01.19
200m:	3:33.67 1:54.87	600m:	11:28.26 1:56.50	1000m:	19:43.76 2:05.90	1400m:	27:44.82 2:03.90
300m:	5:33.36 1:59.69	700m:	13:28.89 2:00.63	1100m:	21:37.23 1:53.47	1500m:	29:35.36 1:50.54
400m:	7:35.70 2:02.34	800m:	15:32.86 2:03.97	1200m:	23:39.73 2:02.50		

Masters 30+, Dames

1.	Clementine van Bruxvoort	77 ZPB H&L	<b>27:13.28</b>	192			
100m:	1:35.52 1:35.52	500m:	8:46.43 1:49.31	900m:	16:06.15 1:49.69	1300m:	23:35.84 1:53.00
200m:	3:21.74 1:46.22	600m:	10:35.49 1:49.06	1000m:	17:58.81 1:52.66	1400m:	25:28.52 1:52.68
300m:	5:08.49 1:46.75	700m:	12:26.24 1:50.75	1100m:	19:51.90 1:53.09	1500m:	27:13.28 1:44.76
400m:	6:57.12 1:48.63	800m:	14:16.46 1:50.22	1200m:	21:42.84 1:50.94		

Masters 35+, Dames

1.	Annet Kootstra	71 Swol 1894	<b>23:39.36</b>	292			
100m:	1:23.82 1:23.82	500m:	7:41.46 1:34.71	900m:	14:05.72 1:35.26	1300m:	20:29.49 1:36.31
200m:	2:56.64 1:32.82	600m:	9:17.78 1:36.32	1000m:	15:41.52 1:35.80	1400m:	22:06.21 1:36.72
300m:	4:31.40 1:34.76	700m:	10:54.27 1:36.49	1100m:	17:17.49 1:35.97	1500m:	23:39.36 1:33.15
400m:	6:06.75 1:35.35	800m:	12:30.46 1:36.19	1200m:	18:53.18 1:35.69		

Masters 40+, Dames

1.	Lidia v. Bon-Rosenbrand	70 AZ&PC	<b>23:05.64</b>	314			
100m:	1:19.68 1:19.68	500m:	7:23.30 1:33.03	900m:	13:37.37 1:34.62	1300m:	19:56.34 1:35.59
200m:	2:48.07 1:28.39	600m:	8:56.08 1:32.78	1000m:	15:11.15 1:33.78	1400m:	21:32.24 1:35.90
300m:	4:18.51 1:30.44	700m:	10:29.18 1:33.10	1100m:	16:46.18 1:35.03	1500m:	23:05.64 1:33.40
400m:	5:50.27 1:31.76	800m:	12:02.75 1:33.57	1200m:	18:20.75 1:34.57		
2.	Karin van den Heuvel	66 AquaMigos	<b>23:20.29</b>	304			
100m:	1:25.04 1:25.04	500m:	7:40.20 1:34.35	900m:	13:57.07 1:33.62	1300m:	20:12.00 1:33.71
200m:	2:57.57 1:32.53	600m:	9:14.48 1:34.28	1000m:	15:31.29 1:34.22	1400m:	21:47.26 1:35.26
300m:	4:31.60 1:34.03	700m:	10:49.57 1:35.09	1100m:	17:04.73 1:33.44	1500m:	23:20.29 1:33.03
400m:	6:05.85 1:34.25	800m:	12:23.45 1:33.88	1200m:	18:38.29 1:33.56		
3.	Ilse Vos-Viergever	68 De Hokseberg	<b>26:16.39</b>	213			
100m:	1:31.16 1:31.16	500m:	8:32.70 1:46.88	900m:	15:37.82 1:46.34	1300m:	22:47.92 1:47.12
200m:	3:13.48 1:42.32	600m:	10:20.32 1:47.62	1000m:	17:24.60 1:46.78	1400m:	24:36.26 1:48.34
300m:	4:59.20 1:45.72	700m:	12:05.02 1:44.70	1100m:	19:13.95 1:49.35	1500m:	26:16.39 1:40.13
400m:	6:45.82 1:46.62	800m:	13:51.48 1:46.46	1200m:	21:00.80 1:46.85		
4.	Martine Venis	69 Aquapoldro	<b>32:03.92</b>	117			
100m:	1:55.64 1:55.64	500m:	10:46.92 2:11.85	900m:	19:24.07 2:09.75	1300m:	27:50.23 2:06.13
200m:	4:18.64 2:23.00	600m:	12:56.51 2:09.59	1000m:	21:31.80 2:07.73	1400m:	29:56.45 2:06.22
300m:	6:27.00 2:08.36	700m:	15:05.57 2:09.06	1100m:	23:37.23 2:05.43	1500m:	32:03.92 2:07.47
400m:	8:35.07 2:08.07	800m:	17:14.32 2:08.75	1200m:	25:44.10 2:06.87		

Masters 45+, Dames

1.	Marja Bloemzaad	61 AZ&PC	<b>21:28.31</b>	391			
100m:	1:18.71 1:18.71	500m:	7:06.13 1:27.11	900m:	12:54.05 1:26.80	1300m:	18:39.66 1:26.18
200m:	2:44.99 1:26.28	600m:	8:33.47 1:27.34	1000m:	14:20.38 1:26.33	1400m:	20:05.56 1:25.90
300m:	4:12.16 1:27.17	700m:	9:59.95 1:26.48	1100m:	15:47.24 1:26.86	1500m:	21:28.31 1:22.75
400m:	5:39.02 1:26.86	800m:	11:27.25 1:27.30	1200m:	17:13.48 1:26.24		
2.	Katrin Aldus	61 SSV Ostring Berlin	<b>24:43.70</b>	256			
100m:	1:27.00 1:27.00	500m:	7:59.67 1:39.47	900m:	14:39.68 1:40.17	1300m:	21:24.26 1:41.62
200m:	3:03.13 1:36.13	600m:	9:39.70 1:40.03	1000m:	16:20.92 1:41.24	1400m:	23:05.29 1:41.03
300m:	4:40.88 1:37.75	700m:	11:19.33 1:39.63	1100m:	18:01.89 1:40.97	1500m:	24:43.70 1:38.41
400m:	6:20.20 1:39.32	800m:	12:59.51 1:40.18	1200m:	19:42.64 1:40.75		

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Programmanr. 1, Dames, 1500m vrije slag, Masters 45+

Rang			Geb.				Tijd	Pnt
3.	Friderika Kerekes		65 AZ&PC				<b>26:18.36</b>	212
	100m:	1:32.07 1:32.07	500m:	8:32.45 1:46.25	900m:	15:40.02 1:47.13	1300m:	22:47.00 1:46.05
	200m:	3:16.02 1:43.95	600m:	10:18.89 1:46.44	1000m:	17:27.60 1:47.58	1400m:	24:33.89 1:46.89
	300m:	5:00.29 1:44.27	700m:	12:05.57 1:46.68	1100m:	19:13.95 1:46.35	1500m:	26:18.36 1:44.47
	400m:	6:46.20 1:45.91	800m:	13:52.89 1:47.32	1200m:	21:00.95 1:47.00		
4.	Jacqueline Brouwer		61 zv De Bron				<b>29:01.94</b>	158
	100m:	1:40.12 1:40.12	500m:	9:25.12 1:56.68	900m:	17:19.66 2:00.12	1300m:	25:13.76 1:59.54
	200m:	3:33.88 1:53.76	600m:	11:22.10 1:56.98	1000m:	19:16.91 1:57.25	1400m:	27:09.25 1:55.49
	300m:	5:31.32 1:57.44	700m:	13:20.54 1:58.44	1100m:	21:15.66 1:58.75	1500m:	29:01.94 1:52.69
	400m:	7:28.44 1:57.12	800m:	15:19.54 1:59.00	1200m:	23:14.22 1:58.56		
5.	Alie Visser		64 HZ&PC				<b>30:25.48</b>	137
	100m:	1:47.15 1:47.15	500m:	9:53.78 2:02.47	900m:	18:03.90 2:02.18	1300m:	26:21.69 2:05.23
	200m:	3:48.93 2:01.78	600m:	11:56.04 2:02.26	1000m:	20:07.28 2:03.38	1400m:	28:23.65 2:01.96
	300m:	5:49.87 2:00.94	700m:	13:58.44 2:02.40	1100m:	22:10.94 2:03.66	1500m:	30:25.48 2:01.83
	400m:	7:51.31 2:01.44	800m:	16:01.72 2:03.28	1200m:	24:16.46 2:05.52		
6.	Irene Hoenderdos		63 Aquapoldro				<b>34:18.13</b>	96
	100m:	2:01.81 2:01.81	500m:	11:18.78 2:18.72	900m:	20:33.79 2:16.73	1300m:	29:50.03 2:17.63
	200m:	4:21.21 2:19.40	600m:	13:39.38 2:20.60	1000m:	22:54.09 2:20.30	1400m:	32:10.31 2:20.28
	300m:	6:40.44 2:19.23	700m:	15:58.00 2:18.62	1100m:	25:12.25 2:18.16	1500m:	34:18.13 2:07.82
	400m:	9:00.06 2:19.62	800m:	18:17.06 2:19.06	1200m:	27:32.40 2:20.15		

AFGEM Anne Waller 61 De Futen

Masters 50+, Dames

1.	Monica Bakker		56 zv Zwartsluis				<b>25:11.86</b>	242
	100m:	1:31.76 1:31.76	500m:	8:17.80 1:42.44	900m:	15:03.16 1:40.59	1300m:	21:46.82 1:42.56
	200m:	3:11.60 1:39.84	600m:	9:59.04 1:41.24	1000m:	16:43.04 1:39.88	1400m:	23:30.54 1:43.72
	300m:	4:53.54 1:41.94	700m:	11:41.02 1:41.98	1100m:	18:23.80 1:40.76	1500m:	25:11.86 1:41.32
	400m:	6:35.36 1:41.82	800m:	13:22.57 1:41.55	1200m:	20:04.26 1:40.46		
2.	Inge Wolfs		60 HHZV Plons				<b>26:24.23</b>	210
	100m:	1:33.01 1:33.01	500m:	8:35.11 1:46.92	900m:	15:40.91 1:46.77	1300m:	22:51.92 1:49.01
	200m:	3:16.34 1:43.33	600m:	10:21.49 1:46.38	1000m:	17:27.67 1:46.76	1400m:	24:39.84 1:47.92
	300m:	5:02.38 1:46.04	700m:	12:08.17 1:46.68	1100m:	19:15.19 1:47.52	1500m:	26:24.23 1:44.39
	400m:	6:48.19 1:45.81	800m:	13:54.14 1:45.97	1200m:	21:02.91 1:47.72		
3.	Marjan Spoelstra		60 Swol 1894				<b>26:32.50</b>	207
	100m:	1:36.25 1:36.25	500m:	8:43.62 1:46.86	900m:	15:50.78 1:45.86	1300m:	22:59.90 1:49.09
	200m:	3:21.93 1:45.68	600m:	10:30.90 1:47.28	1000m:	17:37.07 1:46.29	1400m:	24:49.65 1:49.75
	300m:	5:08.07 1:46.14	700m:	12:17.93 1:47.03	1100m:	19:23.40 1:46.33	1500m:	26:32.50 1:42.85
	400m:	6:56.76 1:48.69	800m:	14:04.92 1:46.99	1200m:	21:10.81 1:47.41		
4.	Mies Kuipers		58 Old Dutch				<b>37:44.95</b>	72
	100m:	2:21.86 2:21.86	500m:	12:38.80 2:30.64	900m:	22:40.00 2:33.24	1300m:	32:51.76 2:31.69
	200m:	5:01.20 2:39.34	600m:	15:09.00 2:30.20	1000m:	25:13.00 2:33.00	1400m:	35:23.16 2:31.40
	300m:	7:36.73 2:35.53	700m:	17:38.36 2:29.36	1100m:	27:44.23 2:31.23	1500m:	37:44.95 2:21.79
	400m:	10:08.16 2:31.43	800m:	20:06.76 2:28.40	1200m:	30:20.07 2:35.84		

DIS Pia van der Molen 60 HZ&PC  
*AF - De aangegeven afstand niet uitgezwommen (geen tijden noteren).*

100m:	500m:	900m:	1300m:
200m:	600m:	1000m:	1400m:
300m:	700m:	1100m:	1500m:
400m:	800m:	1200m:	

Masters 55+, Dames

1.	Elke Ortloff		53 SSV Ostring Berlin				<b>26:10.57</b>	216
	100m:	1:33.42 1:33.42	500m:	8:36.95 1:45.95	900m:	15:41.32 1:47.75	1300m:	22:43.16 1:45.40
	200m:	3:17.82 1:44.40	600m:	10:22.02 1:45.07	1000m:	17:27.02 1:45.70	1400m:	24:28.23 1:45.07
	300m:	5:03.92 1:46.10	700m:	12:07.57 1:45.55	1100m:	19:12.54 1:45.52	1500m:	26:10.57 1:42.34
	400m:	6:51.00 1:47.08	800m:	13:53.57 1:46.00	1200m:	20:57.76 1:45.22		

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Programmanr. 1, Dames, 1500m vrije slag, Masters 55+

Rang			Geb.				Tijd	Pnt
2.	Corine Kalbfleisch		52 DWT				<b>28:01.32</b>	176
	100m:	1:42.92 1:42.92	500m:	9:13.13 1:52.00	900m:	16:41.45 1:52.25	1300m:	24:16.42 1:53.60
	200m:	3:35.26 1:52.34	600m:	11:05.86 1:52.73	1000m:	18:34.80 1:53.35	1400m:	26:11.02 1:54.60
	300m:	5:27.57 1:52.31	700m:	12:57.02 1:51.16	1100m:	20:28.86 1:54.06	1500m:	28:01.32 1:50.30
	400m:	7:21.13 1:53.56	800m:	14:49.20 1:52.18	1200m:	22:22.82 1:53.96		
3.	Gonnie Bak		51 PSV Masters				<b>30:20.29</b>	138
	100m:	1:50.45 1:50.45	500m:	9:57.95 2:03.09	900m:	18:06.89 2:01.38	1300m:	26:18.89 2:04.19
	200m:	3:51.32 2:00.87	600m:	12:01.16 2:03.21	1000m:	20:09.95 2:03.06	1400m:	28:21.29 2:02.40
	300m:	5:52.86 2:01.54	700m:	14:03.64 2:02.48	1100m:	22:12.10 2:02.15	1500m:	30:20.29 1:59.00
	400m:	7:54.86 2:02.00	800m:	16:05.51 2:01.87	1200m:	24:14.70 2:02.60		

Masters 60+, Dames

1.	Conny Boer-Buys		50 ZV Vlaardingen				<b>22:29.56</b>	340
	<i>Europees Masters Record</i>							
	100m:	1:21.85 1:21.85	500m:	7:24.93 1:31.05	900m:	13:29.91 1:31.48	1300m:	19:35.78 1:32.66
	200m:	2:52.00 1:30.15	600m:	8:56.39 1:31.46	1000m:	15:01.50 1:31.59	1400m:	21:06.78 1:31.00
	300m:	4:23.13 1:31.13	700m:	10:28.13 1:31.74	1100m:	16:32.79 1:31.29	1500m:	22:29.56 1:22.78
	400m:	5:53.88 1:30.75	800m:	11:58.43 1:30.30	1200m:	18:03.12 1:30.33		

Masters 65+, Dames

1.	Matty van der Veen		44 Old Dutch				<b>29:30.51</b>	150
	100m:	1:46.57 1:46.57	500m:	9:32.45 1:59.65	900m:	17:25.60 1:58.21	1300m:	25:29.23 2:01.37
	200m:	3:40.57 1:54.00	600m:	11:30.60 1:58.15	1000m:	19:25.23 1:59.63	1400m:	27:31.26 2:02.03
	300m:	5:35.29 1:54.72	700m:	13:29.00 1:58.40	1100m:	21:26.86 2:01.63	1500m:	29:30.51 1:59.25
	400m:	7:32.80 1:57.51	800m:	15:27.39 1:58.39	1200m:	23:27.86 2:01.00		

AFGEM Christel Schreiber 41 SV Langenfeld 1912

Masters 70+, Dames

1.	Bep van Riessen		37 Aquapoldro				<b>36:48.70</b>	77
	100m:	2:03.82 2:03.82	500m:	11:37.95 2:26.82	900m:	21:36.02 2:30.48	1300m:	31:46.26 2:32.69
	200m:	4:25.07 2:21.25	600m:	14:06.00 2:28.05	1000m:	24:08.26 2:32.24	1400m:	34:19.10 2:32.84
	300m:	6:47.67 2:22.60	700m:	16:35.76 2:29.76	1100m:	26:38.70 2:30.44	1500m:	36:48.70 2:29.60
	400m:	9:11.13 2:23.46	800m:	19:05.54 2:29.78	1200m:	29:13.57 2:34.87		

Masters 75+, Dames

1.	Annie de Vos		34 Old Dutch				<b>35:28.67</b>	86
	100m:	2:10.28 2:10.28	500m:	11:32.66 2:20.07	900m:	21:00.59 2:23.54	1300m:	30:39.43 2:25.35
	200m:	4:30.56 2:20.28	600m:	13:53.66 2:21.00	1000m:	23:24.14 2:23.55	1400m:	33:05.41 2:25.98
	300m:	6:52.01 2:21.45	700m:	16:15.21 2:21.55	1100m:	25:48.74 2:24.60	1500m:	35:28.67 2:23.26
	400m:	9:12.59 2:20.58	800m:	18:37.05 2:21.84	1200m:	28:14.08 2:25.34		

18e Kristalbad Dutch Open  
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Programmanr. 2  
12-06-2010

800m vrije slag

20 - 94 jaar  
Resultaten

Punten: FINA 2010

Rang			Geb.					Tijd	Pnt
<b>Masters 25+, Heren</b>									
1.	<b>Remco Veerkamp</b>		<b>81</b>	<b>Zuiderzeewemmers</b>				<b>14:37.37</b>	<b>136</b>
	100m:	1:30.76	1:30.76	300m:	5:07.79	1:50.24	500m:	8:54.08	1:53.07
	200m:	3:17.55	1:46.79	400m:	7:01.01	1:53.22	600m:	10:48.55	1:54.47
				700m:	12:42.65	1:54.10	800m:	14:37.37	1:54.72
<b>Masters 30+, Heren</b>									
1.	<b>Sebastian Triebe</b>		<b>80</b>	<b>SG Vahr/Sebaldsbrück</b>				<b>13:28.76</b>	<b>174</b>
	100m:	1:22.48	1:22.48	300m:	4:46.80	1:44.22	500m:	8:15.58	1:44.41
	200m:	3:02.58	1:40.10	400m:	6:31.17	1:44.37	600m:	10:01.65	1:46.07
				700m:	11:47.75	1:46.10	800m:	13:28.76	1:41.01
<b>Masters 35+, Heren</b>									
1.	<b>Kasper van den Berghe</b>		<b>73</b>	<b>Swol 1894</b>				<b>11:34.34</b>	<b>276</b>
	100m:	1:17.89	1:17.89	300m:	4:12.27	1:28.07	500m:	7:12.01	1:30.26
	200m:	2:44.20	1:26.31	400m:	5:41.75	1:29.48	600m:	8:41.90	1:29.89
				700m:	10:10.59	1:28.69	800m:	11:34.34	1:23.75
2.	<b>Sander de Weert</b>		<b>72</b>	<b>OEZA</b>				<b>13:21.74</b>	<b>179</b>
	100m:	1:27.43	1:27.43	300m:	4:44.08	1:39.27	500m:	8:09.47	1:44.23
	200m:	3:04.81	1:37.38	400m:	6:25.24	1:41.16	600m:	9:54.59	1:45.12
				700m:	11:39.97	1:45.38	800m:	13:21.74	1:41.77
<b>Masters 40+, Heren</b>									
1.	<b>René Correljé</b>		<b>68</b>	<b>HHZV Plons</b>				<b>11:43.54</b>	<b>265</b>
	100m:	1:16.67	1:16.67	300m:	4:18.45	1:31.53	500m:	7:19.54	1:30.52
	200m:	2:46.92	1:30.25	400m:	5:49.02	1:30.57	600m:	8:49.82	1:30.28
				700m:	10:18.23	1:28.41	800m:	11:43.54	1:25.31
2.	<b>Adriaan Overheul</b>		<b>66</b>	<b>zv Zaltbommel</b>				<b>11:53.76</b>	<b>254</b>
	100m:	1:17.82	1:17.82	300m:	4:16.95	1:30.72	500m:	7:23.86	1:34.22
	200m:	2:46.23	1:28.41	400m:	5:49.64	1:32.69	600m:	8:57.36	1:33.50
				700m:	10:29.92	1:32.56	800m:	11:53.76	1:23.84
3.	<b>Gerco Schakel</b>		<b>69</b>	<b>DWK</b>				<b>12:03.28</b>	<b>244</b>
	100m:	1:23.19	1:23.19	300m:	4:24.82	1:31.57	500m:	7:29.76	1:31.94
	200m:	2:53.25	1:30.06	400m:	5:57.82	1:33.00	600m:	9:01.79	1:32.03
				700m:	10:34.08	1:32.29	800m:	12:03.28	1:29.20
<b>Masters 45+, Heren</b>									
1.	<b>Joost de Kroon</b>		<b>64</b>	<b>AquaMigos</b>				<b>11:34.64</b>	<b>275</b>
	100m:	1:19.82	1:19.82	300m:	4:17.22	1:28.70	500m:	7:14.70	1:28.67
	200m:	2:48.52	1:28.70	400m:	5:46.03	1:28.81	600m:	8:44.40	1:29.70
				700m:	10:12.15	1:27.75	800m:	11:34.64	1:22.49
2.	<b>John Stoffer</b>		<b>63</b>	<b>Zoetermeer</b>				<b>11:38.04</b>	<b>271</b>
	100m:	1:17.65	1:17.65	300m:	4:14.75	1:29.54	500m:	7:13.93	1:29.67
	200m:	2:45.21	1:27.56	400m:	5:44.26	1:29.51	600m:	8:43.32	1:29.39
				700m:	10:11.39	1:28.07	800m:	11:38.04	1:26.65
3.	<b>Edzo Huisman</b>		<b>63</b>	<b>Aquapoldro</b>				<b>11:38.92</b>	<b>270</b>
	100m:	1:19.02	1:19.02	300m:	4:14.89	1:28.50	500m:	7:12.92	1:28.85
	200m:	2:46.39	1:27.37	400m:	5:44.07	1:29.18	600m:	8:41.89	1:28.97
				700m:	10:10.80	1:28.91	800m:	11:38.92	1:28.12
4.	<b>Ralf Gauger</b>		<b>62</b>	<b>SSV Ostring Berlin</b>				<b>11:51.14</b>	<b>256</b>
	100m:	1:19.80	1:19.80	300m:	4:13.64	1:28.26	500m:	7:13.63	1:30.42
	200m:	2:45.38	1:25.58	400m:	5:43.21	1:29.57	600m:	8:45.70	1:32.07
				700m:	10:19.11	1:33.41	800m:	11:51.14	1:32.03
5.	<b>Ingo Wolter</b>		<b>62</b>	<b>SSV Ostring Berlin</b>				<b>11:52.59</b>	<b>255</b>
	100m:	1:19.52	1:19.52	300m:	4:21.30	1:31.45	500m:	7:26.02	1:32.37
	200m:	2:49.85	1:30.33	400m:	5:53.65	1:32.35	600m:	8:57.50	1:31.48
				700m:	10:27.90	1:30.40	800m:	11:52.59	1:24.69
6.	<b>Peter Marc de Rooij</b>		<b>61</b>	<b>zv Utrecht</b>				<b>12:03.84</b>	<b>243</b>
	100m:	1:20.89	1:20.89	300m:	4:23.76	1:32.28	500m:	7:30.84	1:33.50
	200m:	2:51.48	1:30.59	400m:	5:57.34	1:33.58	600m:	9:03.23	1:32.39
				700m:	10:35.98	1:32.75	800m:	12:03.84	1:27.86

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Programmanr. 2, Heren, 800m vrije slag, Masters 45+

Rang		Geb.			Tijd	Pnt
7.	Jack Barends	62	WS Twente		<b>12:18.46</b>	229
	100m: 1:21.65 1:21.65	300m: 4:27.11 1:33.58	500m: 7:36.73 1:34.82	700m: 10:44.55 1:33.92		
	200m: 2:53.53 1:31.88	400m: 6:01.91 1:34.80	600m: 9:10.63 1:33.90	800m: 12:18.46 1:33.91		
8.	Arno Stap	61	LZ 1886		<b>12:20.16</b>	227
	100m: 1:23.65 1:23.65	300m: 4:30.37 1:33.54	500m: 7:40.37 1:34.63	700m: 10:48.83 1:33.15		
	200m: 2:56.83 1:33.18	400m: 6:05.74 1:35.37	600m: 9:15.68 1:35.31	800m: 12:20.16 1:31.33		
9.	Martin Hendrikse	65	WS Twente		<b>13:36.59</b>	169
	100m: 1:28.01 1:28.01	300m: 4:54.34 1:44.35	500m: 8:26.18 1:44.86	700m: 11:56.83 1:44.90		
	200m: 3:09.99 1:41.98	400m: 6:41.32 1:46.98	600m: 10:11.93 1:45.75	800m: 13:36.59 1:39.76		
10.	Uwe Sonnenburg	63	SSV Ostring Berlin		<b>14:09.51</b>	150
	100m: 1:31.76 1:31.76	300m: 5:03.70 1:47.25	500m: 8:43.26 1:50.06	700m: 12:23.26 1:49.24		
	200m: 3:16.45 1:44.69	400m: 6:53.20 1:49.50	600m: 10:34.02 1:50.76	800m: 14:09.51 1:46.25		
DIS	Adri Pasman	64	Zuiderzeewemmers			
	<i>AF - De aangegeven afstand niet uitgezwommen (geen tijden noteren).</i>					
	100m:	300m:	500m:	700m:		
	200m:	400m:	600m:	800m:		

Masters 50+, Heren

1.	Andre Storm	56	Zoetermeer		<b>11:39.99</b>	269
	100m: 1:20.31 1:20.31	300m: 4:19.81 1:30.10	500m: 7:18.90 1:29.40	700m: 10:15.75 1:28.31		
	200m: 2:49.71 1:29.40	400m: 5:49.50 1:29.69	600m: 8:47.44 1:28.54	800m: 11:39.99 1:24.24		
2.	Lex Hoogendam	57	MNC Dordrecht		<b>12:00.95</b>	246
	100m: 1:21.90 1:21.90	300m: 4:22.52 1:30.74	500m: 7:25.26 1:31.83	700m: 10:29.05 1:31.98		
	200m: 2:51.78 1:29.88	400m: 5:53.43 1:30.91	600m: 8:57.07 1:31.81	800m: 12:00.95 1:31.90		
3.	John Dam	60	Zignea		<b>12:52.80</b>	200
	100m: 1:20.89 1:20.89	300m: 4:38.36 1:39.91	500m: 7:59.14 1:40.10	700m: 11:13.83 1:35.09		
	200m: 2:58.45 1:37.56	400m: 6:19.04 1:40.68	600m: 9:38.74 1:39.60	800m: 12:52.80 1:38.97		
4.	Herbert Katgert	59	WS Twente		<b>14:55.04</b>	128
	100m: 1:40.68 1:40.68	300m: 5:28.22 1:53.00	500m: 9:15.90 1:53.75	700m: 13:07.66 1:54.44		
	200m: 3:35.22 1:54.54	400m: 7:22.15 1:53.93	600m: 11:13.22 1:57.32	800m: 14:55.04 1:47.38		

AFGEM Hans Dijkstra 58 HHZV Plons

Masters 55+, Heren

1.	Hugo Staudt	53	WS Twente		<b>12:06.69</b>	240
	100m: 1:23.08 1:23.08	300m: 4:27.48 1:32.65	500m: 7:33.39 1:33.58	700m: 10:38.98 1:32.23		
	200m: 2:54.83 1:31.75	400m: 5:59.81 1:32.33	600m: 9:06.75 1:33.36	800m: 12:06.69 1:27.71		

Masters 60+, Heren

1.	Joop Draaisma	46	DZ&PC		<b>12:50.56</b>	201
	100m: 1:26.00 1:26.00	300m: 4:42.35 1:39.07	500m: 8:01.57 1:39.47	700m: 11:16.78 1:37.36		
	200m: 3:03.28 1:37.28	400m: 6:22.10 1:39.75	600m: 9:39.42 1:37.85	800m: 12:50.56 1:33.78		
2.	Mar van Geel	47	Old Dutch		<b>15:37.60</b>	112
	100m: 1:42.85 1:42.85	300m: 5:42.13 2:01.71	500m: 9:41.72 1:59.21	700m: 13:39.51 1:58.00		
	200m: 3:40.42 1:57.57	400m: 7:42.51 2:00.38	600m: 11:41.51 1:59.79	800m: 15:37.60 1:58.09		

DIS Michael Berg 47 SSV Ostring Berlin  
*AF - De aangegeven afstand niet uitgezwommen (geen tijden noteren).*

100m:	300m:	500m:	700m:
200m:	400m:	600m:	800m:

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Programmanr. 2, 800m vrije slag

Masters 65+, Heren

1. Han Roos	45	zv De Bron	<b>13:52.34</b>	160			
100m: 1:34.12	1:34.12	300m: 5:05.85	1:46.18	500m: 8:36.97	1:46.05	700m: 12:10.07	1:46.85
200m: 3:19.67	1:45.55	400m: 6:50.92	1:45.07	600m: 10:23.22	1:46.25	800m: 13:52.34	1:42.27
2. Manfred Bottin	41	SV Langenfeld 1912	<b>14:12.94</b>	148			
100m: 1:37.47	1:37.47	300m: 5:15.78	1:50.26	500m: 8:54.08	1:49.14	700m: 12:29.26	1:47.42
200m: 3:25.52	1:48.05	400m: 7:04.94	1:49.16	600m: 10:41.84	1:47.76	800m: 14:12.94	1:43.68

Masters 70+, Heren

1. Nico Geers	38	Z&PC De Gouwe	<b>12:43.36</b>	207			
100m: 1:28.54	1:28.54	300m: 4:43.70	1:37.06	500m: 7:59.36	1:38.04	700m: 11:14.76	1:37.56
200m: 3:06.64	1:38.10	400m: 6:21.32	1:37.62	600m: 9:37.20	1:37.84	800m: 12:43.36	1:28.60

Masters 20+, Dames

1. Lisanne Andeweg	88	Zuiderzeewemmers	<b>10:35.74</b>	469			
100m: 1:13.49	1:13.49	300m: 3:54.74	1:20.97	500m: 6:36.53	1:20.57	700m: 9:18.40	1:20.15
200m: 2:33.77	1:20.28	400m: 5:15.96	1:21.22	600m: 7:58.25	1:21.72	800m: 10:35.74	1:17.34
2. Grit Aldus	90	SSV Ostring Berlin	<b>11:16.98</b>	388			
100m: 1:14.45	1:14.45	300m: 4:03.86	1:25.54	500m: 6:58.02	1:27.89	700m: 9:53.54	1:27.44
200m: 2:38.32	1:23.87	400m: 5:30.13	1:26.27	600m: 8:26.10	1:28.08	800m: 11:16.98	1:23.44
3. Julia Gauger	90	SSV Ostring Berlin	<b>11:46.13</b>	342			
100m: 1:19.66	1:19.66	300m: 4:20.86	1:31.01	500m: 7:22.65	1:30.79	700m: 10:22.28	1:29.11
200m: 2:49.85	1:30.19	400m: 5:51.86	1:31.00	600m: 8:53.17	1:30.52	800m: 11:46.13	1:23.85
4. Sunanda van Heteren	89	PCG	<b>11:59.43</b>	323			
100m: 1:20.16	1:20.16	300m: 4:22.63	1:31.86	500m: 7:29.93	1:34.80	700m: 10:33.89	1:30.78
200m: 2:50.77	1:30.61	400m: 5:55.13	1:32.50	600m: 9:03.11	1:33.18	800m: 11:59.43	1:25.54
5. Liset de Veer	87	Aqua-Novio '94	<b>12:11.19</b>	308			
100m: 1:21.04	1:21.04	300m: 4:21.93	1:31.39	500m: 7:29.45	1:33.84	700m: 10:39.58	1:34.61
200m: 2:50.54	1:29.50	400m: 5:55.61	1:33.68	600m: 9:04.97	1:35.52	800m: 12:11.19	1:31.61
6. Maaike van Diggele	87	ZPB H&L	<b>12:39.04</b>	275			
100m: 1:21.34	1:21.34	300m: 4:27.22	1:35.28	500m: 7:44.54	1:38.96	700m: 11:04.83	1:40.32
200m: 2:51.94	1:30.60	400m: 6:05.58	1:38.36	600m: 9:24.51	1:39.97	800m: 12:39.04	1:34.21
7. Marieke van de Nieuwenhuijzen	88	zv De Bron	<b>15:06.14</b>	162			
100m: 1:39.50	1:39.50	300m: 5:31.07	1:57.81	500m: 9:28.74	1:56.71	700m: 13:18.57	1:55.03
200m: 3:33.26	1:53.76	400m: 7:32.03	2:00.96	600m: 11:23.54	1:54.80	800m: 15:06.14	1:47.57

Masters 25+, Dames

1. Linda Hoogendam	83	d'ELFT	<b>11:20.80</b>	382			
100m: 1:16.89	1:16.89	300m: 4:09.45	1:27.39	500m: 7:05.48	1:26.91	700m: 9:59.62	1:25.05
200m: 2:42.06	1:25.17	400m: 5:38.57	1:29.12	600m: 8:34.57	1:29.09	800m: 11:20.80	1:21.18
2. Marlinda Hupkes	83	Aqua-Novio '94	<b>12:48.82</b>	265			
100m: 1:23.42	1:23.42	300m: 4:37.04	1:38.47	500m: 7:55.48	1:39.38	700m: 11:12.89	1:38.16
200m: 2:58.57	1:35.15	400m: 6:16.10	1:39.06	600m: 9:34.73	1:39.25	800m: 12:48.82	1:35.93

Masters 30+, Dames

1. Clementine van Bruxvoort	77	ZPB H&L	<b>14:14.20</b>	193			
100m: 1:35.50	1:35.50	300m: 5:11.45	1:50.20	500m: 8:49.58	1:48.78	700m: 12:29.78	1:50.72
200m: 3:21.25	1:45.75	400m: 7:00.80	1:49.35	600m: 10:39.06	1:49.48	800m: 14:14.20	1:44.42

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Programmanr. 2, 800m vrije slag

Masters 35+, Dames

1. Natacha van Hoof	73	ShaRK					<b>12:45.20</b>	269
100m: 1:27.96 1:27.96	300m: 4:39.30 1:36.38	500m: 7:54.80 1:38.31	700m: 11:11.97 1:38.76	800m: 12:45.20 1:33.23				
200m: 3:02.92 1:34.96	400m: 6:16.49 1:37.19	600m: 9:33.21 1:38.41						
2. Greta Wijma	71	DWK					<b>15:26.26</b>	151
100m: 1:44.06 1:44.06	300m: 5:39.75 1:58.79	500m: 9:38.48 1:59.95	700m: 13:37.15 1:57.65	800m: 15:26.26 1:49.11				
200m: 3:40.96 1:56.90	400m: 7:38.53 1:58.78	600m: 11:39.50 2:01.02						

Masters 40+, Dames

1. Cynthia Noordermeer	70	Het Y					<b>10:58.59</b>	422
100m: 1:15.41 1:15.41	300m: 3:59.91 1:22.60	500m: 6:45.97 1:23.28	700m:	800m: 10:58.59				
200m: 2:37.31 1:21.90	400m: 5:22.69 1:22.78	600m: 8:10.76 1:24.79						
2. Kristien van de Moortel	69	ShaRK					<b>13:16.04</b>	239
100m: 1:32.36 1:32.36	300m: 4:51.06 1:39.65	500m: 8:14.54 1:41.90	700m: 11:37.73 1:41.97	800m: 13:16.04 1:38.31				
200m: 3:11.41 1:39.05	400m: 6:32.64 1:41.58	600m: 9:55.76 1:41.22						
3. Susanne Rogge	68	SSV Ostring Berlin					<b>13:48.84</b>	211
100m: 1:32.92 1:32.92	300m: 5:02.30 1:46.57	500m: 8:37.17 1:46.84	700m: 12:10.55 1:46.50	800m: 13:48.84 1:38.29				
200m: 3:15.73 1:42.81	400m: 6:50.33 1:48.03	600m: 10:24.05 1:46.88						
4. Corine Hoeben	70	Zwemclub Ten Boer					<b>14:37.95</b>	178
100m: 1:39.20 1:39.20	300m: 5:20.92 1:52.32	500m: 9:05.60 1:52.15	700m: 12:48.73 1:52.13	800m: 14:37.95 1:49.22				
200m: 3:28.60 1:49.40	400m: 7:13.45 1:52.53	600m: 10:56.60 1:51.00						
5. Lenie Veldhuizen	68	ZC De Forel Wolvega					<b>17:49.47</b>	98
100m: 2:02.87 2:02.87	300m: 6:34.75 2:17.37	500m: 11:05.34 2:14.18	700m: 15:35.97 2:16.07	800m: 17:49.47 2:13.50				
200m: 4:17.38 2:14.51	400m: 8:51.16 2:16.41	600m: 13:19.90 2:14.56						

Masters 45+, Dames

1. Jantine Braakman	65	zv De Bron					<b>12:01.23</b>	321
100m: 1:20.56 1:20.56	300m: 4:23.33 1:31.86	500m: 7:27.01 1:31.65	700m: 10:32.85 1:33.20	800m: 12:01.23 1:28.38				
200m: 2:51.47 1:30.91	400m: 5:55.36 1:32.03	600m: 8:59.65 1:32.64						
2. Katrin Aldus	61	SSV Ostring Berlin					<b>12:52.89</b>	261
100m: 1:28.39 1:28.39	300m: 4:43.51 1:38.21	500m: 8:01.08 1:38.44	700m: 11:17.33 1:37.66	800m: 12:52.89 1:35.56				
200m: 3:05.30 1:36.91	400m: 6:22.64 1:39.13	600m: 9:39.67 1:38.59						
3. Friderika Kerekes	65	AZ&PC					<b>14:11.55</b>	195
100m: 1:35.27 1:35.27	300m: 5:08.43 1:47.41	500m: 8:47.00 1:49.40	700m: 12:26.28 1:49.22	800m: 14:11.55 1:45.27				
200m: 3:21.02 1:45.75	400m: 6:57.60 1:49.17	600m: 10:37.06 1:50.06						
4. Ulrike Aldus	65	SSV Ostring Berlin					<b>14:23.93</b>	187
100m: 1:35.95 1:35.95	300m: 5:04.58 1:46.44	500m: 8:46.75 1:53.01	700m: 12:32.51 1:52.17	800m: 14:23.93 1:51.42				
200m: 3:18.14 1:42.19	400m: 6:53.74 1:49.16	600m: 10:40.34 1:53.59						

Masters 50+, Dames

1. Irene van der Laan	60	zv De Bron					<b>10:54.30</b>	430
100m: 1:18.68 1:18.68	300m: 4:02.08 1:21.56	500m: 6:47.03 1:22.67	700m: 9:32.78 1:22.75	800m: 10:54.30 1:21.52				
200m: 2:40.52 1:21.84	400m: 5:24.36 1:22.28	600m: 8:10.03 1:23.00						
2. Patty Verhagen	59	AquaMigos					<b>11:36.75</b>	356
100m: 1:20.93 1:20.93	300m: 4:15.90 1:28.00	500m: 7:12.24 1:28.78	700m: 10:09.40 1:28.19	800m: 11:36.75 1:27.35				
200m: 2:47.90 1:26.97	400m: 5:43.46 1:27.56	600m: 8:41.21 1:28.97						
3. Marijke Kraak	60	WS Twente					<b>12:44.34</b>	270
100m: 1:27.31 1:27.31	300m: 4:40.90 1:37.85	500m: 7:56.77 1:37.50	700m: 11:10.48 1:35.96	800m: 12:44.34 1:33.86				
200m: 3:03.05 1:35.74	400m: 6:19.27 1:38.37	600m: 9:34.52 1:37.75						
4. Riny Zeijpveld	60	De Berkelduikers					<b>13:14.86</b>	240
100m: 1:31.15 1:31.15	300m: 4:49.59 1:40.57	500m: 8:11.17 1:40.45	700m: 11:33.95 1:41.29	800m: 13:14.86 1:40.91				
200m: 3:09.02 1:37.87	400m: 6:30.72 1:41.13	600m: 9:52.66 1:41.49						

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Programmanr. 2, Dames, 800m vrije slag, Masters 50+

Rang			Geb.				Tijd	Pnt
5.	Katinka Elders		60 Oceanus				<b>13:33.54</b>	224
	100m:	1:31.11 1:31.11	300m:	4:57.06 1:44.81	500m:	8:24.00 1:43.02	700m:	11:53.73 1:45.10
	200m:	3:12.25 1:41.14	400m:	6:40.98 1:43.92	600m:	10:08.63 1:44.63	800m:	13:33.54 1:39.81
6.	Marjan Spoelstra		60 Swol 1894				<b>13:57.04</b>	205
	100m:	1:35.10 1:35.10	300m:	5:08.86 1:47.73	500m:	8:43.51 1:47.49	700m:	12:15.74 1:45.01
	200m:	3:21.13 1:46.03	400m:	6:56.02 1:47.16	600m:	10:30.73 1:47.22	800m:	13:57.04 1:41.30
7.	Pia van der Molen		60 HZ&PC				<b>14:04.56</b>	200
	100m:	1:29.62 1:29.62	300m:	5:01.43 1:48.28	500m:	8:38.65 1:48.65	700m:	12:16.84 1:49.35
	200m:	3:13.15 1:43.53	400m:	6:50.00 1:48.57	600m:	10:27.49 1:48.84	800m:	14:04.56 1:47.72
8.	Joke Burgers		60 Oostdobbers				<b>16:37.26</b>	121
	100m:	1:50.86 1:50.86	300m:	5:59.86 2:05.94	500m:	10:14.51 2:07.78	700m:	14:33.13 2:10.27
	200m:	3:53.92 2:03.06	400m:	8:06.73 2:06.87	600m:	12:22.86 2:08.35	800m:	16:37.26 2:04.13
9.	Lies Hartman		56 VfR Übach-Palenberg				<b>21:08.47</b>	59
	100m:	2:26.33 2:26.33	300m:	7:47.99 2:44.66	500m:	13:19.05 2:43.12	700m:	18:33.33 2:35.75
	200m:	5:03.33 2:37.00	400m:	10:35.93 2:47.94	600m:	15:57.58 2:38.53	800m:	21:08.47 2:35.14

AFGEM Inge Wolfs 60 HHZV Plons

Masters 55+, Dames

1.	Elke Ortloff		53 SSV Ostring Berlin				<b>13:38.69</b>	219
	100m:	1:33.16 1:33.16	300m:	4:59.35 1:43.94	500m:	8:28.60 1:44.22	700m:	11:57.85 1:44.53
	200m:	3:15.41 1:42.25	400m:	6:44.38 1:45.03	600m:	10:13.32 1:44.72	800m:	13:38.69 1:40.84
2.	Corine Kalbfleisch		52 DWT				<b>15:32.67</b>	148
	100m:	1:48.14 1:48.14	300m:	5:52.17 2:00.58	500m:	9:49.47 1:58.19	700m:	13:42.89 1:55.84
	200m:	3:51.59 2:03.45	400m:	7:51.28 1:59.11	600m:	11:47.05 1:57.58	800m:	15:32.67 1:49.78
3.	Gonnie Bak		51 PSV Masters				<b>15:53.20</b>	139
	100m:	1:48.51 1:48.51	300m:	5:49.86 2:01.00	500m:	9:53.23 2:02.23	700m:	13:56.13 2:01.37
	200m:	3:48.86 2:00.35	400m:	7:51.00 2:01.14	600m:	11:54.76 2:01.53	800m:	15:53.20 1:57.07

Masters 65+, Dames

1.	Christel Schreiber		41 SV Langenfeld 1912				<b>15:26.96</b>	151
	100m:	1:47.65 1:47.65	300m:	5:40.78 1:56.88	500m:	9:38.07 1:59.00	700m:	13:34.27 1:58.03
	200m:	3:43.90 1:56.25	400m:	7:39.07 1:58.29	600m:	11:36.24 1:58.17	800m:	15:26.96 1:52.69
2.	Loekie v. Huissteden		45 AZ&PC				<b>18:14.68</b>	91
	100m:	2:03.43 2:03.43	300m:	6:45.93 2:21.78	500m:	11:24.24 2:18.11	700m:	16:02.24 2:18.87
	200m:	4:24.15 2:20.72	400m:	9:06.13 2:20.20	600m:	13:43.37 2:19.13	800m:	18:14.68 2:12.44
3.	Gitty Wahl		41 VfR Übach-Palenberg				<b>20:34.77</b>	64
	100m:	2:20.74 2:20.74	300m:	7:30.85 2:34.72	500m:	12:43.24 2:35.56	700m:	18:00.57 2:38.44
	200m:	4:56.13 2:35.39	400m:	10:07.68 2:36.83	600m:	15:22.13 2:38.89	800m:	20:34.77 2:34.20

Masters 70+, Dames

1.	Bep van Riessen		37 Aquapoldro				<b>19:17.59</b>	77
	100m:	2:04.70 2:04.70	300m:	6:52.35 2:22.73	500m:	11:48.50 2:28.00	700m:	16:48.52 2:30.41
	200m:	4:29.62 2:24.92	400m:	9:20.50 2:28.15	600m:	14:18.11 2:29.61	800m:	19:17.59 2:29.07

Masters 80+, Dames

1.	Ati Derkse		29 Aquapoldro				<b>23:22.03</b>	43
	100m:	2:51.34 2:51.34	300m:	8:46.79 2:58.37	500m:	14:38.85 2:55.62	700m:	20:32.82 2:56.97
	200m:	5:48.42 2:57.08	400m:	11:43.23 2:56.44	600m:	17:35.85 2:57.00	800m:	23:22.03 2:49.21

18e Kristalbad Dutch Open  
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Programmanr. 3  
12-06-2010

100m vlinderslag

20 - 94 jaar  
Resultaten

Punten: FINA 2010

Rang	Geb.		Tijd	Pnt	50m	100m
<b>Masters 20+, Heren</b>						
1.	Emile Manni	90 Octopus	<b>1:03.46</b>	483		1:03.46
2.	Rick Hollinski	88 SSV Ostring Berlin	<b>1:06.30</b>	424		1:06.30
3.	Albert Dijkma	87 ZC De Forel Wolvega	<b>1:36.51</b>	137		1:36.51
<b>Masters 25+, Heren</b>						
1.	Thommy Nickel	84 Barracuda	<b>1:08.82</b>	379		1:08.82
2.	Dennis Boek	82 ZC De Forel Wolvega	<b>1:33.18</b>	152		1:33.18
3.	Mark Brinkhuis	83 Oostdobbers	<b>1:37.64</b>	132		1:37.64
<b>Masters 30+, Heren</b>						
1.	Michel Wigbers	80 DWT	<b>1:15.10</b>	291		1:15.10
<b>Masters 35+, Heren</b>						
1.	Oscar van Holsteyn	71 AquaMigos	<b>1:11.07</b>	344		1:11.07
2.	Kasper van den Berghe	73 Swol 1894	<b>1:17.78</b>	262		1:17.78
<b>Masters 40+, Heren</b>						
1.	Harald Mulder	67 Zoetermeer	<b>1:23.11</b>	215		1:23.11
AFGEM	Geert Wijn	67 De Gelenberg				
<b>Masters 45+, Heren</b>						
1.	Erik Wetsteijn	65 Swol 1894	<b>1:18.72</b>	253		1:18.72
<b>Masters 50+, Heren</b>						
1.	Jan Willem Heuten	60 WS Twente	<b>1:27.11</b>	187		1:27.11
AFGEM	Albert Boonstra	57 Aqua-Novio '94				
<b>Masters 55+, Heren</b>						
1.	Joe Capka	54 Neptunus	<b>1:23.18</b>	214		1:23.18
<b>Masters 65+, Heren</b>						
1.	Manfred Bottin	41 SV Langenfeld 1912	<b>1:46.59</b>	102		1:46.59
<b>Masters 20+, Dames</b>						
1.	Jen-Ai van Soelen	90 Zuiderzeezwemmers	<b>1:16.60</b>	391		1:16.60
2.	Gerrie Zuyderwijk	87 TZC Vahalis	<b>1:21.66</b>	323		1:21.66
3.	Liesbeth van Mill	87 DWK	<b>1:26.88</b>	268		1:26.88
4.	Maaïke van Diggele	87 ZPB H&L	<b>1:26.97</b>	267		1:26.97
5.	Margriet Aan het Rot	86 Octopus	<b>1:33.39</b>	216		1:33.39
<b>Masters 25+, Dames</b>						
1.	Esther Versteeg	83 Barracuda	<b>1:12.07</b>	470		1:12.07
2.	Ariane Redecke	82 Aquapoldro	<b>1:41.09</b>	170		1:41.09
3.	Charlotte Wegman	85 Zwemclub Ten Boer	<b>1:44.52</b>	154		1:44.52

18e Kristalbad Dutch Open  
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Programmanr. 3, 100m vlinderslag

Masters 30+, Dames

1.	Hilde Buiten	79	Swol 1894	<b>1:21.26</b>	328	1:21.26
2.	Babette Rens	78	Dedemsvaart-AC	<b>1:27.90</b>	259	1:27.90
3.	Jolika Csibra	76	DES	<b>1:28.38</b>	255	1:28.38
4.	Kristel Lips	79	zv De Bron	<b>1:29.98</b>	241	1:29.98
5.	Marian Nederlof	76	DWF	<b>1:33.64</b>	214	1:33.64

Masters 40+, Dames

1.	Anita Smits	69	Z&PC DIO	<b>1:11.76</b>	476	1:11.76
2.	Lidia v. Bon-Rosenbrand	70	AZ&PC	<b>1:19.54</b>	350	1:19.54
3.	Alinda van Bruggen	68	Zwemclub Ten Boer	<b>1:32.97</b>	219	1:32.97
4.	Karin van den Heuvel	66	AquaMigos	<b>1:36.98</b>	193	1:36.98
DIS	Chita van der Goorbergh	68	Zoetermeer			

*AE - De aangegeven zwemslag niet uitgevoerd. (meer dan twee slagen: geen tijden noteren)*

Masters 45+, Dames

1.	Wilma van Velsen	64	Montferland	<b>1:23.12</b>	306	1:23.12
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Masters 50+, Dames

1.	Mathilde Vink	58	Swol 1894	<b>1:15.45</b>	410	1:15.45
2.	Janny van Eijk	58	zv De Bron	<b>1:28.69</b>	252	1:28.69

Masters 55+, Dames

1.	Andrea Fügen	53	Györ	<b>2:01.47</b>	98	2:01.47
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18e Kristalbad Dutch Open  
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Programmanr. 4 200m rugslag 20 - 94 jaar  
12-06-2010 Resultaten

Punten: FINA 2010

Rang	Geb.		Tijd	Pnt	100m	200m
<b>Masters 20+, Heren</b>						
1.	Erik van der Heide	88 Zuiderzeezwemmers	<b>2:31.87</b>	400	1:13.94	2:31.87
2.	Floris Manni	88 Octopus	<b>2:32.26</b>	397	1:13.13	2:32.26
3.	Thomas Lipski	87 SSV Ostring Berlin	<b>2:53.81</b>	266	1:23.05	2:53.81
4.	Björn Sonnenburg	86 SSV Ostring Berlin	<b>3:01.52</b>	234	1:24.98	3:01.52
<b>Masters 25+, Heren</b>						
1.	Thommy Nickel	84 Barracuda	<b>2:32.88</b>	392	1:13.51	2:32.88
2.	Albert van Piekeren	84 Octopus	<b>2:36.22</b>	367	1:15.08	2:36.22
DIS	Rudy de Jong	83 ZC De Forel Wolvega				
<i>AF - De aangegeven afstand niet uitgezwommen (geen tijden noteren).</i>						
AFGEM	Remco Veerkamp	81 Zuiderzeezwemmers				
<b>Masters 30+, Heren</b>						
1.	Marc Buis	79 Oostdobbers	<b>2:57.45</b>	250	1:22.58	2:57.45
<b>Masters 35+, Heren</b>						
1.	Arjan Aalbers	75 Swol 1894	<b>3:01.16</b>	235	1:26.20	3:01.16
<b>Masters 40+, Heren</b>						
1.	Casper de Zeeuw	70 WS Twente	<b>2:55.60</b>	258	1:24.10	2:55.60
2.	Gerco Schakel	69 DWK	<b>3:02.50</b>	230	1:29.92	3:02.50
3.	Jacques Verriet	70 Njord	<b>3:22.82</b>	168	1:38.28	3:22.82
4.	Henk Viering	66 Swol 1894	<b>3:37.92</b>	135	1:46.89	3:37.92
AFGEM	Fred van de Meeberg	66 Zignea				
<b>Masters 45+, Heren</b>						
1.	Erik Wetsteijn	65 Swol 1894	<b>3:01.52</b>	234	1:28.89	3:01.52
2.	Adri Pasman	64 Zuiderzeezwemmers	<b>3:44.26</b>	124	1:48.06	3:44.26
<b>Masters 60+, Heren</b>						
1.	Mans Buis	47 Oostdobbers	<b>3:45.08</b>	122	1:52.29	3:45.08
DIS	Reinier van Oosten	47 Zwemclub Ten Boer				
<i>AF - De aangegeven afstand niet uitgezwommen (geen tijden noteren).</i>						
<b>Masters 70+, Heren</b>						
1.	Gregor Pompen	37 Aqua-Novio '94	<b>4:07.53</b>	92	1:58.67	4:07.53
2.	Pieter Scharphorn	38 Neptunus	<b>4:57.67</b>	53	2:22.20	4:57.67
DIS	Frans van Enst	40 WS Twente	<b>3:04.44</b>		1:30.57	3:04.44
<i>RC - Rugligging verlaten tijdens de race zonder met de keerhandeling bezig te zijn.</i>						
<b>Masters 20+, Dames</b>						
1.	Lisanne Andeweg	88 Zuiderzeezwemmers	<b>2:56.18</b>	355	1:26.79	2:56.18
2.	Esther van Maastrigt	88 Montferland	<b>2:57.30</b>	348	1:26.85	2:57.30
3.	Sunanda van Heteren	89 PCG	<b>3:01.25</b>	326	1:27.48	3:01.25
4.	Julia Gauger	90 SSV Ostring Berlin	<b>3:02.56</b>	319	1:26.31	3:02.56
5.	Liset de Veer	87 Aqua-Novio '94	<b>3:07.59</b>	294	1:30.77	3:07.59
6.	Liesbeth van Mill	87 DWK	<b>3:11.57</b>	276	1:33.10	3:11.57

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Programmanr. 4, 200m rugslag

Masters 25+, Dames

1.	Hanneke Heymen	84	Montferland	<b>2:54.89</b>	363	1:25.51	2:54.89
2.	Charlotte Wegman	85	Zwemclub Ten Boer	<b>3:22.95</b>	232	1:38.17	3:22.95

Masters 30+, Dames

1.	Margriet Leeffers	78	Deltasteur	<b>3:31.11</b>	206	1:43.02	3:31.11
2.	Marina Przibylla	80	SG Vahr/Sebaldsbrück	<b>3:49.22</b>	161	1:46.27	3:49.22

Masters 35+, Dames

1.	Greta Wijma	71	DWK	<b>3:53.78</b>	152	1:51.98	3:53.78
2.	Fabienne Verriet-Regensburg	75	Njord	<b>4:20.41</b>	110	2:05.51	4:20.41

Masters 40+, Dames

1.	Annette van Dok	68	Gay Swim Amsterdam	<b>3:29.82</b>	210	1:43.95	3:29.82
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Masters 45+, Dames

1.	Annegret Birth	65	SSV Ostring Berlin	<b>3:25.84</b>	222	1:38.90	3:25.84
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Masters 50+, Dames

1.	Pia van der Molen	60	HZ&PC	<b>3:31.50</b>	205	1:40.54	3:31.50
2.	Katinka Elders	60	Oceanus	<b>3:42.93</b>	175	1:51.69	3:42.93
3.	Lies Hartman	56	VfR Übach-Palenberg	<b>4:49.55</b>	80	2:18.16	4:49.55

Masters 55+, Dames

1.	Tineke van Diggelen	52	Oceanus	<b>4:04.13</b>	133	1:59.00	4:04.13
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Masters 60+, Dames

1.	Antoinette Gilding-Tussaud	50	WS Twente	<b>3:45.95</b>	168	1:47.45	3:45.95
AFGEM	Hannelore Bottin	46	SV Langenfeld 1912				

Masters 65+, Dames

1.	Leny Kamp	44	Aquapoldro	<b>4:38.09</b>	90	2:16.89	4:38.09
2.	Pálma Csepeli	44	Budapest	<b>4:56.60</b>	74	2:26.26	4:56.60

Masters 70+, Dames

1.	Tineke de Bueger	37	Old Dutch	<b>5:37.44</b>	50	2:42.93	5:37.44
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18e Kristalbad Dutch Open  
Apeldoorn, 11. - 13.6.2010

Programmanr. 5 400m wisselslag 20 - 94 jaar  
12-06-2010 Resultaten

Punten: FINA 2010

Rang	Geb.		Tijd	Pnt	100m	200m	300m	400m
<b>Masters 20+, Heren</b>								
1.	Emile Manni	90	Octopus	<b>5:09.04</b>	491	1:08.40		5:09.04
2.	Jelte Heuten	86	WS Twente	<b>6:03.67</b>	301	1:19.82		6:03.67
3.	Albert Dijkma	87	ZC De Forel Wolvega	<b>6:37.29</b>	231	1:40.67		6:37.29
DIS	Jacko Dekker	89	Zuiderzeewemmers	<b>6:26.34</b>		1:32.81		6:26.34

*RH - Het eindpunt niet in rugligging aangeraakt.*

**Masters 45+, Heren**

1.	Ralf Gauger	62	SSV Ostring Berlin	<b>6:30.38</b>	243	1:28.01		6:30.38
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**Masters 50+, Heren**

1.	Albert Boonstra	57	Aqua-Novio '94	<b>5:39.89</b>	369	1:14.29		5:39.89
2.	Jan Willem Heuten	60	WS Twente	<b>7:04.21</b>	189	1:37.94		7:04.21
3.	Michiel Tonsbeek	60	DWT	<b>8:35.37</b>	105	2:24.16		8:35.37

**Masters 65+, Heren**

1.	Rob Hanou	43	PSV Masters	<b>7:12.19</b>	179	1:42.50		7:12.19
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**Masters 70+, Heren**

1.	Nico Geers	38	Z&PC De Gouwe	<b>7:48.32</b>	141	1:51.29		7:48.32
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**Masters 20+, Dames**

1.	Grit Aldus	90	SSV Ostring Berlin	<b>6:30.43</b>	328	1:34.32		6:30.43
2.	Joyce Mulder	90	WS Twente	<b>6:40.13</b>	305	1:31.36		6:40.13
3.	Maaïke van Diggele	87	ZPB H&L	<b>6:43.78</b>	297	1:28.80		6:43.78
4.	Margriet Aan het Rot	86	Octopus	<b>6:50.29</b>	283	1:33.71		6:50.29
5.	Janneke Wynia	90	WS Twente	<b>7:20.44</b>	228	1:50.55		7:20.44

**Masters 25+, Dames**

1.	Charlotte Wegman	85	Zwemclub Ten Boer	<b>7:14.04</b>	239	1:48.42		7:14.04
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**Masters 30+, Dames**

1.	Hilde Buiten	79	Swol 1894	<b>6:29.42</b>	331	1:23.12		6:29.42
2.	Babette Rens	78	Dedemsvaart-AC	<b>6:52.04</b>	279	1:34.96		6:52.04
3.	Margriet Leeffers	78	Deltasteur	<b>7:36.20</b>	206	1:51.19		7:36.20

**Masters 35+, Dames**

1.	Inez Heideman	75	WS Twente	<b>6:32.51</b>	323	1:27.16		6:32.51
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**Masters 40+, Dames**

1.	Lidia v. Bon-Rosenbrand	70	AZ&PC	<b>6:28.11</b>	334	1:24.08		6:28.11
2.	Karin van den Heuvel	66	AquaMigos	<b>7:06.88</b>	251	1:43.04		7:06.88
3.	Annette van Dok	68	Gay Swim Amsterdam	<b>7:44.06</b>	195	1:53.79		7:44.06

**Masters 45+, Dames**

1.	Annegret Birth	65	SSV Ostring Berlin	<b>7:27.32</b>	218	1:47.75		7:27.32
2.	Friderika Kerekes	65	AZ&PC	<b>7:37.81</b>	203	1:53.38		7:37.81

18e Kristalbad Dutch Open  
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Programmanr. 5, 400m wisselslag

Masters 55+, Dames

1. Elke Ortloff	53	SSV Ostring Berlin	<b>7:45.50</b>	193	1:55.59	7:45.50
2. Andrea Fügi	53	Györ	<b>9:20.58</b>	111	2:15.10	9:20.58

Masters 60+, Dames

1. A. Gilding-Tussaud	50	WS Twente	<b>8:37.89</b>	140	2:13.30	8:37.89
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Masters 65+, Dames

1. Matty van der Veen	44	Old Dutch	<b>8:37.72</b>	140	2:05.87	8:37.72
2. Pálma Csepeli	44	Budapest	<b>11:13.32</b>	64	2:43.76	11:13.32

18e Kristalbad Dutch Open  
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Programmanr. 6  
12-06-2010

4 x 50m wisselslag

80+  
Resultaten

Punten: FINA 2010

Rang				Tijd	Pnt
<b>80+, Heren</b>					
1.	<b>Octopus 1</b>		<b>Octopus</b>	<b>2:05.73</b>	412
	Albert van Piekeren	84	31.98 Emile Manni	90	
	Stefan van der Griff	87	Floris Manni	88	
<b>160+, Heren</b>					
1.	<b>SSV Ostring Berlin 1</b>		<b>SSV Ostring Berlin</b>	<b>2:36.70</b>	212
	Björn Sonnenburg	86	37.45 Ralf Gauger	62	
	Uwe Sonnenburg	63	Ingo Wolter	62	
<b>120+, Dames</b>					
1.	<b>Montferland 1</b>		<b>Montferland</b>	<b>2:50.18</b>	242
	Esther van Maastrigt	88	38.45 Wilma van Velsen	64	
	Evelien Bocking	64	Hanneke Heymen	84	
<b>160+, Dames</b>					
1.	<b>SSV Ostring Berlin 3</b>		<b>SSV Ostring Berlin</b>	<b>2:54.24</b>	225
	Annegret Birth	65	46.97 Katrin Aldus	61	
	Susanne Rogge	68	Ulrike Aldus	65	
<b>80+, Gemengd</b>					
1.	<b>Zuiderzeezwemmers 1</b>		<b>Zuiderzeezwemmers</b>	<b>2:16.03</b>	325
	Erik van der Heide	88	32.92 Jen-Ai van Soelen	90	
	Tim van Dongen	90	Lisanne Andeweg	88	
2.	<b>SSV Ostring Berlin 4</b>		<b>SSV Ostring Berlin</b>	<b>2:20.23</b>	296
	Grit Aldus	90	38.65 Julia Gauger	90	
	Rick Hollinski	88	Thomas Lipski	87	
3.	<b>SG Vahr/Sebaldsbrück</b>		<b>SG Vahr/Sebaldsbrück</b>	<b>2:25.26</b>	267
	Jens Oesselmann	90	37.54 Tasja Löhmann	89	
	Timo Oesselmann	88	Saskia Lipp	89	
<b>100+, Gemengd</b>					
1.	<b>WS Twente 1</b>		<b>WS Twente</b>	<b>2:36.72</b>	212
	Casper de Zeeuw	70	35.10 Joyce Mulder	90	
	Janneke Wynia	90	Jelte Heuten	86	
<b>160+, Gemengd</b>					
1.	<b>WS Twente 2</b>		<b>WS Twente</b>	<b>2:45.20</b>	181
	Jack Barends	62	41.60 Kim Brokelman	75	
	Marijke Kraak	60	Martin Hendrikse	65	
<b>240+, Gemengd</b>					
1.	<b>SSV Ostring Berlin 2</b>		<b>SSV Ostring Berlin</b>	<b>3:06.00</b>	127
	Annegret Birth	65	48.53 Ralf Gauger	62	
	Uwe Sonnenburg	63	Susanne Rogge	68	

18e Kristalbad Dutch Open  
Apeldoorn, 11. - 13.6.2010

Programmanr. 7 50m schoolslag 20 - 94 jaar  
12-06-2010 Resultaten

Punten: FINA 2010

Rang	Geb.	Tijd	Pnt
<b>Masters 20+, Heren</b>			
1.	René Zuyderwijk	89 TZC Vahalis	<b>34.23</b> 472
2.	Stefan van der Grift	87 Octopus	<b>34.48</b> 462
3.	Thomas Lipski	87 SSV Ostring Berlin	<b>36.28</b> 397
4.	Erik van der Heide	88 Zuiderzeewemmers	<b>36.86</b> 378
5.	Tim van Dongen	90 Zuiderzeewemmers	<b>37.78</b> 351
6.	Björn Sonnenburg	86 SSV Ostring Berlin	<b>39.53</b> 307
7.	Jens Oesselmann	90 SG Vahr/Sebaldsbrück	<b>41.50</b> 265
AFGEM	Melvin Onink	86 TZC Vahalis	
<b>Masters 25+, Heren</b>			
1.	Albert van Piekeren	84 Octopus	<b>34.56</b> 459
2.	Mark Dieleman	85 Zignea	<b>37.87</b> 349
	Mark Brinkhuis	83 Oostdobbers	<b>37.87</b> 349
4.	Remco Veerkamp	81 Zuiderzeewemmers	<b>43.61</b> 228
<b>Masters 30+, Heren</b>			
1.	Ron Langelaan	78 DAW-Finzeno	<b>34.23</b> 472
2.	Oliver de Haas	80 zv De Bron	<b>36.23</b> 398
3.	Okko de Haas	78 zv De Bron	<b>36.39</b> 393
4.	Marc Buis	79 Oostdobbers	<b>37.18</b> 369
5.	Arnauld Bongaarts	80 Zuiderzeewemmers	<b>39.22</b> 314
6.	Han Boone	77 Swol 1894	<b>39.37</b> 310
7.	Mike Kusters	77 zwemclub Twickel	<b>44.76</b> 211
<b>Masters 35+, Heren</b>			
1.	Leon ter Braak	71 zwemclub Twickel	<b>41.56</b> 264
2.	Dennis van Markesteyn	72 Olympia	<b>42.47</b> 247
<b>Masters 40+, Heren</b>			
1.	Rob Janssen	70 De Gelenberg	<b>38.46</b> 333
2.	Jacques Verriet	70 Njord	<b>40.50</b> 285
3.	Norbert Kets	68 HHZV Plons	<b>45.16</b> 205
4.	Marco van der Werf	69 Zignea	<b>48.13</b> 170
<b>Masters 45+, Heren</b>			
1.	Peter Fölker	64 Aqua-Novio '94	<b>38.23</b> 339
2.	Erik Wetsteijn	65 Swol 1894	<b>39.61</b> 305
3.	Uwe Sonnenburg	63 SSV Ostring Berlin	<b>40.22</b> 291
4.	Ingo Wolter	62 SSV Ostring Berlin	<b>40.90</b> 277
5.	Jack Barends	62 WS Twente	<b>41.51</b> 265
6.	Rob Segers	61 Aqua-Novio '94	<b>41.53</b> 264
7.	Frits Hof	64 WS Twente	<b>43.52</b> 230
8.	Rene Bakker	65 ZC De Forel Wolvega	<b>43.69</b> 227

18e Kristalbad Dutch Open  
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Programmanr. 7, 50m schoolslag

Masters 50+, Heren

1.	Willem Zwiers	58	AquaMigos	<b>39.26</b>	313
2.	Pieter de Jong	58	Aquapoldro	<b>41.78</b>	260
3.	Harry Paas	58	ZV Vlaardingen	<b>43.92</b>	223
4.	Jan Willem Heuten	60	WS Twente	<b>45.53</b>	200
5.	John Dam	60	Zignea	<b>47.13</b>	181
6.	Herbert Katgert	59	WS Twente	<b>48.87</b>	162

Masters 55+, Heren

1.	Sándor Bödi	51	Györ	<b>1:01.70</b>	80
AFGEM	Laurens klein Breteler	54	WWV		

Masters 60+, Heren

1.	Joop Draaisma	46	DZ&PC	<b>41.64</b>	262
2.	Yoshihiro Yasumi	49	De Futen	<b>42.32</b>	250
3.	Mar van Geel	47	Old Dutch	<b>46.25</b>	191
4.	Mans Buis	47	Oostdobbers	<b>51.54</b>	138
AFGEM	Donald Uijtenbogaart	47	Het Y		

Masters 65+, Heren

1.	Rob Hanou	43	PSV Masters	<b>42.02</b>	255
AFGEM	Nico Baay	42	Old Dutch		

Masters 70+, Heren

1.	Herman Rademaker	36	De Dolfijn	<b>53.26</b>	125
2.	Pieter Scharphorn	38	Neptunus	<b>1:02.16</b>	78

Masters 75+, Heren

1.	Taco van Blommestein	33	Aquapoldro	<b>55.65</b>	110
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Masters 80+, Heren

AFGEM	Coen Zoutendijk	30	Aquapoldro		
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Masters 20+, Dames

1.	Esther van Maastrigt	88	Montferland	<b>38.23</b>	473
2.	Jantina Bredewoud	88	Octopus	<b>39.20</b>	439
3.	Lisanne Andeweg	88	Zuiderzeewemmers	<b>41.37</b>	373
4.	Tasja Löhmann	89	SG Vahr/Sebaldsbrück	<b>42.06</b>	355
5.	Gerrie Zuyderwijk	87	TZC Vahalis	<b>42.20</b>	352
6.	Annemarie Jakobs	86	EZ&PC	<b>42.44</b>	346
7.	Maaïke van Diggele	87	ZPB H&L	<b>43.20</b>	328
8.	Kimberly Perdon	89	zwemclub Twickel	<b>45.00</b>	290
9.	Margriet Aan het Rot	86	Octopus	<b>45.02</b>	290
10.	Marieke van de Nieuwenhuijzen	88	zv De Bron	<b>45.15</b>	287
11.	Joëlle Vaes	90	Z&PC DIO	<b>47.82</b>	242
12.	Janneke Wynia	90	WS Twente	<b>53.52</b>	172
13.	Chastity Perdon	90	zwemclub Twickel	<b>54.80</b>	160
14.	Liesbeth Bruinekool	90	Zuiderzeewemmers	<b>1:08.60</b>	81

18e Kristalbad Dutch Open  
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Programmanr. 7, 50m schoolslag

Masters 25+, Dames

1. Annette Vogelsang	84	zv De Bron	<b>41.51</b>	369
2. Sabrina Dessens	85	zv De Bron	<b>45.08</b>	288
3. Nicole Snaphaan	84	De Gelenberg	<b>46.46</b>	263
4. Dana te Maarssen	81	zwemclub Twickel	<b>55.90</b>	151

Masters 30+, Dames

1. Claudia van Drunen	77	AquaMigos	<b>39.95</b>	415
2. Kristel Lips	79	zv De Bron	<b>43.32</b>	325
3. Marian Nederlof	76	DWF	<b>44.81</b>	294
4. Marina Przibylla	80	SG Vahr/Sebaldsbrück	<b>48.30</b>	234
5. Astrid Michorius	76	zwemclub Twickel	<b>53.85</b>	169

Masters 35+, Dames

1. Trudie van Niejenhuis	71	DES	<b>41.89</b>	360
2. Kim Brokelman	75	WS Twente	<b>46.48</b>	263
3. Ingrid ter Kulve	71	zwemclub Twickel	<b>47.28</b>	250
4. Rienke Boersma	72	zwemclub Twickel	<b>50.51</b>	205
5. Hariëtte Breukers	74	zwemclub Twickel	<b>1:01.79</b>	112
AFGEM Monique Oude Wesselink	74	zwemclub Twickel		

Masters 40+, Dames

1. Anita Smits	69	Z&PC DIO	<b>39.03</b>	445
2. Hanny Rotteveel	66	Zignea	<b>43.67</b>	317
3. Alinda van Bruggen	68	Zwemclub Ten Boer	<b>44.10</b>	308
4. Susanne Rogge	68	SSV Ostring Berlin	<b>45.43</b>	282
5. Remona Dekker	66	zv De Bron	<b>47.55</b>	246
6. Corine Hoeben	70	Zwemclub Ten Boer	<b>50.91</b>	200
7. Martine Venis	69	Aquapoldro	<b>52.22</b>	185
8. Annelies van den Berg	67	Aquapoldro	<b>52.51</b>	182
9. Korsine Gunther	67	TZC Vahalis	<b>55.04</b>	158

Masters 45+, Dames

1. Marja Bloemzaad	61	AZ&PC	<b>37.94</b>	484
2. Tineke Freriks	62	WWV	<b>45.04</b>	289
3. Alie Visser	64	HZ&PC	<b>48.16</b>	236
4. Jacqueline Brouwer	61	zv De Bron	<b>50.64</b>	203
5. Irene Hoenderdos	63	Aquapoldro	<b>54.48</b>	163
6. Michella van Ballegooyen	63	TZC Vahalis	<b>56.42</b>	147
7. Evelien Bockting	64	Montferland	<b>1:02.56</b>	108

Masters 50+, Dames

1. Pia van der Molen	60	HZ&PC	<b>48.07</b>	238
2. Elly Kiestra-Broertjes	56	Zignea	<b>49.48</b>	218
3. Janny van Eijk	58	zv De Bron	<b>49.85</b>	213
4. Katinka Elders	60	Oceanus	<b>50.38</b>	206
5. Willy Schoenmaker	59	DWK	<b>51.94</b>	188
6. Lies Hartman	56	VfR Übach-Palenberg	<b>59.25</b>	127
7. Joke Zuyderwijk	57	TZC Vahalis	<b>1:01.96</b>	111

18e Kristalbad Dutch Open  
Apeldoorn, 11. - 13.6.2010

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Programmanr. 7, 50m schoolslag

Masters 55+, Dames

1. Corine Kalbfleisch	52	DWT	<b>48.40</b>	233
2. Andrea Fügi	53	Györ	<b>51.43</b>	194

Masters 60+, Dames

1. Irene de Boer	46	zv De Bron	<b>56.65</b>	145
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Masters 65+, Dames

1. Matty van der Veen	44	Old Dutch	<b>52.18</b>	186
2. Ilse Achilles	41	SSV Ostring Berlin	<b>59.45</b>	125
3. Gitty Wahl	41	VfR Übach-Palenberg	<b>59.48</b>	125

Masters 70+, Dames

1. Barbara Hugo	38	SSG Bremen-Bremerhaven	<b>57.80</b>	137
2. Tineke de Bueger	37	Old Dutch	<b>1:01.41</b>	114
3. Hanny Pasman	39	Aquapoldro	<b>1:18.93</b>	53

18e Kristalbad Dutch Open  
Apeldoorn, 11. - 13.6.2010

Programmanr. 8  
12-06-2010

200m vrije slag

20 - 94 jaar  
Resultaten

Punten: FINA 2010

Rang	Geb.		Tijd	Pnt	100m	200m
<b>Masters 20+, Heren</b>						
1.	Jacko Dekker	89	Zuiderzeezwemmers	<b>2:27.90</b>	328	1:12.11 2:27.90
2.	Albert Dijkema	87	ZC De Forel Wolvega	<b>2:38.54</b>	266	1:16.05 2:38.54
3.	Yordi Zeijpveld	89	Aquapoldro	<b>3:08.95</b>	157	1:22.36 3:08.95
<b>Masters 25+, Heren</b>						
1.	Dennis Boek	82	ZC De Forel Wolvega	<b>2:29.86</b>	315	1:12.89 2:29.86
2.	Mark Dieleman	85	Zignea	<b>2:36.43</b>	277	1:09.89 2:36.43
3.	Rudy de Jong	83	ZC De Forel Wolvega	<b>2:37.96</b>	269	1:15.14 2:37.96
AFGEM	Michiel Timmers	84	Zuiderzeezwemmers			
<b>Masters 30+, Heren</b>						
1.	Okko de Haas	78	zv De Bron	<b>2:26.47</b>	337	1:10.09 2:26.47
2.	Michel Wigbers	80	DWT	<b>2:27.28</b>	332	1:09.43 2:27.28
3.	Steven Prins	79	HHZV Plons	<b>2:30.84</b>	309	1:11.40 2:30.84
4.	Sebastian Triebe	80	SG Vahr/Sebaldsbrück	<b>2:56.98</b>	191	1:21.67 2:56.98
<b>Masters 35+, Heren</b>						
1.	Oscar van Holsteyn	71	AquaMigos	<b>2:29.48</b>	317	1:09.23 2:29.48
2.	Sander de Weert	72	OEZA	<b>2:48.14</b>	223	1:21.02 2:48.14
<b>Masters 40+, Heren</b>						
1.	Geert Wijn	67	De Gelenberg	<b>2:10.31</b>	479	1:02.48 2:10.31
2.	Casper de Zeeuw	70	WS Twente	<b>2:38.88</b>	264	1:14.77 2:38.88
3.	Marco van der Werf	69	Zignea	<b>3:33.45</b>	109	1:32.75 3:33.45
<b>Masters 45+, Heren</b>						
1.	Edzo Huisman	63	Aquapoldro	<b>2:27.63</b>	329	1:08.72 2:27.63
2.	Ralf Gauger	62	SSV Ostring Berlin	<b>2:33.39</b>	294	1:13.12 2:33.39
3.	Mark Kas	61	HHZV Plons	<b>2:34.67</b>	286	1:13.32 2:34.67
4.	Bart van Calker	61	WS Twente	<b>2:40.83</b>	255	1:15.52 2:40.83
5.	Ingo Wolter	62	SSV Ostring Berlin	<b>2:41.69</b>	251	1:18.62 2:41.69
6.	Pieter-Sjoerd de Wijn	65	Aqua-Novio '94	<b>2:43.52</b>	242	1:19.71 2:43.52
7.	Rene Bakker	65	ZC De Forel Wolvega	<b>3:05.18</b>	167	1:26.77 3:05.18
8.	Adri Pasman	64	Zuiderzeezwemmers	<b>3:12.55</b>	148	3:12.55
9.	Perry Dekker	62	zv De Bron	<b>3:22.39</b>	128	1:35.51 3:22.39
DIS	Martin Hendrikse	65	WS Twente			
<i>AF - De aangegeven afstand niet uitgezwommen (geen tijden noteren).</i>						
<b>Masters 50+, Heren</b>						
1.	Albert Boonstra	57	Aqua-Novio '94	<b>2:22.76</b>	364	1:09.64 2:22.76
2.	Otto Zeijpveld	58	Aquapoldro	<b>2:25.51</b>	344	1:11.92 2:25.51
3.	Michael Aldus	56	SSV Ostring Berlin	<b>2:45.83</b>	232	1:16.64 2:45.83
4.	John Dam	60	Zignea	<b>2:46.42</b>	230	1:18.11 2:46.42
5.	Pieter de Jong	58	Aquapoldro	<b>2:51.05</b>	212	1:19.15 2:51.05
<b>Masters 55+, Heren</b>						
1.	Hugo Staudt	53	WS Twente	<b>2:42.73</b>	246	1:18.16 2:42.73
2.	Sándor Bödi	51	Győr	<b>4:05.65</b>	71	4:05.65

18e Kristalbad Dutch Open  
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Programmanr. 8, 200m vrije slag

Masters 60+, Heren

1.	Joop Draaisma	46	DZ&PC	<b>2:52.39</b>	207	1:21.29	2:52.39
2.	Mar van Geel	47	Old Dutch	<b>3:27.26</b>	119	1:37.23	3:27.26
3.	Henk Oostendorp	48	zv De Bron	<b>3:29.76</b>	114	1:40.23	3:29.76
4.	Reinier van Oosten	47	Zwemclub Ten Boer	<b>3:31.73</b>	111	1:34.76	3:31.73
5.	Michael Berg	47	SSV Ostring Berlin	<b>3:44.68</b>	93	1:43.56	3:44.68

Masters 65+, Heren

1.	Han Roos	45	zv De Bron	<b>2:56.74</b>	192		2:56.74
2.	Manfred Bottin	41	SV Langenfeld 1912	<b>3:11.27</b>	151	1:32.78	3:11.27
3.	Ruud Sloof	44	De Rijn	<b>3:12.81</b>	148	1:28.82	3:12.81
DIS	Geert Roelofs	45	DWK				

*AF - De aangegeven afstand niet uitgezwommen (geen tijden noteren).*

Masters 70+, Heren

1.	Nico Geers	38	Z&PC De Gouwe	<b>2:49.47</b>	218	1:23.64	2:49.47
2.	Gregor Pompen	37	Aqua-Novio '94	<b>3:15.51</b>	142	1:33.58	3:15.51

Masters 20+, Dames

1.	Lisanne Andeweg	88	Zuiderzeewimmers	<b>2:22.43</b>	499	1:09.07	2:22.43
2.	Jolanda Post	90	Z&PC DIO	<b>2:26.92</b>	454	1:11.95	2:26.92
3.	Grit Aldus	90	SSV Ostring Berlin	<b>2:31.92</b>	411	1:11.64	2:31.92
4.	Sanne te Riele	87	Swol 1894	<b>2:50.50</b>	290	1:22.29	2:50.50
5.	Liesbeth van Mill	87	DWK	<b>2:59.10</b>	251	1:25.52	2:59.10

Masters 25+, Dames

1.	Esther Versteeg	83	Barracuda	<b>2:26.95</b>	454	1:12.31	2:26.95
2.	Linda Hoogendam	83	d'ELFT	<b>2:35.77</b>	381	1:14.91	2:35.77
3.	Marlinda Hupkes	83	Aqua-Novio '94	<b>2:54.51</b>	271	1:21.70	2:54.51

Masters 30+, Dames

1.	Jolika Csibra	76	DES	<b>2:42.40</b>	336	1:17.12	2:42.40
2.	Heleen Menzo	80	Zignea	<b>2:44.42</b>	324	1:18.00	2:44.42
3.	Tilja den Broeder	80	Swol 1894	<b>2:58.94</b>	251	1:22.86	2:58.94
4.	Clementine van Bruxvoort	77	ZPB H&L	<b>3:17.04</b>	188	1:34.07	3:17.04
AFGEM	Femke Hofkens	78	Aqua-Novio '94				

Masters 35+, Dames

1.	Natacha van Hoof	73	ShaRK	<b>2:51.56</b>	285	1:24.01	2:51.56
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Masters 40+, Dames

1.	Cynthia Noordermeer	70	Het Y	<b>2:33.99</b>	394	1:16.43	2:33.99
2.	Iris van Aurich	69	Triton Putten	<b>2:51.22</b>	287	1:21.49	2:51.22
3.	Kristien van de Moortel	69	ShaRK	<b>2:59.60</b>	248	1:25.92	2:59.60
4.	Alinda van Bruggen	68	Zwemclub Ten Boer	<b>3:12.42</b>	202	1:28.86	3:12.42
5.	Remona Dekker	66	zv De Bron	<b>3:19.31</b>	182	1:32.56	3:19.31
6.	Corine Hoeben	70	Zwemclub Ten Boer	<b>3:20.50</b>	178	1:36.45	3:20.50
7.	Lenie Veldhuizen	68	ZC De Forel Wolvega	<b>4:14.76</b>	87	2:03.70	4:14.76

Masters 45+, Dames

1.	Jantine Braakman	65	zv De Bron	<b>2:41.95</b>	339	1:17.39	2:41.95
2.	Katrin Aldus	61	SSV Ostring Berlin	<b>2:55.20</b>	268	1:23.04	2:55.20
3.	Ulrike Aldus	65	SSV Ostring Berlin	<b>3:11.19</b>	206	1:27.77	3:11.19

18e Kristalbad Dutch Open  
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Programmanr. 8, 200m vrije slag

Masters 50+, Dames

1.	Marijke Kraak	60	WS Twente	<b>2:52.68</b>	280	1:23.50	2:52.68
2.	Riny Zeijpveld	60	De Berkelduikers	<b>2:59.54</b>	249	1:26.64	2:59.54
3.	Pauline van Loon	56	Aqua-Novio '94	<b>3:28.04</b>	160	1:41.49	3:28.04
4.	Joke Burgers	60	Oostdobbers	<b>3:51.14</b>	116	1:49.10	3:51.14
5.	Lies Hartman	56	VfR Übach-Palenberg	<b>4:54.13</b>	56	2:19.50	4:54.13

Masters 55+, Dames

1.	Elke Ortloff	53	SSV Ostring Berlin	<b>3:16.07</b>	191	1:33.69	3:16.07
2.	Tineke van Diggelen	52	Oceanus	<b>3:40.86</b>	133	1:43.36	3:40.86

Masters 60+, Dames

1.	Conny Boer-Buys	50	ZV Vlaardingen	<b>2:41.67</b>	341	1:18.16	2:41.67
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Masters 65+, Dames

1.	Loekie v. Huissteden	45	AZ&PC	<b>3:56.95</b>	108	1:50.85	3:56.95
2.	Pálma Csepeli	44	Budapest	<b>4:58.77</b>	54	2:23.72	4:58.77

Masters 70+, Dames

1.	Bep van Riessen	37	Aquapoldro	<b>4:30.80</b>	72	2:07.02	4:30.80
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18e Kristalbad Dutch Open  
Apeldoorn, 11. - 13.6.2010

Programmanr. 9  
12-06-2010

100m rugslag

20 - 94 jaar  
Resultaten

Punten: FINA 2010

Rang	Geb.		Tijd	Pnt	50m	100m
<b>Masters 20+, Heren</b>						
1.	88	Floris Manni Octopus	<b>1:09.33</b>	420		1:09.33
2.	88	Erik van der Heide Zuiderzeewimmers	<b>1:09.58</b>	415		1:09.58
3.	88	Rick Hollinski SSV Ostring Berlin	<b>1:16.64</b>	311		1:16.64
4.	87	Thomas Lipski SSV Ostring Berlin	<b>1:17.18</b>	304		1:17.18
<b>Masters 25+, Heren</b>						
1.	84	Thommy Nickel Barracuda	<b>1:10.52</b>	399		1:10.52
2.	85	Mark Dieleman Zignea	<b>1:22.96</b>	245		1:22.96
<b>Masters 30+, Heren</b>						
1.	79	Marc Buis Oostdobbers	<b>1:19.39</b>	280		1:19.39
<b>Masters 35+, Heren</b>						
1.	71	Leon ter Braak zwemclub Twickel	<b>1:34.85</b>	164		1:34.85
<b>Masters 40+, Heren</b>						
1.	68	René Correljé HHZV Plons	<b>1:16.02</b>	318		1:16.02
2.	69	Gerco Schakel DWK	<b>1:25.70</b>	222		1:25.70
3.	66	Henk Viering Swol 1894	<b>1:45.19</b>	120		1:45.19
AFGEM	66	Fred van de Meeberg Zignea				
<b>Masters 45+, Heren</b>						
1.	65	Erik Wetsteijn Swol 1894	<b>1:19.45</b>	279		1:19.45
2.	64	Peter Fölker Aqua-Novio '94	<b>1:22.26</b>	251		1:22.26
3.	65	Hans Maas Zwem Goud	<b>1:31.63</b>	182		1:31.63
<b>Masters 50+, Heren</b>						
1.	58	Harry Paas ZV Vlaardingen	<b>1:35.08</b>	163		1:35.08
2.	59	Herbert Katgert WS Twente	<b>2:08.02</b>	66		2:08.02
<b>Masters 60+, Heren</b>						
1.	47	Mans Buis Oostdobbers	<b>1:39.93</b>	140		1:39.93
<b>Masters 70+, Heren</b>						
1.	40	Frans van Enst WS Twente	<b>1:26.54</b>	216		1:26.54
2.	38	Pieter Scharphorn Neptunus	<b>2:13.55</b>	58		2:13.55
<b>Masters 20+, Dames</b>						
1.	90	Jen-Ai van Soelen Zuiderzeewimmers	<b>1:20.02</b>	383		1:20.02
2.	89	Saskia Lipp SG Vahr/Sebaldsbrück	<b>1:21.11</b>	367		1:21.11
3.	90	Julia Gauger SSV Ostring Berlin	<b>1:24.17</b>	329		1:24.17
4.	89	Sunanda van Heteren PCG	<b>1:25.41</b>	315		1:25.41
5.	87	Liset de Veer Aqua-Novio '94	<b>1:27.65</b>	291		1:27.65
6.	88	Annebeth van Ark Octopus	<b>1:33.23</b>	242		1:33.23
7.	89	Kimberly Perdon zwemclub Twickel	<b>1:38.98</b>	202		1:38.98
8.	90	Marleen Beeuwkes De Dolfijn	<b>1:39.88</b>	197		1:39.88
9.	90	Chastity Perdon zwemclub Twickel	<b>1:58.00</b>	119		1:58.00

18e Kristalbad Dutch Open  
Apeldoorn, 11. - 13.6.2010

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Programmanr. 9, 100m rugslag

Masters 25+, Dames

1.	Lena Lipp	85	SG Vahr/Sebaldsbrück	<b>1:27.60</b>	292	1:27.60
2.	Charlotte Wegman	85	Zwemclub Ten Boer	<b>1:32.16</b>	250	1:32.16
3.	Mirjam Minderhoud	83	Zignea	<b>1:39.82</b>	197	1:39.82

Masters 30+, Dames

1.	Claudia van Drunen	77	AquaMigos	<b>1:25.02</b>	319	1:25.02
2.	Babette Rens	78	Dedemsvaart-AC	<b>1:29.34</b>	275	1:29.34
3.	Marina Przibylla	80	SG Vahr/Sebaldsbrück	<b>1:41.62</b>	187	1:41.62

Masters 35+, Dames

1.	Trudie van Niejenhuis	71	DES	<b>1:23.54</b>	336	1:23.54
2.	Greta Wijma	71	DWK	<b>1:49.72</b>	148	1:49.72
3.	Fabienne Verriet-Regensburg	75	Njord	<b>2:06.42</b>	97	2:06.42

Masters 40+, Dames

1.	Annette van Dok	68	Gay Swim Amsterdam	<b>1:39.31</b>	200	1:39.31
2.	Haya Mellema	66	Aquapoldro	<b>1:54.73</b>	130	1:54.73

Masters 45+, Dames

1.	Wilma van Velsen	64	Montferland	<b>1:24.76</b>	322	1:24.76
2.	Annegret Birth	65	SSV Ostring Berlin	<b>1:32.08</b>	251	1:32.08

Masters 50+, Dames

1.	Inge Wolfs	60	HHZV Plons	<b>1:35.53</b>	225	1:35.53
2.	Patty Verhagen	59	AquaMigos	<b>1:37.35</b>	212	1:37.35
3.	Lies Hartman	56	VfR Übach-Palenberg	<b>2:13.12</b>	83	2:13.12
4.	Joke Zuyderwijk	57	TZC Vahalis	<b>2:44.52</b>	44	2:44.52

Masters 55+, Dames

1.	Elke Ortloff	53	SSV Ostring Berlin	<b>1:44.67</b>	171	1:44.67
2.	Tineke van Diggelen	52	Oceanus	<b>1:54.98</b>	129	1:54.98

Masters 60+, Dames

1.	Antoinette Gilding-Tussaud	50	WS Twente	<b>1:48.30</b>	154	1:48.30
AFGEM	Hannelore Bottin	46	SV Langenfeld 1912			

Masters 65+, Dames

1.	Leny Kamp	44	Aquapoldro	<b>2:12.13</b>	85	2:12.13
2.	Pálma Csepeli	44	Budapest	<b>2:22.99</b>	67	2:22.99

Masters 70+, Dames

1.	Tineke de Bueger	37	Old Dutch	<b>2:43.81</b>	44	2:43.81
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18e Kristalbad Dutch Open  
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Programmanr. 10  
12-06-2010

200m wisselslag

20 - 94 jaar  
Resultaten

Punten: FINA 2010

Rang	Geb.		Tijd	Pnt	100m	200m
<b>Masters 20+, Heren</b>						
1.	Emile Manni	90 Octopus	<b>2:24.16</b>	495		2:24.16
2.	Björn Sonnenburg	86 SSV Ostring Berlin	<b>2:58.26</b>	262		2:58.26
3.	Albert Dijkma	87 ZC De Forel Wolvega	<b>2:58.34</b>	261		2:58.34
<b>Masters 25+, Heren</b>						
1.	Thommy Nickel	84 Barracuda	<b>2:34.21</b>	405		2:34.21
2.	Mark Dieleman	85 Zignea	<b>2:53.60</b>	283		2:53.60
AFGEM	Michiel Timmers	84 Zuiderzeezwemmers				
<b>Masters 40+, Heren</b>						
1.	Gerco Schakel	69 DWK	<b>2:59.98</b>	254		2:59.98
2.	Jacques Verriet	70 Njord	<b>3:08.07</b>	223		3:08.07
3.	Harald Mulder	67 Zoetermeer	<b>3:09.48</b>	218		3:09.48
<b>Masters 45+, Heren</b>						
1.	Ralf Gauger	62 SSV Ostring Berlin	<b>2:54.55</b>	279		2:54.55
2.	Erik Wetsteijn	65 Swol 1894	<b>2:55.10</b>	276		2:55.10
3.	Ingo Wolter	62 SSV Ostring Berlin	<b>3:11.97</b>	209		3:11.97
<b>Masters 50+, Heren</b>						
1.	Willem Zwiers	58 AquaMigos	<b>3:09.44</b>	218		3:09.44
2.	Michael Aldus	56 SSV Ostring Berlin	<b>3:16.26</b>	196		3:16.26
3.	Pieter de Jong	58 Aquapoldro	<b>3:16.31</b>	196		3:16.31
DIS	Michiel Tonsbeek	60 DWT	<b>3:48.46</b>			3:48.46
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>					
<b>Masters 55+, Heren</b>						
1.	Joe Capka	54 Neptunus	<b>3:15.14</b>	199		3:15.14
<b>Masters 60+, Heren</b>						
1.	Reinier van Oosten	47 Zwemclub Ten Boer	<b>3:55.72</b>	113		3:55.72
<b>Masters 65+, Heren</b>						
1.	Rob Hanou	43 PSV Masters	<b>3:25.20</b>	171		3:25.20
<b>Masters 70+, Heren</b>						
1.	Frans van Enst	40 WS Twente	<b>3:20.98</b>	182		3:20.98
2.	Herman Rademaker	36 De Dolfijn	<b>4:20.20</b>	84		4:20.20
<b>Masters 20+, Dames</b>						
1.	Maaïke van Diggele	87 ZPB H&L	<b>2:59.80</b>	345		2:59.80
2.	Sunanda van Heteren	89 PCG	<b>3:00.54</b>	341		3:00.54
3.	Julia Gauger	90 SSV Ostring Berlin	<b>3:03.02</b>	327		3:03.02
4.	Liesbeth van Mill	87 DWK	<b>3:07.11</b>	306		3:07.11
5.	Joyce Mulder	90 WS Twente	<b>3:11.64</b>	285		3:11.64
6.	Joëlle Vaes	90 Z&PC DIO	<b>3:14.26</b>	273		3:14.26
7.	Margriet Aan het Rot	86 Octopus	<b>3:16.21</b>	265		3:16.21
8.	Tasja Löhmann	89 SG Vahr/Sebaldsbrück	<b>3:19.27</b>	253		3:19.27
9.	Liesbeth Bruinekool	90 Zuiderzeezwemmers	<b>4:53.75</b>	79		4:53.75

18e Kristalbad Dutch Open  
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Programmanr. 10, 200m wisselslag

Masters 25+, Dames

1.	Annette Vogelsang	84	zv De Bron	<b>3:03.92</b>	322	3:03.92
2.	Charlotte Wegman	85	Zwemclub Ten Boer	<b>3:32.04</b>	210	3:32.04

Masters 30+, Dames

1.	Hilde Buiten	79	Swol 1894	<b>2:53.38</b>	385	2:53.38
2.	Kristel Lips	79	zv De Bron	<b>3:05.49</b>	314	3:05.49

Masters 40+, Dames

1.	Hanny Rotteveel	66	Zignea	<b>3:11.20</b>	287	3:11.20
2.	Iris van Aurich	69	Triton Putten	<b>3:12.18</b>	282	3:12.18
3.	Karin van den Heuvel	66	AquaMigos	<b>3:19.47</b>	252	3:19.47
4.	Alinda van Bruggen	68	Zwemclub Ten Boer	<b>3:21.21</b>	246	3:21.21
5.	Annette van Dok	68	Gay Swim Amsterdam	<b>3:46.25</b>	173	3:46.25
6.	Martine Venis	69	Aquapoldro	<b>3:59.17</b>	146	3:59.17
DIS	Annelies van den Berg	67	Aquapoldro	<b>4:29.48</b>		4:29.48

*SL - Met één hand keer- en/of eindpunt aangetikt.*

Masters 45+, Dames

1.	Jantine Braakman	65	zv De Bron	<b>3:03.37</b>	325	3:03.37
2.	Annegret Birth	65	SSV Ostring Berlin	<b>3:29.70</b>	217	3:29.70
3.	Friderika Kerekes	65	AZ&PC	<b>3:39.11</b>	190	3:39.11
4.	Alie Visser	64	HZ&PC	<b>3:47.20</b>	171	3:47.20

Masters 50+, Dames

1.	Pia van der Molen	60	HZ&PC	<b>3:32.91</b>	208	3:32.91
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Masters 55+, Dames

1.	Elke Ortloff	53	SSV Ostring Berlin	<b>3:40.72</b>	186	3:40.72
2.	Andrea Fügen	53	Györ	<b>4:24.39</b>	108	4:24.39

Masters 65+, Dames

1.	Matty van der Veen	44	Old Dutch	<b>3:57.92</b>	149	3:57.92
2.	Pálma Csepeli	44	Budapest	<b>5:24.36</b>	58	5:24.36

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Programmanr. 11 50m vrije slag 20 - 94 jaar  
12-06-2010 Resultaten

Punten: FINA 2010

Rang	Geb.		Tijd	Pnt
<b>Masters 20+, Heren</b>				
1.	89	TZC Vahalis	<b>26.28</b>	505
2.	88	Zuiderzeezwemmers	<b>27.31</b>	450
3.	90	SG Vahr/Sebaldsbrück	<b>27.90</b>	422
4.	88	SG Vahr/Sebaldsbrück	<b>29.32</b>	364
AFGEM	86	TZC Vahalis		
<b>Masters 25+, Heren</b>				
1.	84	Barracuda	<b>27.60</b>	436
2.	82	ZC De Forel Wolvega	<b>28.68</b>	389
3.	85	Zignea	<b>30.49</b>	323
4.	83	ZC De Forel Wolvega	<b>32.04</b>	279
<b>Masters 30+, Heren</b>				
1.	80	zv De Bron	<b>27.60</b>	436
2.	80	DWT	<b>29.06</b>	374
3.	79	HHZV Plons	<b>29.59</b>	354
4.	80	Zuiderzeezwemmers	<b>29.96</b>	341
5.	79	Oostdobbers	<b>30.68</b>	317
6.	77	zwemclub Twickel	<b>41.30</b>	130
<b>Masters 35+, Heren</b>				
1.	72	OEZA	<b>31.17</b>	303
2.	72	Olympia	<b>31.67</b>	289
3.	71	zwemclub Twickel	<b>33.88</b>	236
<b>Masters 40+, Heren</b>				
1.	67	De Gelenberg	<b>26.69</b>	482
2.	67	Zoetermeer	<b>30.64</b>	319
3.	70	De Gelenberg	<b>31.42</b>	296
4.	69	Zignea	<b>39.67</b>	147
AFGEM	66	Zignea		
<b>Masters 45+, Heren</b>				
1.	65	Swol 1894	<b>30.07</b>	337
2.	65	Aqua-Novio '94	<b>31.17</b>	303
3.	62	WS Twente	<b>31.89</b>	283
4.	62	SSV Ostring Berlin	<b>32.92</b>	257
5.	65	ZC De Forel Wolvega	<b>32.93</b>	257
6.	65	WS Twente	<b>33.02</b>	255
7.	64	WS Twente	<b>33.30</b>	248
8.	65	Zwem Goud	<b>34.08</b>	231
9.	64	Zuiderzeezwemmers	<b>34.19</b>	229
10.	62	zv De Bron	<b>38.30</b>	163
<b>Masters 50+, Heren</b>				
1.	58	Aquapoldro	<b>30.39</b>	327
2.	60	Zignea	<b>32.72</b>	262
AFGEM	58	HHZV Plons		

18e Kristalbad Dutch Open  
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Programmanr. 11, 50m vrije slag

Masters 55+, Heren

1. Hugo Staudt	53	WS Twente	<b>31.22</b>	301
2. Sándor Bödi	51	Győr	<b>48.76</b>	79

Masters 60+, Heren

1. Michael Berg	47	SSV Ostring Berlin	<b>36.26</b>	192
2. Mans Buis	47	Oostdobbbers	<b>37.45</b>	174
3. Mar van Geel	47	Old Dutch	<b>38.16</b>	165
AFGEM Donald Uijtenbogaart	47	Het Y		

Masters 65+, Heren

1. Han Roos	45	zv De Bron	<b>33.89</b>	235
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Masters 70+, Heren

1. Nico Geers	38	Z&PC De Gouwe	<b>34.31</b>	227
2. Herman Rademaker	36	De Dolfijn	<b>42.64</b>	118
3. Pieter Scharphorn	38	Neptunus	<b>52.03</b>	65

Masters 75+, Heren

1. Taco van Blommestein	33	Aquapoldro	<b>54.57</b>	56
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Masters 20+, Dames

1. Jolanda Post	90	Z&PC DIO	<b>28.74</b>	562
2. Jen-Ai van Soelen	90	Zuiderzeewemmers	<b>30.61</b>	465
3. Grit Aldus	90	SSV Ostring Berlin	<b>30.82</b>	456
4. Lisanne Andeweg	88	Zuiderzeewemmers	<b>30.91</b>	452
5. Gerrie Zuyderwijk	87	TZC Vahalis	<b>31.47</b>	428
6. Esther van Maastrigt	88	Montferland	<b>32.13</b>	402
7. Annemarie Jakobs	86	EZ&PC	<b>32.45</b>	391
8. Julia Gauger	90	SSV Ostring Berlin	<b>33.89</b>	343
9. Julia Löhmann	90	SG Vahr/Sebaldsbrück	<b>35.48</b>	299
10. Kimberly Perdon	89	zwemclub Twickel	<b>35.96</b>	287
11. Annebeth van Ark	88	Octopus	<b>36.07</b>	284
12. Marleen Beeuwkes	90	De Dolfijn	<b>38.16</b>	240
13. Chastity Perdon	90	zwemclub Twickel	<b>41.10</b>	192
14. Liesbeth Bruinekool	90	Zuiderzeewemmers	<b>54.80</b>	81

Masters 25+, Dames

1. Esther Versteeg	83	Barracuda	<b>31.08</b>	445
2. Laura Badoux	82	DAW-Finzeno	<b>31.10</b>	444
3. Lena Lipp	85	SG Vahr/Sebaldsbrück	<b>31.76</b>	417
4. Marlinda Hupkes	83	Aqua-Novio '94	<b>34.82</b>	316
5. Ariane Redecke	82	Aquapoldro	<b>35.71</b>	293
6. Mirjam Minderhoud	83	Zignea	<b>37.67</b>	249
7. Nicole Snaphaan	84	De Gelenberg	<b>38.24</b>	238
8. Dana te Maarssen	81	zwemclub Twickel	<b>39.35</b>	219

18e Kristalbad Dutch Open  
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Programmanr. 11, 50m vrije slag

Masters 30+, Dames

1.	Claudia van Drunen	77	AquaMigos	<b>29.63</b>	513
2.	Heleen Menzo	80	Zignea	<b>31.94</b>	410
3.	Marian Nederlof	76	DWF	<b>32.29</b>	396
4.	Jolika Csibra	76	DES	<b>32.44</b>	391
5.	Tilja den Broeder	80	Swol 1894	<b>34.98</b>	312
6.	Clementine van Bruxvoort	77	ZPB H&L	<b>37.80</b>	247
7.	Marina Przibylla	80	SG Vahr/Sebaldsbrück	<b>40.87</b>	195
8.	Astrid Michorius	76	zwemclub Twickel	<b>46.80</b>	130

Masters 35+, Dames

1.	Inez Heideman	75	WS Twente	<b>30.76</b>	459
2.	Trudie van Niejenhuis	71	DES	<b>32.32</b>	395
3.	Kim Brokelman	75	WS Twente	<b>35.88</b>	289
4.	Natacha van Hoof	73	ShaRK	<b>36.27</b>	280
5.	Ingrid ter Kulve	71	zwemclub Twickel	<b>38.20</b>	239
6.	Rienke Boersma	72	zwemclub Twickel	<b>38.60</b>	232
7.	Fabienne Verriet-Regensburg	75	Njord	<b>44.38</b>	152
8.	Hariëtte Breukers	74	zwemclub Twickel	<b>46.29</b>	134
AFGEM	Monique Oude Wesselink	74	zwemclub Twickel		

Masters 40+, Dames

1.	Susanne Rogge	68	SSV Ostring Berlin	<b>33.49</b>	355
2.	Kristien van de Moortel	69	ShaRK	<b>34.76</b>	318
3.	Remona Dekker	66	zv De Bron	<b>36.67</b>	270
4.	Martine Venis	69	Aquapoldro	<b>40.01</b>	208
5.	Corine Hoeben	70	Zwemclub Ten Boer	<b>41.39</b>	188
6.	Korsine Gunther	67	TZC Vahalis	<b>41.65</b>	184
7.	Annelies van den Berg	67	Aquapoldro	<b>47.94</b>	121
8.	Haya Mellema	66	Aquapoldro	<b>48.60</b>	116
9.	Lenie Veldhuizen	68	ZC De Forel Wolvega	<b>58.33</b>	67
AFGEM	Ellen Schravendeel	70	Aqua-Novio '94		

Masters 45+, Dames

1.	Wilma van Velsen	64	Montferland	<b>30.70</b>	461
2.	Katrin Aldus	61	SSV Ostring Berlin	<b>34.02</b>	339
3.	Tineke Freriks	62	WWV	<b>36.07</b>	284
4.	Ulrike Aldus	65	SSV Ostring Berlin	<b>38.45</b>	235
5.	Michella van Ballegooyen	63	TZC Vahalis	<b>45.42</b>	142
6.	Irene Hoenderdos	63	Aquapoldro	<b>47.35</b>	125

Masters 50+, Dames

1.	Marijke Kraak	60	WS Twente	<b>33.90</b>	342
2.	Elly Kiestra-Broertjes	56	Zignea	<b>38.28</b>	238
3.	Joke Burgers	60	Oostdobbars	<b>41.65</b>	184
4.	Pauline van Loon	56	Aqua-Novio '94	<b>43.66</b>	160
5.	Lies Hartman	56	VfR Übach-Palenberg	<b>59.13</b>	64
AFGEM	Katinka Elders	60	Oceanus		

Masters 60+, Dames

1.	Conny Boer-Buys	50	ZV Vlaardingen	<b>32.17</b>	401
2.	Irene de Boer	46	zv De Bron	<b>1:00.43</b>	60

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Programmanr. 11, 50m vrije slag

Masters 65+, Dames

1. Gitty Wahl	41	VfR Übach-Palenberg	<b>55.70</b>	77
2. Ilse Achilles	41	SSV Ostring Berlin	<b>59.08</b>	64

Masters 70+, Dames

1. Barbara Hugo	38	SSG Bremen-Bremerhaven	<b>54.36</b>	83
2. Tineke de Bueger	37	Old Dutch	<b>1:03.07</b>	53
3. Hanny Pasman	39	Aquapoldro	<b>1:10.68</b>	37

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Programmanr. 12  
12-06-2010

100m schoolslag

20 - 94 jaar  
Resultaten

Punten: FINA 2010

Rang	Geb.	Tijd	Pnt	50m	100m	
<b>Masters 20+, Heren</b>						
1.	Stefan van der Grift	87	Octopus	<b>1:18.50</b>	415	1:18.50
	<i>Wereld Masters Record</i>					
2.	Tim van Dongen	90	Zuiderzeewemmers	<b>1:23.86</b>	340	1:23.86
3.	Erik van der Heide	88	Zuiderzeewemmers	<b>1:24.57</b>	332	1:24.57
4.	Thomas Lipski	87	SSV Ostring Berlin	<b>1:24.83</b>	329	1:24.83
5.	Björn Sonnenburg	86	SSV Ostring Berlin	<b>1:29.54</b>	280	1:29.54
6.	Timo Oesselmann	88	SG Vahr/Sebaldsbrück	<b>1:31.07</b>	266	1:31.07
7.	Jacko Dekker	89	Zuiderzeewemmers	<b>1:31.52</b>	262	1:31.52
8.	Albert Dijkstra	87	ZC De Forel Wolvega	<b>1:49.29</b>	153	1:49.29
<b>Masters 25+, Heren</b>						
1.	Albert van Piekeren	84	Octopus	<b>1:17.60</b>	430	1:17.60
2.	Mark Brinkhuis	83	Oostdobbers	<b>1:25.94</b>	316	1:25.94
3.	Remco Veerkamp	81	Zuiderzeewemmers	<b>1:37.79</b>	214	1:37.79
<b>Masters 30+, Heren</b>						
1.	Ron Langelaan	78	DAW-Finzeno	<b>1:18.60</b>	413	1:18.60
2.	Okko de Haas	78	zv De Bron	<b>1:20.87</b>	380	1:20.87
3.	Marc Buis	79	Oostdobbers	<b>1:29.68</b>	278	1:29.68
4.	Sebastian Triebe	80	SG Vahr/Sebaldsbrück	<b>1:42.64</b>	185	1:42.64
<b>Masters 35+, Heren</b>						
1.	Oscar van Holsteyn	71	AquaMigos	<b>1:27.31</b>	302	1:27.31
<b>Masters 40+, Heren</b>						
1.	René Correljé	68	HHZV Plons	<b>1:19.01</b>	407	1:19.01
2.	Jacques Verriet	70	Njord	<b>1:32.37</b>	255	1:32.37
3.	Norbert Kets	68	HHZV Plons	<b>1:42.37</b>	187	1:42.37
4.	Marco van der Werf	69	Zignea	<b>1:49.63</b>	152	1:49.63
5.	Henk Viering	66	Swol 1894	<b>2:00.32</b>	115	2:00.32
<b>Masters 45+, Heren</b>						
1.	Peter Fölker	64	Aqua-Novio '94	<b>1:26.92</b>	306	1:26.92
2.	Uwe Sonnenburg	63	SSV Ostring Berlin	<b>1:30.56</b>	270	1:30.56
3.	Erik Wetsteijn	65	Swol 1894	<b>1:31.93</b>	258	1:31.93
4.	Bart van Calker	61	WS Twente	<b>1:33.72</b>	244	1:33.72
5.	Rob Segers	61	Aqua-Novio '94	<b>1:35.20</b>	232	1:35.20
6.	Edzo Huisman	63	Aquapoldro	<b>1:37.56</b>	216	1:37.56
7.	Rene Bakker	65	ZC De Forel Wolvega	<b>1:40.20</b>	199	1:40.20
<b>Masters 50+, Heren</b>						
1.	Willem Zwiers	58	AquaMigos	<b>1:30.44</b>	271	1:30.44
2.	Harry Paas	58	ZV Vlaardingen	<b>1:45.53</b>	171	1:45.53
3.	Herbert Katgert	59	WS Twente	<b>1:51.07</b>	146	1:51.07
<b>Masters 55+, Heren</b>						
AFGEM	Laurens klein Breteler	54	WWV			

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Programmanr. 12, 100m schoolslag

Masters 60+, Heren

1.	Joop Draaisma	46	DZ&PC	<b>1:35.91</b>	227	1:35.91
2.	Mar van Geel	47	Old Dutch	<b>1:47.34</b>	162	1:47.34
3.	Henk Oostendorp	48	zv De Bron	<b>1:59.89</b>	116	1:59.89
4.	Mans Buis	47	Oostdobbers	<b>2:04.27</b>	104	2:04.27
AFGEM	Donald Uijtenbogaart	47	Het Y			

Masters 65+, Heren

1.	Ruud Sloof	44	De Rijn	<b>1:40.92</b>	195	1:40.92
AFGEM	Nico Baay	42	Old Dutch			

Masters 70+, Heren

1.	Gregor Pompen	37	Aqua-Novio '94	<b>1:57.54</b>	123	1:57.54
2.	Herman Rademaker	36	De Dolfijn	<b>2:02.84</b>	108	2:02.84
3.	Pieter Scharphorn	38	Neptunus	<b>2:26.58</b>	63	2:26.58

Masters 80+, Heren

AFGEM	Coen Zoutendijk	30	Aquapoldro			
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Masters 20+, Dames

1.	Jantina Bredewoud	88	Octopus	<b>1:27.51</b>	399	1:27.51
2.	Saskia Lipp	89	SG Vahr/Sebaldsbrück	<b>1:29.29</b>	376	1:29.29
3.	Gerrie Zuyderwijk	87	TZC Vahalis	<b>1:34.07</b>	321	1:34.07
4.	Annemarie Jakobs	86	EZ&PC	<b>1:35.71</b>	305	1:35.71
5.	Sanne te Riele	87	Swol 1894	<b>1:36.39</b>	298	1:36.39
6.	Janneke Wynia	90	WS Twente	<b>1:38.56</b>	279	1:38.56
7.	Liesbeth van Mill	87	DWK	<b>1:40.47</b>	263	1:40.47
8.	M. van de Nieuwenhuijzen	88	zv De Bron	<b>1:42.98</b>	245	1:42.98

Masters 25+, Dames

1.	Laura Badoux	82	DAW-Finzeno	<b>1:24.42</b>	444	1:24.42
2.	Annette Vogelsang	84	zv De Bron	<b>1:35.59</b>	306	1:35.59
3.	Sabrina Dessens	85	zv De Bron	<b>1:41.93</b>	252	1:41.93

Masters 30+, Dames

1.	Hilde Buiten	79	Swol 1894	<b>1:33.10</b>	331	1:33.10
2.	Tilja den Broeder	80	Swol 1894	<b>1:43.94</b>	238	1:43.94
3.	Marina Przibylla	80	SG Vahr/Sebaldsbrück	<b>1:51.39</b>	193	1:51.39
AFGEM	Femke Hofkens	78	Aqua-Novio '94			

Masters 40+, Dames

1.	Lidia v. Bon-Rosenbrand	70	AZ&PC	<b>1:32.10</b>	342	1:32.10
2.	Iris van Aurich	69	Triton Putten	<b>1:36.22</b>	300	1:36.22
3.	Hanny Rotteveel	66	Zignea	<b>1:39.11</b>	274	1:39.11
4.	Alinda van Bruggen	68	Zwemclub Ten Boer	<b>1:39.35</b>	273	1:39.35
5.	Susanne Rogge	68	SSV Ostring Berlin	<b>1:44.81</b>	232	1:44.81
6.	Remona Dekker	66	zv De Bron	<b>1:50.59</b>	197	1:50.59
7.	Annelies van den Berg	67	Aquapoldro	<b>1:56.17</b>	170	1:56.17
8.	Martine Venis	69	Aquapoldro	<b>1:56.92</b>	167	1:56.92
9.	Corine Hoeben	70	Zwemclub Ten Boer	<b>2:00.79</b>	151	2:00.79
10.	Korsine Gunther	67	TZC Vahalis	<b>2:02.20</b>	146	2:02.20

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Programmanr. 12, 100m schoolslag

Masters 45+, Dames

1.	Marja Bloemzaad	61	AZ&PC	<b>1:25.33</b>	430	1:25.33
2.	Tineke Freriks	62	WWV	<b>1:43.49</b>	241	1:43.49
3.	Jacqueline Brouwer	61	zv De Bron	<b>1:52.92</b>	185	1:52.92
4.	Irene Hoenderdos	63	Aquapoldro	<b>2:04.63</b>	138	2:04.63
5.	Michella van Ballegooyen	63	TZC Vahalis	<b>2:04.70</b>	138	2:04.70
6.	Evelien Bocking	64	Montferland	<b>2:21.88</b>	93	2:21.88

Masters 50+, Dames

1.	Inge Wolfs	60	HHZV Plons	<b>1:44.00</b>	237	1:44.00
2.	Pia van der Molen	60	HZ&PC	<b>1:48.60</b>	209	1:48.60
3.	Elly Kiestra-Broertjes	56	Zignea	<b>1:52.68</b>	187	1:52.68
4.	Willy Schoenmaker	59	DWK	<b>1:57.69</b>	164	1:57.69
5.	Lies Hartman	56	VfR Übach-Palenberg	<b>2:21.31</b>	94	2:21.31
6.	Joke Zuyderwijk	57	TZC Vahalis	<b>2:32.53</b>	75	2:32.53

Masters 55+, Dames

1.	Corine Kalbfleisch	52	DWT	<b>1:54.18</b>	179	1:54.18
2.	Tineke van Diggelen	52	Oceanus	<b>1:55.68</b>	172	1:55.68
3.	Andrea Fügen	53	Györ	<b>2:02.89</b>	144	2:02.89

Masters 60+, Dames

1.	Antoinette Gilding-Tussaud	50	WS Twente	<b>2:10.74</b>	119	2:10.74
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Masters 65+, Dames

1.	Matty van der Veen	44	Old Dutch	<b>1:55.77</b>	172	1:55.77
2.	Loekie v. Huissteden	45	AZ&PC	<b>2:08.25</b>	126	2:08.25
3.	Ilse Achilles	41	SSV Ostring Berlin	<b>2:10.31</b>	120	2:10.31
4.	Gitty Wahl	41	VfR Übach-Palenberg	<b>2:18.34</b>	101	2:18.34

Masters 70+, Dames

1.	Tineke de Bueger	37	Old Dutch	<b>2:18.78</b>	100	2:18.78
2.	Hanny Pasman	39	Aquapoldro	<b>2:50.24</b>	54	2:50.24

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Programmanr. 13  
12-06-2010

200m vlinderslag

20 - 94 jaar  
Resultaten

Punten: FINA 2010

Rang	Geb.		Tijd	Pnt	100m	200m
<b>Masters 20+, Heren</b>						
1.	Rick Hollinski	88 SSV Ostring Berlin	<b>2:37.70</b>	353	1:13.48	2:37.70
2.	Jelte Heuten	86 WS Twente	<b>3:18.23</b>	178	1:27.20	3:18.23
3.	Albert Dijkma	87 ZC De Forel Wolvega	<b>3:41.27</b>	127	1:44.18	3:41.27
<b>Masters 45+, Heren</b>						
1.	Joost de Kroon	64 AquaMigos	<b>3:49.51</b>	114	1:52.00	3:49.51
<b>Masters 50+, Heren</b>						
1.	Jan Willem Heuten	60 WS Twente	<b>3:29.77</b>	150	1:35.80	3:29.77
<b>Masters 65+, Heren</b>						
1.	Rob Hanou	43 PSV Masters	<b>3:37.35</b>	135	1:43.21	3:37.35
2.	Manfred Bottin	41 SV Langenfeld 1912	<b>4:16.15</b>	82	2:02.96	4:16.15
<b>Masters 70+, Heren</b>						
1.	Nico Geers	38 Z&PC De Gouwe	<b>4:21.50</b>	77	2:00.75	4:21.50
<b>Masters 20+, Dames</b>						
1.	Jen-Ai van Soelen	90 Zuiderzeezwemmers	<b>3:10.40</b>	272	1:23.62	3:10.40
2.	Maaïke van Diggele	87 ZPB H&L	<b>3:21.30</b>	230	1:30.72	3:21.30
<b>Masters 25+, Dames</b>						
1.	Linda Hoogendam	83 d'ELFT	<b>3:17.77</b>	242	1:30.92	3:17.77
2.	Charlotte Wegman	85 Zwemclub Ten Boer	<b>3:54.48</b>	145	1:48.82	3:54.48
<b>Masters 30+, Dames</b>						
1.	Babette Rens	78 Dedemsvaart-AC	<b>3:34.16</b>	191	1:35.78	3:34.16
DIS	Kristel Lips	79 zv De Bron				
<i>AF - De aangegeven afstand niet uitgezwommen (geen tijden noteren).</i>						
<b>Masters 40+, Dames</b>						
1.	Anita Smits	69 Z&PC DIO	<b>2:48.22</b>	394	1:20.78	2:48.22
<b>Masters 45+, Dames</b>						
1.	Friderika Kerekes	65 AZ&PC	<b>4:04.64</b>	128	1:53.95	4:04.64
<b>Masters 50+, Dames</b>						
1.	Mathilde Vink	58 Swol 1894	<b>2:53.56</b>	359	1:21.65	2:53.56
2.	Patty Verhagen	59 AquaMigos	<b>3:19.94</b>	235	1:30.16	3:19.94
3.	Janny van Eijk	58 zv De Bron	<b>3:26.25</b>	214		3:26.25

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Programmanr. 14  
12-06-2010

4 x 50m vrije slag

80+  
Resultaten

Punten: FINA 2010

Rang				Tijd	Pnt
<b>80+, Heren</b>					
1.	<b>Octopus 2</b>		<b>Octopus</b>	<b>1:53.89</b>	415
	Stefan van der Grift	87	30.41 Floris Manni	88	
	Albert van Piekeren	84	Emile Manni	90	
<b>160+, Heren</b>					
1.	<b>Aqua-Novio '94 1</b>		<b>Aqua-Novio '94</b>	<b>2:04.54</b>	317
	Albert Boonstra	57	26.96 Rob Segers	61	
	Pieter-Sjoerd de Wijn	65	Peter Fölker	64	
2.	<b>HHZV Plons</b>		<b>HHZV Plons</b>	<b>2:06.46</b>	303
	Norbert Kets	68	35.74 Mark Kas	61	
	Steven Prins	79	René Correljé	68	
3.	<b>WS Twente 3</b>		<b>WS Twente</b>	<b>2:07.19</b>	298
	Jack Barends	62	31.65 Martin Hendrikse	65	
	Bart van Calker	61	Casper de Zeeuw	70	
4.	<b>SSV Ostring Berlin 2</b>		<b>SSV Ostring Berlin</b>	<b>2:14.61</b>	251
	Ralf Gauger	62	31.60 Uwe Sonnenburg	63	
	Ingo Wolter	62	Björn Sonnenburg	86	
<b>120+, Dames</b>					
1.	<b>Montferland 2</b>		<b>Montferland</b>	<b>2:36.85</b>	234
	Evelien Bockting	64	56.42 Esther van Maastrigt	88	
	Hanneke Heymen	84	Wilma van Velsen	64	
AFGEM	<b>Aqua-Novio '94 2</b>		<b>Aqua-Novio '94</b>		
<b>160+, Dames</b>					
1.	<b>SSV Ostring Berlin 4</b>		<b>SSV Ostring Berlin</b>	<b>2:45.50</b>	199
	Susanne Rogge	68	39.11 Annegret Birth	65	
	Ulrike Aldus	65	Katrin Aldus	61	
<b>80+, Gemengd</b>					
1.	<b>Zuiderzeewimmers 2</b>		<b>Zuiderzeewimmers</b>	<b>2:02.06</b>	337
	Erik van der Heide	88	27.63 Tim van Dongen	90	
	Jen-Ai van Soelen	90	Lisanne Andeweg	88	
2.	<b>SSV Ostring Berlin 1</b>		<b>SSV Ostring Berlin</b>	<b>2:05.66</b>	309
	Grit Aldus	90	31.70 Rick Hollinski	88	
	Thomas Lipski	87	Julia Gauger	90	
<b>120+, Gemengd</b>					
1.	<b>zwemclub Twickel</b>		<b>zwemclub Twickel</b>	<b>2:32.68</b>	172
	Rienke Boersma	72	39.10 Dana te Maarssen	81	
	Mike Kusters	77	Leon ter Braak	71	

18e Kristalbad Dutch Open  
Apeldoorn, 11. - 13.6.2010

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Programmanr. 14, 4 x 50m vrije slag

160+, Gemengd

1. SSV Ostring Berlin 3		SSV Ostring Berlin	<b>2:29.10</b>	185
Ralf Gauger	62	32.26 Ulrike Aldus	65	
Annegret Birth	65	Ingo Wolter	62	
2. WS Twente 4		WS Twente	<b>2:35.40</b>	163
Antoinette Gilding-Tussaud	50	Kim Brokelman	75	
Herbert Katgert	59	Frits Hof	64	

200+, Gemengd

1. WS Twente 5		WS Twente	<b>2:09.82</b>	280
Inez Heideman	75	31.23 Marijke Kraak	60	
Frans van Enst	40	Hugo Staudt	53	
2. Aquapoldro 2		Aquapoldro	<b>2:30.79</b>	178
Bep van Riessen	37	53.25 Otto Zeijpveld	58	
Ariane Redecke	82	Edzo Huisman	63	

240+, Gemengd

1. SSV Ostring Berlin 5		SSV Ostring Berlin	<b>2:50.56</b>	123
Michael Aldus	56	32.85 Elke Ortloff	53	
Ilse Achilles	41	Michael Berg	47	
2. Aquapoldro 1		Aquapoldro	<b>3:29.27</b>	66
Hanny Pasman	39	1:15.16 Taco van Blommestein	33	
Irene Hoenderdos	63	Pieter de Jong	58	

AFGEM Old Dutch 1

Old Dutch

18e Kristalbad Dutch Open  
Apeldoorn, 11. - 13.6.2010

Programmanr. 15  
13-06-2010

400m vrije slag

20 - 94 jaar  
Resultaten

Punten: FINA 2010

Rang	Geb.		Tijd	Pnt	100m	200m	300m	400m	
<b>Masters 20+, Heren</b>									
1.	Martijn Voortman	86	De IJsel	<b>5:24.32</b>	312	1:12.45	2:37.91	4:03.82	5:24.32
2.	Jacko Dekker	89	Zuiderzeezwemmers	<b>5:28.39</b>	300	1:16.51	2:42.04	4:10.07	5:28.39
3.	Björn Sonnenburg	86	SSV Ostring Berlin	<b>6:08.20</b>	213	1:19.07	2:53.72	4:32.09	6:08.20
<b>Masters 25+, Heren</b>									
1.	Thommy Nickel	84	Barracuda	<b>5:13.92</b>	344	1:09.30	2:28.70	3:50.61	5:13.92
2.	Dennis Boek	82	ZC De Forel Wolvega	<b>5:29.36</b>	298	1:14.95	2:40.26	4:08.82	5:29.36
3.	Mark Brinkhuis	83	Oostdobbers	<b>5:58.39</b>	231	1:21.76	2:53.51	4:26.95	5:58.39
<b>Masters 35+, Heren</b>									
1.	Kasper van den Berghe	73	Swol 1894	<b>5:30.84</b>	294	1:14.84	2:39.46	4:05.52	5:30.84
2.	Sander de Weert	72	OEZA	<b>6:15.20</b>	201	1:28.39	3:05.61	4:45.09	6:15.20
<b>Masters 40+, Heren</b>									
1.	Arjan Bellaart	69	Oceanus	<b>5:03.29</b>	382	1:09.29	2:24.96	3:44.23	5:03.29
2.	Geert Wijn	67	De Gelenberg	<b>5:08.15</b>	364	1:11.15	2:30.33	3:49.24	5:08.15
3.	Adriaan Overheul	66	zv Zaltbommel	<b>5:34.98</b>	283	1:16.32	2:43.34	4:11.57	5:34.98
4.	Henk Viering	66	Swol 1894	<b>7:18.36</b>	126	1:38.32	3:30.48	5:24.54	7:18.36
<b>Masters 45+, Heren</b>									
1.	Ralf Gauger	62	SSV Ostring Berlin	<b>5:31.33</b>	293	1:16.74	2:41.70	4:07.14	5:31.33
2.	Edzo Huisman	63	Aquapoldro	<b>5:31.89</b>	291	1:16.45	2:39.32	4:03.82	5:31.89
3.	Ingo Wolter	62	SSV Ostring Berlin	<b>5:49.13</b>	250	1:22.26	2:51.73	4:22.00	5:49.13
4.	Peter Marc de Rooij	61	zv Utrecht	<b>5:51.46</b>	245	1:18.68	2:49.09	4:21.20	5:51.46
5.	Bart van Calker	61	WS Twente	<b>5:55.36</b>	237	1:22.39	2:54.53	4:27.42	5:55.36
6.	Adri Pasman	64	Zuiderzeezwemmers	<b>7:20.92</b>	124	1:39.00	3:30.20	5:23.00	7:20.92
AFGEM	Martin Hendrikse	65	WS Twente						
<b>Masters 50+, Heren</b>									
1.	Otto Zeijpveld	58	Aquapoldro	<b>5:17.22</b>	333	1:13.94	2:36.21	3:58.12	5:17.22
2.	André Schutte	60	De Stormvogel	<b>5:52.58</b>	243	1:17.98	2:50.41	4:21.63	5:52.58
3.	Jan Willem Heuten	60	WS Twente	<b>6:01.30</b>	225	1:21.82	2:55.97	4:32.35	6:01.30
4.	John Dam	60	Zignea	<b>6:03.86</b>	221	1:20.02	2:54.70	4:31.57	6:03.86
NG.ZA	Marius Ros	59	ZCNF'34						
<b>Masters 55+, Heren</b>									
1.	Hugo Staudt	53	WS Twente	<b>5:59.57</b>	229	1:24.86	2:59.13	4:33.32	5:59.57
<b>Masters 60+, Heren</b>									
1.	Joop Draaisma	46	DZ&PC	<b>6:11.81</b>	207	1:25.06	3:00.67	4:37.49	6:11.81
2.	Reinier van Oosten	47	Zwemclub Ten Boer	<b>7:46.98</b>	104	1:41.20	3:39.01	5:42.65	7:46.98
<b>Masters 65+, Heren</b>									
1.	Rob Hanou	43	PSV Masters	<b>6:24.26</b>	187	1:27.10	3:05.48	4:45.16	6:24.26
2.	Han Roos	45	zv De Bron	<b>6:50.82</b>	153	1:34.13	3:20.48	5:08.45	6:50.82
<b>Masters 70+, Heren</b>									
1.	Nico Geers	38	Z&PC De Gouwe	<b>6:10.51</b>	209	1:28.15	3:03.81	4:39.81	6:10.51
2.	Gregor Pompen	37	Aqua-Novio '94	<b>7:05.29</b>	138	1:38.73	3:26.47	5:15.89	7:05.29

18e Kristalbad Dutch Open  
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Programmanr. 15, 400m vrije slag

Masters 20+, Dames

1. Grit Aldus	90	SSV Ostring Berlin	<b>5:29.19</b>	383	1:14.62	2:39.47	4:07.68	5:29.19
2. Julia Gauger	90	SSV Ostring Berlin	<b>5:42.33</b>	340	1:17.45	2:46.14	4:15.95	5:42.33
3. Sunanda van Heteren	89	PCG	<b>5:45.88</b>	330	1:19.03	2:47.38	4:17.24	5:45.88
4. Maaïke van Diggele	87	ZPB H&L	<b>5:49.67</b>	319	1:18.57	2:46.64	4:18.10	5:49.67
5. Liset de Veer	87	Aqua-Novio '94	<b>5:50.09</b>	318	1:22.45	2:51.95	4:22.41	5:50.09
AFGEM Annemarie Jakobs	86	EZ&PC						

Masters 25+, Dames

1. Esther Versteeg	83	Barracuda	<b>5:22.80</b>	406	1:16.23	2:41.02	4:02.45	5:22.80
2. Charlotte Wegman	85	Zwemclub Ten Boer	<b>6:22.30</b>	244	1:25.39	3:02.50	4:43.00	6:22.30
3. Angélique Rotteveel	84	Aquapoldro	<b>6:57.13</b>	188	1:28.80	3:17.82	5:06.57	6:57.13

Masters 30+, Dames

1. Clementine van Bruxvoort	77	ZPB H&L	<b>6:52.20</b>	195	1:36.68	3:23.21	5:10.96	6:52.20
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Masters 35+, Dames

1. Liselotte Joling	75	PSV Masters	<b>5:24.48</b>	400	1:17.64	2:41.70	4:04.02	5:24.48
2. Natacha van Hoof	73	ShaRK	<b>6:00.98</b>	290	1:27.23	2:59.60	4:30.53	6:00.98

Masters 40+, Dames

1. Lidia v. Bon-Rosenbrand	70	AZ&PC	<b>5:39.85</b>	348	1:16.97	2:42.35	4:10.35	5:39.85
2. Kristien van de Moortel	69	ShaRK	<b>6:21.36</b>	246	1:28.32	3:05.14	4:43.76	6:21.36
3. Susanne Rogge	68	SSV Ostring Berlin	<b>6:41.99</b>	210	1:29.80	3:13.99	4:59.49	6:41.99
4. Annette van Dok	68	Gay Swim Amsterdam	<b>6:42.86</b>	209	1:34.77	3:18.09	5:02.95	6:42.86
AFGEM Lenie Veldhuizen	68	ZC De Forel Wolvega						

Masters 45+, Dames

1. Katrin Aldus	61	SSV Ostring Berlin	<b>6:12.42</b>	264	1:26.52	3:01.18	4:37.99	6:12.42
2. Annegret Birth	65	SSV Ostring Berlin	<b>6:46.26</b>	203	1:33.30	3:17.64	5:02.11	6:46.26
3. Ulrike Aldus	65	SSV Ostring Berlin	<b>6:49.60</b>	199	1:34.16	3:18.53	5:04.91	6:49.60

Masters 50+, Dames

1. Mathilde Vink	58	Swol 1894	<b>6:01.00</b>	290	1:26.11	2:57.92	4:31.07	6:01.00
2. Riny Zeijpveld	60	De Berkelduikers	<b>6:21.20</b>	246	1:28.57	3:04.80	4:43.20	6:21.20
3. Katinka Elders	60	Oceanus	<b>6:29.45</b>	231	1:29.92	3:09.48	4:50.26	6:29.45
4. Marjan Spoelstra	60	Swol 1894	<b>6:48.59</b>	200	1:32.99	3:17.44	5:04.15	6:48.59
5. Joke Burgers	60	Oostdobbers	<b>7:53.53</b>	128	1:48.31	3:51.79	5:55.41	7:53.53
6. Lies Hartman	56	VfR Übach-Palenberg	<b>10:18.42</b>	57	2:25.61	5:02.95	7:42.51	10:18.42

Masters 55+, Dames

1. Elke Ortloff	53	SSV Ostring Berlin	<b>6:41.88</b>	210	1:33.88	3:16.89	5:00.91	6:41.88
2. Corine Kalbfleisch	52	DWT	<b>7:32.39</b>	147	1:45.13	3:43.04	5:41.26	7:32.39
3. Gonne Bak	51	PSV Masters	<b>7:53.03</b>	129	1:49.41	3:52.90	5:55.77	7:53.03

Masters 65+, Dames

1. Matty van der Veen	44	Old Dutch	<b>7:18.64</b>	162	1:41.10	3:32.88	5:26.10	7:18.64
2. Gitty Wahl	41	VfR Übach-Palenberg	<b>10:00.75</b>	63	2:18.75	4:52.31	7:28.81	10:00.75
3. Pálma Csepeli	44	Budapest	<b>10:39.32</b>	52	2:28.29	5:14.92	8:00.10	10:39.32

Masters 80+, Dames

1. Ati Derkse	29	Aquapoldro	<b>11:08.96</b>	45	2:42.82	5:34.72	8:24.46	11:08.96
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18e Kristalbad Dutch Open  
Apeldoorn, 11. - 13.6.2010

Programmanr. 16  
13-06-2010

50m rugslag

20 - 94 jaar  
Resultaten

Punten: FINA 2010

Rang	Geb.	Tijd	Pnt
<b>Masters 20+, Heren</b>			
1.	Jeroen Everts	86 De IJsel	<b>34.65</b> 333
2.	Thomas Lipski	87 SSV Ostring Berlin	<b>35.16</b> 319 FJ 1
3.	Rick Hollinski	88 SSV Ostring Berlin	<b>35.16</b> 319 FJ 2
4.	Tim van Dongen	90 Zuiderzeewemmers	<b>37.05</b> 273
<b>Masters 25+, Heren</b>			
1.	Albert van Piekeren	84 Octopus	<b>32.07</b> 421
2.	Thommy Nickel	84 Barracuda	<b>32.58</b> 401
<b>Masters 30+, Heren</b>			
1.	Arnauld Bongaarts	80 Zuiderzeewemmers	<b>37.87</b> 255
2.	Sebastian Triebe	80 SG Vahr/Sebaldsbrück	<b>39.61</b> 223
<b>Masters 35+, Heren</b>			
1.	Arjan Aalbers	75 Swol 1894	<b>35.52</b> 310
<b>Masters 40+, Heren</b>			
1.	Casper de Zeeuw	70 WS Twente	<b>34.20</b> 347
2.	Jacques Verriet	70 Njord	<b>40.91</b> 202
AFGEM	Fred van de Meeberg	66 Zignea	
<b>Masters 45+, Heren</b>			
1.	Erik Wetsteijn	65 Swol 1894	<b>35.42</b> 312
2.	Adri Pasman	64 Zuiderzeewemmers	<b>47.81</b> 127
<b>Masters 50+, Heren</b>			
1.	Michael Aldus	56 SSV Ostring Berlin	<b>38.89</b> 236
2.	Herbert Katgert	59 WS Twente	<b>50.14</b> 110
<b>Masters 60+, Heren</b>			
1.	Mans Buis	47 Oostdobbbers	<b>46.14</b> 141
<b>Masters 65+, Heren</b>			
AFGEM	Nico Baay	42 Old Dutch	
<b>Masters 70+, Heren</b>			
1.	Frans van Enst	40 WS Twente	<b>37.59</b> 261
<b>Masters 75+, Heren</b>			
1.	Taco van Blommestein	33 Aquapoldro	<b>1:05.57</b> 49

18e Kristalbad Dutch Open  
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Programmanr. 16, 50m rugslag

Masters 20+, Dames

1.	Jen-Ai van Soelen	90	Zuiderzeewemmers	<b>36.20</b>	417
2.	Saskia Lipp	89	SG Vahr/Sebaldsbrück	<b>36.63</b>	403
3.	Julia Gauger	90	SSV Ostring Berlin	<b>37.77</b>	367
4.	Sunanda van Heteren	89	PCG	<b>39.11</b>	331
5.	Maaïke van Diggele	87	ZPB H&L	<b>40.54</b>	297
6.	Julia Löhmann	90	SG Vahr/Sebaldsbrück	<b>41.24</b>	282
7.	Marleen Beeuwkes	90	De Dolfijn	<b>42.42</b>	259

Masters 25+, Dames

1.	Mirjam Minderhoud	83	Zignea	<b>44.95</b>	218
2.	Angélique Rotteveel	84	Aquapoldro	<b>45.04</b>	216
3.	Ariane Redecke	82	Aquapoldro	<b>48.91</b>	169

Masters 30+, Dames

1.	Janneke Harmsen-Bakker	77	De Spatters	<b>34.23</b>	494
2.	Heleen Menzo	80	Zignea	<b>40.61</b>	295

Masters 35+, Dames

1.	Fabienne Verriet-Regensburg	75	Njord	<b>56.70</b>	108
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Masters 40+, Dames

1.	Hanny Rotteveel	66	Zignea	<b>38.57</b>	345
2.	Annette van Dok	68	Gay Swim Amsterdam	<b>45.76</b>	206
3.	Susanne Rogge	68	SSV Ostring Berlin	<b>46.67</b>	194
4.	Haya Mellema	66	Aquapoldro	<b>53.69</b>	128

Masters 45+, Dames

1.	Annegret Birth	65	SSV Ostring Berlin	<b>43.14</b>	246
2.	Irene Hoenderdos	63	Aquapoldro	<b>58.04</b>	101

Masters 50+, Dames

1.	Elly Kiestra-Broertjes	56	Zignea	<b>52.51</b>	136
2.	Lies Hartman	56	VfR Übach-Palenberg	<b>1:01.44</b>	85
3.	Joke Zuyderwijk	57	TZC Vahalis	<b>1:10.26</b>	57

Masters 55+, Dames

1.	Elke Ortloff	53	SSV Ostring Berlin	<b>48.40</b>	174
2.	Tineke van Diggelen	52	Oceanus	<b>50.39</b>	154
3.	Gonnie Bak	51	PSV Masters	<b>55.80</b>	114

Masters 60+, Dames

1.	Antoinette Gilding-Tussaud	50	WS Twente	<b>48.17</b>	177
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Masters 65+, Dames

1.	Leny Kamp	44	Aquapoldro	<b>56.89</b>	107
2.	Pálma Csepeli	44	Budapest	<b>1:08.86</b>	60
3.	Gitty Wahl	41	VfR Übach-Palenberg	<b>1:17.10</b>	43

Programmanr. 16, 50m rugslag

Masters 70+, Dames

1. Barbara Hugo	38	SSG Bremen-Bremerhaven	<b>58.33</b>	99
2. Tineke de Bueger	37	Old Dutch	<b>1:02.48</b>	81

18e Kristalbad Dutch Open  
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Programmanr. 17  
13-06-2010

100m vrije slag

20 - 94 jaar  
Resultaten

Punten: FINA 2010

Rang	Geb.		Tijd	Pnt	50m	100m
<b>Masters 20+, Heren</b>						
1.	René Zuyderwijk	89 TZC Vahalis	<b>1:00.92</b>	456		1:00.92
2.	Jens Oesselmann	90 SG Vahr/Sebaldsbrück	<b>1:02.77</b>	417		1:02.77
3.	Martijn Voortman	86 De IJsel	<b>1:04.10</b>	391		1:04.10
4.	Jacko Dekker	89 Zuiderzeewemmers	<b>1:05.34</b>	370		1:05.34
5.	Timo Oesselmann	88 SG Vahr/Sebaldsbrück	<b>1:09.64</b>	305		1:09.64
<b>Masters 25+, Heren</b>						
1.	Mark Dieleman	85 Zignea	<b>1:05.71</b>	363		1:05.71
2.	Dennis Boek	82 ZC De Forel Wolvega	<b>1:06.15</b>	356		1:06.15
<b>Masters 35+, Heren</b>						
1.	Marcel van Winssen	71 De Gelenberg	<b>1:01.60</b>	441		1:01.60
2.	Oscar van Holsteyn	71 AquaMigos	<b>1:03.56</b>	402		1:03.56
3.	Arjan Aalbers	75 Swol 1894	<b>1:08.06</b>	327		1:08.06
4.	Sander de Weert	72 OEZA	<b>1:12.80</b>	267		1:12.80
<b>Masters 40+, Heren</b>						
1.	Geert Wijn	67 De Gelenberg	<b>58.27</b>	521		58.27
2.	Arjan Bellaart	69 Oceanus	<b>1:02.62</b>	420		1:02.62
3.	Gerko Versluis	69 Zuiderzeewemmers	<b>1:08.79</b>	317		1:08.79
4.	Marco van der Werf	69 Zignea	<b>1:30.56</b>	138		1:30.56
<b>Masters 45+, Heren</b>						
1.	Erik Wetsteijn	65 Swol 1894	<b>1:06.32</b>	353		1:06.32
2.	Edzo Huisman	63 Aquapoldro	<b>1:07.10</b>	341		1:07.10
3.	Jack Barends	62 WS Twente	<b>1:08.36</b>	323		1:08.36
4.	Pieter-Sjoerd de Wijn	65 Aqua-Novio '94	<b>1:10.85</b>	290		1:10.85
5.	Ingo Wolter	62 SSV Ostring Berlin	<b>1:13.14</b>	263		1:13.14
6.	Frits Hof	64 WS Twente	<b>1:15.86</b>	236		1:15.86
7.	Rene Bakker	65 ZC De Forel Wolvega	<b>1:18.63</b>	212		1:18.63
8.	Adri Pasman	64 Zuiderzeewemmers	<b>1:21.78</b>	188		1:21.78
AFGEM	Martin Hendrikse	65 WS Twente				
<b>Masters 50+, Heren</b>						
1.	Otto Zeijpveld	58 Aquapoldro	<b>1:06.26</b>	354		1:06.26
2.	John Dam	60 Zignea	<b>1:14.66</b>	248		1:14.66
3.	Willem Zwiers	58 AquaMigos	<b>1:15.82</b>	236		1:15.82
<b>Masters 55+, Heren</b>						
1.	Sándor Bödi	51 Györ	<b>1:49.28</b>	79		1:49.28
<b>Masters 60+, Heren</b>						
1.	Joop Draaisma	46 DZ&PC	<b>1:17.64</b>	220		1:17.64
2.	Mans Buis	47 Oostdobbers	<b>1:30.65</b>	138		1:30.65
3.	Michael Berg	47 SSV Ostring Berlin	<b>1:32.23</b>	131		1:32.23
AFGEM	Donald Uijtenbogaart	47 Het Y				
<b>Masters 65+, Heren</b>						
1.	Han Roos	45 zv De Bron	<b>1:16.80</b>	227		1:16.80
2.	Ruud Sloof	44 De Rijn	<b>1:23.22</b>	179		1:23.22

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Programmanr. 17, 100m vrije slag

Masters 70+, Heren

1.	Nico Geers	38	Z&PC De Gouwe	<b>1:17.67</b>	220	1:17.67
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Masters 20+, Dames

1.	Erika Aan het Rot	90	Octopus	<b>1:08.81</b>	433	1:08.81
2.	Gerrie Zuyderwijk	87	TZC Vahalis	<b>1:09.42</b>	421	1:09.42
3.	Grit Aldus	90	SSV Ostring Berlin	<b>1:10.27</b>	406	1:10.27
4.	Sunanda van Heteren	89	PCG	<b>1:12.61</b>	368	1:12.61
5.	Marleen Beeuwkes	90	De Dolfijn	<b>1:33.96</b>	170	1:33.96

Masters 25+, Dames

1.	Esther Versteeg	83	Barracuda	<b>1:09.02</b>	429	1:09.02
2.	Lena Lipp	85	SG Vahr/Sebaldsbrück	<b>1:11.55</b>	385	1:11.55
3.	Angélique Rotteveel	84	Aquapoldro	<b>1:32.09</b>	180	1:32.09

Masters 30+, Dames

1.	Janneke Harmsen-Bakker	77	De Spatters	<b>1:05.25</b>	508	1:05.25
2.	Claudia van Drunen	77	AquaMigos	<b>1:13.32</b>	358	1:13.32
3.	Clementine van Bruxvoort	77	ZPB H&L	<b>1:30.29</b>	191	1:30.29

Masters 35+, Dames

1.	Inez Heideman	75	WS Twente	<b>1:12.55</b>	369	1:12.55
2.	Renata Bos-van Essen	73	Zuiderzeewemmers	<b>1:13.86</b>	350	1:13.86
3.	Kim Brokelman	75	WS Twente	<b>1:20.95</b>	266	1:20.95

Masters 40+, Dames

1.	Susanne Rogge	68	SSV Ostring Berlin	<b>1:20.62</b>	269	1:20.62
2.	Kristien van de Moortel	69	ShaRK	<b>1:22.39</b>	252	1:22.39
3.	Korsine Gunther	67	TZC Vahalis	<b>1:39.11</b>	145	1:39.11
4.	Haya Mellema	66	Aquapoldro	<b>1:50.85</b>	103	1:50.85
AFGEM	Lenie Veldhuizen	68	ZC De Forel Wolvega			

Masters 45+, Dames

1.	Katrin Aldus	61	SSV Ostring Berlin	<b>1:17.48</b>	303	1:17.48
2.	Friderika Kerekes	65	AZ&PC	<b>1:22.70</b>	249	1:22.70
3.	Ulrike Aldus	65	SSV Ostring Berlin	<b>1:27.36</b>	211	1:27.36
4.	Alie Visser	64	HZ&PC	<b>1:37.97</b>	150	1:37.97
5.	Michella van Ballegooyen	63	TZC Vahalis	<b>1:48.06</b>	111	1:48.06

Masters 50+, Dames

1.	Marijke Kraak	60	WS Twente	<b>1:15.51</b>	327	1:15.51
2.	Pia van der Molen	60	HZ&PC	<b>1:19.92</b>	276	1:19.92
3.	Katinka Elders	60	Oceanus	<b>1:25.77</b>	223	1:25.77
4.	Elly Kiestra-Broertjes	56	Zignea	<b>1:27.67</b>	209	1:27.67
5.	Marjan Spoelstra	60	Swol 1894	<b>1:31.15</b>	186	1:31.15
6.	Joke Burgers	60	Oostdobbers	<b>1:39.95</b>	141	1:39.95
7.	Lies Hartman	56	VfR Übach-Palenberg	<b>2:13.86</b>	58	2:13.86

Masters 55+, Dames

1.	Elke Ortloff	53	SSV Ostring Berlin	<b>1:28.79</b>	201	1:28.79
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Masters 60+, Dames

AFGEM	Conny Boer-Buys	50	ZV Vlaardingen			
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18e Kristalbad Dutch Open  
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Programmanr. 17, 100m vrije slag

Masters 65+, Dames

1.	Loekie v. Huissteden	45	AZ&PC	<b>1:46.47</b>	116	1:46.47
2.	Ilse Achilles	41	SSV Ostring Berlin	<b>2:08.93</b>	65	2:08.93
3.	Pálma Csepeli	44	Budapest	<b>2:21.89</b>	49	2:21.89

Masters 70+, Dames

1.	Hanny Pasman	39	Aquapoldro	<b>3:23.74</b>	16	3:23.74
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Apeldoorn, 11. - 13.6.2010

Programmanr. 18  
13-06-2010

50m vlinderslag

20 - 94 jaar  
Resultaten

Punten: FINA 2010

Rang	Geb.		Tijd	Pnt
<b>Masters 20+, Heren</b>				
1.	89	René Zuyderwijk TZC Vahalis	<b>32.73</b>	321
2.	86	Björn Sonnenburg SSV Ostring Berlin	<b>33.00</b>	314
3.	90	Jens Oesselmann SG Vahr/Sebaldsbrück	<b>33.70</b>	294
<b>Masters 25+, Heren</b>				
1.	84	Thommy Nickel Barracuda	<b>30.02</b>	417
2.	82	Dennis Boek ZC De Forel Wolvega	<b>35.10</b>	260
<b>Masters 30+, Heren</b>				
1.	80	Arnauld Bongaarts Zuiderzeewemmers	<b>34.36</b>	278
2.	80	Sebastian Triebe SG Vahr/Sebaldsbrück	<b>35.44</b>	253
<b>Masters 35+, Heren</b>				
1.	71	Oscar van Holsteyn AquaMigos	<b>31.45</b>	362
2.	71	Marcel van Winssen De Gelenberg	<b>31.73</b>	353
<b>Masters 40+, Heren</b>				
1.	70	Casper de Zeeuw WS Twente	<b>30.66</b>	391
2.	67	Geert Wijn De Gelenberg	<b>31.64</b>	356
<b>Masters 45+, Heren</b>				
1.	65	Erik Wetsteijn Swol 1894	<b>32.50</b>	328
2.	62	Ingo Wolter SSV Ostring Berlin	<b>42.54</b>	146
<b>Masters 50+, Heren</b>				
1.	60	Jan Willem Heuten WS Twente	<b>36.46</b>	232
2.	60	André Schutte De Stormvogel	<b>36.78</b>	226
<b>Masters 55+, Heren</b>				
1.	54	Joe Capka Neptunus	<b>35.33</b>	255
<b>Masters 60+, Heren</b>				
1.	46	Joop Draaisma DZ&PC	<b>40.70</b>	167
2.	47	Reinier van Oosten Zwemclub Ten Boer	<b>51.33</b>	83
AFGEM	47	Donald Uijtenbogaart Het Y		
<b>Masters 70+, Heren</b>				
1.	40	Frans van Enst WS Twente	<b>39.31</b>	185
2.	38	Nico Geers Z&PC De Gouwe	<b>53.56</b>	73
<b>Masters 20+, Dames</b>				
1.	90	Jen-Ai van Soelen Zuiderzeewemmers	<b>32.17</b>	473
2.	87	Maaïke van Diggele ZPB H&L	<b>34.57</b>	381
3.	89	Saskia Lipp SG Vahr/Sebaldsbrück	<b>34.92</b>	370
4.	87	Gerrie Zuyderwijk TZC Vahalis	<b>35.48</b>	352
5.	90	Grit Aldus SSV Ostring Berlin	<b>36.05</b>	336
6.	90	Julia Gauger SSV Ostring Berlin	<b>36.13</b>	334

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Programmanr. 18, Dames, 50m vlinderslag, Masters 20+

Rang	Geb.	Tijd	Pnt
7. Liset de Veer	87 Aqua-Novio '94	<b>37.45</b>	299
8. Margriet Aan het Rot	86 Octopus	<b>38.86</b>	268
AFGEM Annemarie Jakobs	86 EZ&PC		

Masters 25+, Dames

1. Esther Versteeg	83 Barracuda	<b>32.37</b>	464
2. Laura Badoux	82 DAW-Finzeno	<b>32.86</b>	444
3. Lena Lipp	85 SG Vahr/Sebaldsbrück	<b>34.57</b>	381
4. Ariane Redecke	82 Aquapoldro	<b>40.41</b>	238
5. Angélique Rotteveel	84 Aquapoldro	<b>44.16</b>	182
AFGEM Mirjam Minderhoud	83 Zignea		

Masters 30+, Dames

1. Heleen Menzo	80 Zignea	<b>35.31</b>	357
2. Claudia van Drunen	77 AquaMigos	<b>38.84</b>	268

Masters 35+, Dames

1. Liselotte Joling	75 PSV Masters	<b>35.81</b>	343
2. Inez Heideman	75 WS Twente	<b>36.57</b>	322
3. Renata Bos-van Essen	73 Zuiderzeezwemmers	<b>40.80</b>	231
4. Natacha van Hoof	73 ShaRK	<b>43.97</b>	185
5. Fabienne Verriet-Regensburg	75 Njord	<b>58.54</b>	78

Masters 40+, Dames

1. Alinda van Bruggen	68 Zwemclub Ten Boer	<b>36.48</b>	324
2. Kristien van de Moortel	69 ShaRK	<b>43.23</b>	195
3. Susanne Rogge	68 SSV Ostring Berlin	<b>45.60</b>	166
4. Martine Venis	69 Aquapoldro	<b>48.14</b>	141
5. Annette van Dok	68 Gay Swim Amsterdam	<b>51.92</b>	112
6. Korsine Gunther	67 TZC Vahalis	<b>55.13</b>	94

Masters 45+, Dames

1. Annegret Birth	65 SSV Ostring Berlin	<b>42.78</b>	201
2. Michella van Ballegooyen	63 TZC Vahalis	<b>1:05.07</b>	57

Masters 50+, Dames

1. Mathilde Vink	58 Swol 1894	<b>34.82</b>	373
2. Marijke Kraak	60 WS Twente	<b>38.32</b>	280
3. Pia van der Molen	60 HZ&PC	<b>44.57</b>	177
4. Katinka Elders	60 Oceanus	<b>47.13</b>	150
5. Elly Kiestra-Broertjes	56 Zignea	<b>55.82</b>	90

Masters 55+, Dames

1. Elke Ortloff	53 SSV Ostring Berlin	<b>47.68</b>	145
2. Andrea Fügen	53 Györ	<b>54.54</b>	97
3. Corine Kalbfleisch	52 DWT	<b>55.26</b>	93
4. Gonnie Bak	51 PSV Masters	<b>55.48</b>	92

Programmanr. 18, 50m vlinderslag

Masters 60+, Dames

AFGEM Conny Boer-Buys 50 ZV Vlaardingen

Masters 65+, Dames

1. Gitty Wahl 41 VfR Übach-Palenberg **1:12.38** 41

18e Kristalbad Dutch Open  
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Programmanr. 19  
13-06-2010

200m schoolslag

20 - 94 jaar  
Resultaten

Punten: FINA 2010

Rang	Geb.		Tijd	Pnt	100m	200m
<b>Masters 20+, Heren</b>						
1.	Stefan van der Grift	87 Octopus	<b>2:53.21</b>	397	1:23.02	2:53.21
2.	Jeroen Everts	86 De IJsel	<b>2:53.64</b>	394	1:22.95	2:53.64
3.	Tim van Dongen	90 Zuiderzeewemmers	<b>3:02.62</b>	338	1:26.76	3:02.62
4.	Thomas Lipski	87 SSV Ostring Berlin	<b>3:14.92</b>	278	1:30.71	3:14.92
<b>Masters 25+, Heren</b>						
1.	Albert van Piekeren	84 Octopus	<b>2:47.29</b>	440	1:20.53	2:47.29
2.	Mark Brinkhuis	83 Oostdobbers	<b>3:11.52</b>	293	1:30.28	3:11.52
3.	Mark Dieleman	85 Zignea	<b>3:13.66</b>	284	1:32.51	3:13.66
<b>Masters 30+, Heren</b>						
1.	Ron Langelaan	78 DAW-Finzeno	<b>2:58.07</b>	365	1:21.80	2:58.07
<b>Masters 35+, Heren</b>						
1.	Marcel van Winssen	71 De Gelenberg	<b>3:04.02</b>	331	1:28.83	3:04.02
2.	Kasper van den Berghe	73 Swol 1894	<b>3:21.66</b>	251	1:36.50	3:21.66
<b>Masters 40+, Heren</b>						
1.	Harold Matla	68 PSV Masters	<b>2:57.44</b>	369	1:24.24	2:57.44
2.	Jacques Verriet	70 Njord	<b>3:19.42</b>	260	1:36.82	3:19.42
3.	Henk Viering	66 Swol 1894	<b>4:10.48</b>	131	2:00.00	4:10.48
<b>Masters 45+, Heren</b>						
1.	Ralf Gauger	62 SSV Ostring Berlin	<b>3:11.05</b>	295	1:29.77	3:11.05
2.	Erik Wetsteijn	65 Swol 1894	<b>3:21.60</b>	251	1:35.87	3:21.60
3.	Uwe Sonnenburg	63 SSV Ostring Berlin	<b>3:23.26</b>	245	1:34.36	3:23.26
4.	Jack Barends	62 WS Twente	<b>3:26.70</b>	233	1:38.68	3:26.70
5.	Bart van Calker	61 WS Twente	<b>3:26.80</b>	233	1:41.48	3:26.80
6.	Rene Bakker	65 ZC De Forel Wolvega	<b>3:38.10</b>	198	1:44.30	3:38.10
<b>Masters 50+, Heren</b>						
1.	Willem Zwiers	58 AquaMigos	<b>3:24.08</b>	242	1:37.91	3:24.08
2.	Jan Willem Heuten	60 WS Twente	<b>3:40.58</b>	192	1:47.48	3:40.58
3.	Herbert Katgert	59 WS Twente	<b>3:57.59</b>	153	1:54.59	3:57.59
<b>Masters 60+, Heren</b>						
1.	Joop Draaisma	46 DZ&PC	<b>3:38.73</b>	197	1:45.07	3:38.73
AFGEM	Donald Uijtenbogaart	47 Het Y				
<b>Masters 65+, Heren</b>						
1.	Rob Hanou	43 PSV Masters	<b>3:25.78</b>	236	1:38.94	3:25.78
2.	Ruud Sloof	44 De Rijn	<b>3:49.60</b>	170	1:49.42	3:49.60
AFGEM	Nico Baay	42 Old Dutch				
<b>Masters 70+, Heren</b>						
1.	Herman Rademaker	36 De Dolfijn	<b>4:22.80</b>	113	2:10.00	4:22.80
2.	Gregor Pompen	37 Aqua-Novio '94	<b>4:24.42</b>	111	2:05.64	4:24.42

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Programmanr. 19, 200m schoolslag

Masters 20+, Dames

1.	Erika Aan het Rot	90	Octopus	<b>3:01.45</b>	460	1:25.02	3:01.45
2.	Sunanda van Heteren	89	PCG	<b>3:25.16</b>	318	1:37.54	3:25.16
3.	Margriet Aan het Rot	86	Octopus	<b>3:32.82</b>	285	1:41.56	3:32.82
4.	Maaïke van Diggele	87	ZPB H&L	<b>3:36.51</b>	271	1:39.54	3:36.51
AFGEM	Annemarie Jakobs	86	EZ&PC				
AFGEM	Tasja Löhmann	89	SG Vahr/Sebaldsbrück				
AFGEM	Jantina Bredewoud	88	Octopus				

Masters 40+, Dames

1.	Lidia v. Bon-Rosenbrand	70	AZ&PC	<b>3:26.40</b>	312	1:37.85	3:26.40
2.	Hanny Rotteveel	66	Zignea	<b>3:30.22</b>	296	1:39.88	3:30.22
3.	Alinda van Bruggen	68	Zwemclub Ten Boer	<b>3:35.13</b>	276	1:43.95	3:35.13
4.	Susanne Rogge	68	SSV Ostring Berlin	<b>3:53.14</b>	217	1:50.89	3:53.14
5.	Martine Venis	69	Aquapoldro	<b>4:13.26</b>	169	1:59.89	4:13.26

Masters 45+, Dames

1.	Friderika Kerekes	65	AZ&PC	<b>3:48.15</b>	231	1:49.97	3:48.15
2.	Alie Visser	64	HZ&PC	<b>4:03.93</b>	189	1:54.82	4:03.93
3.	Irene Hoenderdos	63	Aquapoldro	<b>4:26.30</b>	145	2:06.09	4:26.30

Masters 50+, Dames

1.	Marjan Spoelstra	60	Swol 1894	<b>3:54.38</b>	213	1:53.30	3:54.38
2.	Pia van der Molen	60	HZ&PC	<b>4:01.35</b>	195	1:53.48	4:01.35

Masters 55+, Dames

1.	Gonnie Bak	51	PSV Masters	<b>4:03.74</b>	189	1:58.91	4:03.74
2.	Tineke van Diggelen	52	Oceanus	<b>4:09.54</b>	177	2:01.32	4:09.54
3.	Andrea Fügen	53	Györ	<b>4:23.99</b>	149	2:06.80	4:23.99

Masters 60+, Dames

1.	Antoinette Gilding-Tussaud	50	WS Twente	<b>4:32.66</b>	135	2:12.90	4:32.66
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Masters 65+, Dames

1.	Matty van der Veen	44	Old Dutch	<b>4:08.36</b>	179	1:58.70	4:08.36
2.	Loekie v. Huissteden	45	AZ&PC	<b>4:34.45</b>	133	2:14.86	4:34.45

Masters 70+, Dames

1.	Tineke de Bueger	37	Old Dutch	<b>4:46.99</b>	116	2:20.80	4:46.99
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