

Procesverbaal Zwemmarathon 2010

De Zwemmarathon 2010 werd gehouden in zwembad "De Smelte" te Smilde. Het betrof een 16-uur durende zwemmarathon die startte op zaterdag 12 juni 2010 om 20:00 uur en eindigde op zondag 13 juni om 12:00 uur. De Zwemmarathon werd georganiseerd door: Z&PC Najade/ Stichting Zwemmarathon Smilde 2000.

Deelnemende verenigingen:

1. ZCNF'34 - Oosterwolde
2. De Plons - Coevorden
3. ZZG/ De Boskickers - Gieten/Rolde
4. ZPC Bikkel Hoogeveen
5. Wetterwille - Burgum
6. Aqua'68 - Assen
7. De Baddespringers - Nieuw-Buinen
8. ZC Borger
9. Polaris - Erica
10. De Spatters - Beilen

Einduitslag:

| | | | |
|----|-------------------|--------------------|-------------|
| 1 | ZC Borger | Borger | 69200 meter |
| 2 | De Spatters | Beilen | 67650 meter |
| 3 | Bikkel Hoogeveen | Hoogeveen | 67300 meter |
| 4 | Wetterwille | Burgum | 64700 meter |
| 5 | ZCNF'34 | Oosterwolde | 63650 meter |
| 6 | Aqua'68 | Assen | 63450 meter |
| 7 | ZZG/De Boskickers | Gieten/Rolde | 62650 meter |
| 8 | De Plons | Coevorden | 60400 meter |
| 9 | Polaris | Erica/Klazienaveen | 58300 meter |
| 10 | De Baddespringers | Nieuw-Buinen | 55700 meter |

Afstanden uitgesplitst per vereniging en zwemmer:

Vereniging: Aqua'68

Totaal: 63450

| Tijd: | Zwemmer: | Afstand: | Joker: |
|-------|-------------------|----------|--------|
| 20:15 | Sven Damen | 1100 | |
| 20:30 | Inez Zewuster | 1000 | |
| 20:45 | Sanne Scheltes | 1050 | |
| 21:00 | Leonie Boonstra | 1000 | |
| 21:15 | Kim Radix | 900 | |
| 21:30 | Monica Bust | 1000 | |
| 21:45 | Derk Jan Speelman | 1000 | |
| 22:00 | Danique Scheltes | 1050 | |
| 22:15 | Sanne van Dalen | 950 | |
| 22:30 | Roos de Jager | 950 | |
| 22:45 | Bjorn Jansen | 1050 | |

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|-------|-------------------|------|--------|
| 23:00 | Lars van Eeks | 850 | |
| 23:15 | Sven Damen | 1050 | |
| 23:30 | Inez Zewuster | 1000 | |
| 23:45 | Sanne Scheltes | 1050 | |
| 00:00 | Leonie Boonstra | 1000 | |
| 00:15 | Kim Radix | 900 | |
| 00:30 | Monica Bust | 1000 | |
| 00:45 | Derk Jan Speelman | 1000 | |
| 01:00 | Danique Scheltes | 1050 | |
| 01:15 | Sanne van Dalen | 950 | |
| 01:30 | Roos de Jager | 950 | |
| 01:45 | Bjorn Jansen | 1000 | |
| 02:00 | Lars van Eeks | 900 | |
| 02:15 | Sven Damen | 2100 | Joker! |
| 02:30 | Inez Zewuster | 1000 | |
| 02:45 | Sanne Scheltes | 1000 | |
| 03:00 | Leonie Boonstra | 900 | |
| 03:15 | Kim Radix | 900 | |
| 03:30 | Monica Bust | 1000 | |
| 03:45 | Derk Jan Speelman | 1000 | |
| 04:00 | Danique Scheltes | 1050 | |
| 04:15 | Sanne van Dalen | 950 | |
| 04:30 | Roos de Jager | 900 | |
| 04:45 | Bjorn Jansen | 1000 | |
| 05:00 | Lars van Eeks | 850 | |
| 05:15 | Sven Damen | 1000 | |
| 05:30 | Inez Zewuster | 1000 | |
| 05:45 | Sanne Scheltes | 950 | |
| 06:00 | Leonie Boonstra | 1000 | |
| 06:15 | Kim Radix | 850 | |
| 06:30 | Monica Bust | 1000 | |
| 06:45 | Derk Jan Speelman | 1000 | |
| 07:00 | Danique Scheltes | 950 | |
| 07:15 | Sanne van Dalen | 900 | |
| 07:30 | Roos de Jager | 900 | |
| 07:45 | Bjorn Jansen | 1050 | |
| 08:00 | Lars van Eeks | 800 | |
| 08:15 | Sven Damen | 1000 | |
| 08:30 | Inez Zewuster | 950 | |
| 08:45 | Sanne Scheltes | 1000 | |
| 09:00 | Leonie Boonstra | 1000 | |
| 09:15 | Kim Radix | 850 | |
| 09:30 | Monica Bust | 950 | |
| 09:45 | Derk Jan Speelman | 950 | |
| 10:00 | Danique Scheltes | 950 | |
| 10:15 | Sanne van Dalen | 1000 | |
| 10:30 | Roos de Jager | 900 | |
| 10:45 | Bjorn Jansen | 1000 | |
| 11:00 | Lars van Eeks | 750 | |
| 11:15 | Sven Damen | 1000 | |
| 11:30 | Inez Zewuster | 950 | |
| 11:45 | Sanne Scheltes | 950 | |

12:00 Estafette-team 1450

Vereniging: Bikkel Hoogeveen
Totaal: 67300

| Tijd: | Zwemmer: | Afstand: | Joker: |
|-------|---------------------|----------|--------|
| 20:15 | Ricardo Bolt | 1100 | |
| 20:30 | Marco Wams | 1050 | |
| 20:45 | André Krikken | 1000 | |
| 21:00 | Dennis Groen | 1150 | |
| 21:15 | Erik Nederman | 1050 | |
| 21:30 | Sandra van der Wijk | 1000 | |
| 21:45 | Nienke Eilander | 1050 | |
| 22:00 | Daniëlle Kruizinga | 1050 | |
| 22:15 | Thijs Oost | 1000 | |
| 22:30 | Lisa van der Weide | 950 | |
| 22:45 | Ricardo Bolt | 1050 | |
| 23:00 | Marco Wams | 1000 | |
| 23:15 | André Krikken | 1000 | |
| 23:30 | Dennis Groen | 1150 | |
| 23:45 | Erik Nederman | 1050 | |
| 00:00 | Sandra van der Wijk | 1050 | |
| 00:15 | Nienke Eilander | 1050 | |
| 00:30 | Daniëlle Kruizinga | 1050 | |
| 00:45 | Thijs Oost | 1000 | |
| 01:00 | Lisa van der Weide | 950 | |
| 01:15 | Ricardo Bolt | 1050 | |
| 01:30 | Marco Wams | 1050 | |
| 01:45 | André Krikken | 1000 | |
| 02:00 | Dennis Groen | 1100 | |
| 02:15 | Erik Nederman | 1100 | |
| 02:30 | Sandra van der Wijk | 1000 | |
| 02:45 | Nienke Eilander | 1050 | |
| 03:00 | Daniëlle Kruizinga | 1050 | |
| 03:15 | Thijs Oost | 1000 | |
| 03:30 | Lisa van der Weide | 950 | |
| 03:45 | Ricardo Bolt | 1050 | |
| 04:00 | Marco Wams | 1000 | |
| 04:15 | André Krikken | 1000 | |
| 04:30 | Dennis Groen | 2300 | Joker! |
| 04:45 | Erik Nederman | 1100 | |
| 05:00 | Sandra van der Wijk | 1000 | |
| 05:15 | Nienke Eilander | 1000 | |
| 05:30 | Daniëlle Kruizinga | 1050 | |
| 05:45 | Thijs Oost | 1000 | |
| 06:00 | Lisa van der Weide | 1000 | |
| 06:15 | Ricardo Bolt | 950 | |
| 06:30 | Marco Wams | 1000 | |
| 06:45 | André Krikken | 1000 | |
| 07:00 | Dennis Groen | 1050 | |
| 07:15 | Erik Nederman | 1050 | |

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|-------|---------------------|------|
| 07:30 | Sandra van der Wijk | 1000 |
| 07:45 | Nienke Eilander | 950 |
| 08:00 | Daniëlle Kruizinga | 1050 |
| 08:15 | Thijs Oost | 1050 |
| 08:30 | Lisa van der Weide | 900 |
| 08:45 | Ricardo Bolt | 1050 |
| 09:00 | Marco Wams | 1000 |
| 09:15 | André Krikken | 1000 |
| 09:30 | Dennis Groen | 1100 |
| 09:45 | Erik Nederman | 1050 |
| 10:00 | Sandra van der Wijk | 1000 |
| 10:15 | Nienke Eilander | 1000 |
| 10:30 | Daniëlle Kruizinga | 1050 |
| 10:45 | Thijs Oost | 1000 |
| 11:00 | Lisa van der Weide | 900 |
| 11:15 | Ricardo Bolt | 1100 |
| 11:30 | Marco Wams | 1000 |
| 11:45 | André Krikken | 1050 |
| 12:00 | Estafette-team | 1400 |

Vereniging: De Baddespringers
Totaal: 55700

| Tijd: | Zwemmer: | Afstand: | Joker: |
|-------|---------------------|----------|--------|
| 20:15 | Ingrid de Groot | 850 | |
| 20:30 | Rick Schepers | 900 | |
| 20:45 | Anouk Schepers | 850 | |
| 21:00 | Tianda Walters | 950 | |
| 21:15 | Jochem Deuring | 900 | |
| 21:30 | Henri Meijer | 950 | |
| 21:45 | Mirjam van der Klok | 900 | |
| 22:00 | Bryan Elling | 850 | |
| 22:15 | Annemarie Nieboer | 850 | |
| 22:30 | Mike Mom | 750 | |
| 22:45 | Danny Mom | 850 | |
| 23:00 | Daniëlle Martens | 700 | |
| 23:15 | Ingrid de Groot | 850 | |
| 23:30 | Rick Schepers | 900 | |
| 23:45 | Anouk Schepers | 750 | |
| 00:00 | Tianda Walters | 900 | |
| 00:15 | Jochem Deuring | 900 | |
| 00:30 | Henri Meijer | 950 | |
| 00:45 | Mirjam van der Klok | 850 | |
| 01:00 | Bryan Elling | 900 | |
| 01:15 | Annemarie Nieboer | 750 | |
| 01:30 | Mike Mom | 800 | |
| 01:45 | Danny Mom | 850 | |
| 02:00 | Daniëlle Martens | 700 | |
| 02:15 | Ingrid de Groot | 900 | |
| 02:30 | Rick Schepers | 850 | |
| 02:45 | Anouk Schepers | 800 | |
| 03:00 | Tianda Walters | 950 | |

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|-------|---------------------|------|--------|
| 03:15 | Jochem Deuring | 900 | |
| 03:30 | Henri Meijer | 1800 | Joker! |
| 03:45 | Mirjam van der Klok | 900 | |
| 04:00 | Bryan Elling | 800 | |
| 04:15 | Annemarie Nieboer | 850 | |
| 04:30 | Mike Mom | 750 | |
| 04:45 | Danny Mom | 850 | |
| 05:00 | Daniëlle Martens | 750 | |
| 05:15 | Ingrid de Groot | 850 | |
| 05:30 | Rick Schepers | 900 | |
| 05:45 | Anouk Schepers | 800 | |
| 06:00 | Tianda Walters | 950 | |
| 06:15 | Jochem Deuring | 850 | |
| 06:30 | Henri Meijer | 950 | |
| 06:45 | Mirjam van der Klok | 850 | |
| 07:00 | Bryan Elling | 850 | |
| 07:15 | Annemarie Nieboer | 800 | |
| 07:30 | Mike Mom | 750 | |
| 07:45 | Danny Mom | 800 | |
| 08:00 | Daniëlle Martens | 700 | |
| 08:15 | Ingrid de Groot | 850 | |
| 08:30 | Rick Schepers | 900 | |
| 08:45 | Anouk Schepers | 750 | |
| 09:00 | Tianda Walters | 950 | |
| 09:15 | Jochem Deuring | 850 | |
| 09:30 | Henri Meijer | 1000 | |
| 09:45 | Mirjam van der Klok | 850 | |
| 10:00 | Bryan Elling | 900 | |
| 10:15 | Annemarie Nieboer | 850 | |
| 10:30 | Mike Mom | 800 | |
| 10:45 | Danny Mom | 850 | |
| 11:00 | Daniëlle Martens | 700 | |
| 11:15 | Ingrid de Groot | 900 | |
| 11:30 | Rick Schepers | 850 | |
| 11:45 | Anouk Schepers | 800 | |
| 12:00 | Estafette-team | 1350 | |

Vereniging: De Plons
Totaal: 60400

| Tijd: | Zwemmer: | Afstand: | Joker: |
|-------|-----------------------|----------|--------|
| 20:15 | Koen Rüwen | 1100 | |
| 20:30 | Esther Stellingwerf | 950 | |
| 20:45 | Joyce Veenstra | 950 | |
| 21:00 | Rochelle Beukeveld | 950 | |
| 21:15 | Iris Rüwen | 950 | |
| 21:30 | Angela Hemme | 1000 | |
| 21:45 | Chantal Bosch | 900 | |
| 22:00 | Marieke Weerink | 900 | |
| 22:15 | Chantal Hemme | 950 | |
| 22:30 | Anne-Marie v.d. Vrugt | 950 | |
| 22:45 | Daniëlla Loof | 800 | |

| | | | |
|-------|-----------------------|------|--------|
| 23:00 | Jarice Veenstra | 900 | |
| 23:15 | Koen Rüwen | 1050 | |
| 23:30 | Esther Stellingwerf | 950 | |
| 23:45 | Joyce Veenstra | 900 | |
| 00:00 | Rochelle Beukeveld | 1000 | |
| 00:15 | Iris Rüwen | 950 | |
| 00:30 | Angela Hemme | 1000 | |
| 00:45 | Chantal Bosch | 900 | |
| 01:00 | Marieke Weerink | 900 | |
| 01:15 | Chantal Hemme | 900 | |
| 01:30 | Anne-Marie v.d. Vrugt | 950 | |
| 01:45 | Daniëlla Loof | 850 | |
| 02:00 | Jarice Veenstra | 850 | |
| 02:15 | Koen Rüwen | 2200 | Joker! |
| 02:30 | Esther Stellingwerf | 950 | |
| 02:45 | Joyce Veenstra | 950 | |
| 03:00 | Rochelle Beukeveld | 950 | |
| 03:15 | Iris Rüwen | 900 | |
| 03:30 | Angela Hemme | 850 | |
| 03:45 | Chantal Bosch | 850 | |
| 04:00 | Marieke Weerink | 900 | |
| 04:15 | Chantal Hemme | 900 | |
| 04:30 | Anne-Marie v.d. Vrugt | 900 | |
| 04:45 | Daniëlla Loof | 800 | |
| 05:00 | Jarice Veenstra | 850 | |
| 05:15 | Koen Rüwen | 1050 | |
| 05:30 | Esther Stellingwerf | 950 | |
| 05:45 | Joyce Veenstra | 850 | |
| 06:00 | Rochelle Beukeveld | 950 | |
| 06:15 | Iris Rüwen | 950 | |
| 06:30 | Angela Hemme | 900 | |
| 06:45 | Chantal Bosch | 850 | |
| 07:00 | Marieke Weerink | 900 | |
| 07:15 | Chantal Hemme | 850 | |
| 07:30 | Anne-Marie v.d. Vrugt | 950 | |
| 07:45 | Daniëlla Loof | 750 | |
| 08:00 | Jarice Veenstra | 800 | |
| 08:15 | Koen Rüwen | 1050 | |
| 08:30 | Esther Stellingwerf | 950 | |
| 08:45 | Joyce Veenstra | 800 | |
| 09:00 | Rochelle Beukeveld | 1000 | |
| 09:15 | Iris Rüwen | 850 | |
| 09:30 | Angela Hemme | 900 | |
| 09:45 | Chantal Bosch | 900 | |
| 10:00 | Marieke Weerink | 900 | |
| 10:15 | Chantal Hemme | 900 | |
| 10:30 | Anne-Marie v.d. Vrugt | 1000 | |
| 10:45 | Daniëlla Loof | 750 | |
| 11:00 | Koen Rüwen | 1050 | |
| 11:15 | Rochelle Beukeveld | 950 | |
| 11:30 | Iris Rüwen | 950 | |
| 11:45 | Joyce Veenstra | 850 | |

12:00 Estafette-team 1350

Vereniging: De Spatters

Totaal: 67650

| Tijd: | Zwemmer: | Afstand: | Joker: |
|-------|--------------------|----------|--------|
| 20:15 | Linda Boxma | 1200 | |
| 20:30 | Loysa Feikens | 950 | |
| 20:45 | Denise Koerhuis | 1000 | |
| 21:00 | Koen Rooseboom | 1050 | |
| 21:15 | Cynthia Grooteboer | 1100 | |
| 21:30 | Elvira Feikens | 950 | |
| 21:45 | Eline Haandrikman | 900 | |
| 22:00 | Richard Hovenkamp | 1150 | |
| 22:15 | Karin Haandrikman | 950 | |
| 22:30 | Rowan Klaassens | 900 | |
| 22:45 | Daniëlle Vrieling | 1050 | |
| 23:00 | Remco van Althuis | 1200 | |
| 23:15 | Linda Boxma | 1200 | |
| 23:30 | Loysa Feikens | 950 | |
| 23:45 | Denise Koerhuis | 1000 | |
| 00:00 | Koen Rooseboom | 1050 | |
| 00:15 | Cynthia Grooteboer | 1050 | |
| 00:30 | Elvira Feikens | 950 | |
| 00:45 | Eline Haandrikman | 900 | |
| 01:00 | Richard Hovenkamp | 1150 | |
| 01:15 | Karin Haandrikman | 900 | |
| 01:30 | Rowan Klaassens | 900 | |
| 01:45 | Daniëlle Vrieling | 1050 | |
| 02:00 | Remco van Althuis | 1200 | |
| 02:15 | Linda Boxma | 2400 | Joker! |
| 02:30 | Loysa Feikens | 950 | |
| 02:45 | Denise Koerhuis | 1050 | |
| 03:00 | Koen Rooseboom | 1050 | |
| 03:15 | Elvira Feikens | 900 | |
| 03:30 | Eline Haandrikman | 900 | |
| 03:45 | Richard Hovenkamp | 1150 | |
| 04:00 | Karin Haandrikman | 900 | |
| 04:15 | Rowan Klaassens | 900 | |
| 04:30 | Daniëlle Vrieling | 1050 | |
| 04:45 | Remco van Althuis | 1200 | |
| 05:00 | Linda Boxma | 1150 | |
| 05:15 | Loysa Feikens | 950 | |
| 05:30 | Denise Koerhuis | 1000 | |
| 05:45 | Koen Rooseboom | 1050 | |
| 06:00 | Elvira Feikens | 900 | |
| 06:15 | Eline Haandrikman | 850 | |
| 06:30 | Richard Hovenkamp | 1150 | |
| 06:45 | Rowan Klaassens | 850 | |
| 07:00 | Daniëlle Vrieling | 1050 | |
| 07:15 | Remco van Althuis | 1200 | |
| 07:30 | Linda Boxma | 1150 | |

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|-------|-------------------|------|
| 07:45 | Loysa Feikens | 950 |
| 08:00 | Denise Koerhuis | 1000 |
| 08:15 | Koen Rooseboom | 1100 |
| 08:30 | Elvira Feikens | 950 |
| 08:45 | Richard Hovenkamp | 1150 |
| 09:00 | Rowan Klaassens | 800 |
| 09:15 | Daniëlle Vrieling | 1050 |
| 09:30 | Remco van Althuis | 1200 |
| 09:45 | Linda Boxma | 1150 |
| 10:00 | Loysa Feikens | 950 |
| 10:15 | Denise Koerhuis | 1000 |
| 10:30 | Koen Rooseboom | 1050 |
| 10:45 | Elvira Feikens | 1000 |
| 11:00 | Richard Hovenkamp | 1150 |
| 11:15 | Daniëlle Vrieling | 1050 |
| 11:30 | Remco van Althuis | 1200 |
| 11:45 | Linda Boxma | 1100 |
| 12:00 | Estafette-team | 1350 |

Vereniging: Polaris

Totaal: 58300

| Tijd: | Zwemmer: | Afstand: | Joker: |
|----------|-------------------|----------|--------|
| 20:15:00 | Naomi Habing | 950 | |
| 20:30:00 | Floor Rüwen | 1000 | |
| 20:45:00 | Marjolein Wolting | 900 | |
| 21:00:00 | Lotte Roling | 900 | |
| 21:15:00 | Leah Lankhorst | 850 | |
| 21:30:00 | Rob de Vries | 900 | |
| 21:45:00 | Stefanie Brands | 950 | |
| 22:00:00 | Ruben Wösten | 900 | |
| 22:15:00 | Helen Bruinsma | 900 | |
| 22:30:00 | Frank Bruins | 850 | |
| 22:45:00 | Naomi Habing | 850 | |
| 23:00:00 | Floor Rüwen | 1050 | |
| 23:15:00 | Marjolein Wolting | 900 | |
| 23:30:00 | Lotte Roling | 850 | |
| 23:45:00 | Leah Lankhorst | 850 | |
| 00:00:00 | Rob de Vries | 900 | |
| 00:15:00 | Stefanie Brands | 950 | |
| 00:30:00 | Ruben Wösten | 900 | |
| 00:45:00 | Helen Bruinsma | 900 | |
| 01:00:00 | Frank Bruins | 850 | |
| 01:15:00 | Naomi Habing | 900 | |
| 01:30:00 | Floor Rüwen | 1000 | |
| 01:45:00 | Marjolein Wolting | 950 | |
| 02:00:00 | Lotte Roling | 850 | |
| 02:15:00 | Leah Lankhorst | 850 | |
| 02:30:00 | Rob de Vries | 900 | |
| 02:45:00 | Stefanie Brands | 950 | |
| 03:00:00 | Ruben Wösten | 900 | |
| 03:15:00 | Helen Bruinsma | 850 | |

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|----------|-------------------|------|--------|
| 03:30:00 | Frank Bruins | 850 | |
| 03:45:00 | Naomi Habing | 850 | |
| 04:00:00 | Floor Rüwen | 2100 | Joker! |
| 04:15:00 | Marjolein Wolting | 900 | |
| 04:30:00 | Lotte Roling | 900 | |
| 04:45:00 | Leah Lankhorst | 800 | |
| 05:00:00 | Rob de Vries | 850 | |
| 05:15:00 | Stefanie Brands | 900 | |
| 05:30:00 | Ruben Wösten | 900 | |
| 05:45:00 | Helen Bruinsma | 850 | |
| 06:00:00 | Frank Bruins | 850 | |
| 06:15:00 | Naomi Habing | 850 | |
| 06:30:00 | Floor Rüwen | 1000 | |
| 06:45:00 | Marjolein Wolting | 850 | |
| 07:00:00 | Lotte Roling | 800 | |
| 07:15:00 | Leah Lankhorst | 750 | |
| 07:30:00 | Rob de Vries | 900 | |
| 07:45:00 | Stefanie Brands | 850 | |
| 08:00:00 | Ruben Wösten | 900 | |
| 08:15:00 | Helen Bruinsma | 800 | |
| 08:30:00 | Frank Bruins | 900 | |
| 08:45:00 | Naomi Habing | 850 | |
| 09:00:00 | Floor Rüwen | 1000 | |
| 09:15:00 | Marjolein Wolting | 850 | |
| 09:30:00 | Lotte Roling | 700 | |
| 09:45:00 | Leah Lankhorst | 800 | |
| 10:00:00 | Rob de Vries | 900 | |
| 10:15:00 | Stefanie Brands | 850 | |
| 10:30:00 | Ruben Wösten | 900 | |
| 10:45:00 | Helen Bruinsma | 900 | |
| 11:00:00 | Frank Bruins | 900 | |
| 11:15:00 | Naomi Habing | 1000 | |
| 11:30:00 | Floor Rüwen | 900 | |
| 11:45:00 | Marjolein Wolting | 900 | |
| 12:00:00 | Estafette-team | 1250 | |

Vereniging: Wetterwille
Totaal: 64700

| Tijd: | Zwemmer: | Afstand: | Joker: |
|-------|------------------------|----------|--------|
| 20:15 | Bauke Ytsma | 1100 | |
| 20:30 | Lennart van Ligtenberg | 1050 | |
| 20:45 | Dirk van der Eems | 1050 | |
| 21:00 | Bart Weiland | 1000 | |
| 21:15 | Stefan Rienstra | 850 | |
| 21:30 | Nynke Ytsma | 1000 | |
| 21:45 | Wiebe Auke Postma | 950 | |
| 22:00 | Anna Regnerus | 950 | |
| 22:15 | Mirko van Ligtenberg | 1050 | |
| 22:30 | Koen van der Eems | 950 | |
| 22:45 | Bauke Ytsma | 1050 | |
| 23:00 | Lennart van Ligtenberg | 1100 | |

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|-------|------------------------|------|--------|
| 23:15 | Dirk van der Eems | 1050 | |
| 23:30 | Bart Weiland | 1000 | |
| 23:45 | Stefan Rienstra | 900 | |
| 00:00 | Nynke Ytsma | 950 | |
| 00:15 | Wiebe Auke Postma | 950 | |
| 00:30 | Anna Regnerus | 950 | |
| 00:45 | Mirko van Ligtenberg | 1050 | |
| 01:00 | Koen van der Eems | 1000 | |
| 01:15 | Bauke Ytsma | 1050 | |
| 01:30 | Lennart van Ligtenberg | 1050 | |
| 01:45 | Dirk van der Eems | 1100 | |
| 02:00 | Bart Weiland | 1000 | |
| 02:15 | Stefan Rienstra | 900 | |
| 02:30 | Nynke Ytsma | 950 | |
| 02:45 | Wiebe Auke Postma | 1000 | |
| 03:00 | Anna Regnerus | 950 | |
| 03:15 | Mirko van Ligtenberg | 1050 | |
| 03:30 | Koen van der Eems | 1000 | |
| 03:45 | Bauke Ytsma | 1050 | |
| 04:00 | Lennart van Ligtenberg | 1050 | |
| 04:15 | Dirk van der Eems | 2200 | Joker! |
| 04:30 | Bart Weiland | 1000 | |
| 04:45 | Stefan Rienstra | 850 | |
| 05:00 | Nynke Ytsma | 1000 | |
| 05:15 | Wiebe Auke Postma | 900 | |
| 05:30 | Anna Regnerus | 950 | |
| 05:45 | Mirko van Ligtenberg | 1000 | |
| 06:00 | Koen van der Eems | 950 | |
| 06:15 | Bauke Ytsma | 950 | |
| 06:30 | Lennart van Ligtenberg | 1000 | |
| 06:45 | Dirk van der Eems | 1100 | |
| 07:00 | Bart Weiland | 950 | |
| 07:15 | Stefan Rienstra | 850 | |
| 07:30 | Nynke Ytsma | 950 | |
| 07:45 | Wiebe Auke Postma | 950 | |
| 08:00 | Anna Regnerus | 950 | |
| 08:15 | Mirko van Ligtenberg | 950 | |
| 08:30 | Koen van der Eems | 950 | |
| 08:45 | Bauke Ytsma | 1050 | |
| 09:00 | Lennart van Ligtenberg | 1050 | |
| 09:15 | Dirk van der Eems | 1000 | |
| 09:30 | Bart Weiland | 950 | |
| 09:45 | Stefan Rienstra | 850 | |
| 10:00 | Nynke Ytsma | 1000 | |
| 10:15 | Wiebe Auke Postma | 900 | |
| 10:30 | Anna Regnerus | 950 | |
| 10:45 | Koen van der Eems | 1000 | |
| 11:00 | Bauke Ytsma | 1050 | |
| 11:15 | Lennart van Ligtenberg | 1000 | |
| 11:30 | Dirk van der Eems | 1000 | |
| 11:45 | Bart Weiland | 1000 | |
| 12:00 | Estafette-team | 1350 | |

Vereniging: ZC Borger

Totaal: 69200

| Tijd: | Zwemmer: | Afstand: | Joker: |
|-------|---------------------|----------|--------|
| 20:15 | Rowan Keen | 1300 | |
| 20:30 | Joost van den Berg | 1200 | |
| 20:45 | Martijn Viel | 1200 | |
| 21:00 | Kieran Keen | 1100 | |
| 21:15 | Jorick van der Vlag | 950 | |
| 21:30 | Wybren Heida | 1050 | |
| 21:45 | Robin Siebring | 1000 | |
| 22:00 | Janine de Groot | 1000 | |
| 22:15 | Paul Mersman | 1000 | |
| 22:30 | Jolein Welling | 1000 | |
| 22:45 | Emma Hoving | 950 | |
| 23:00 | Nancy Pol | 1000 | |
| 23:15 | Rowan Keen | 1300 | |
| 23:30 | Joost van den Berg | 1200 | |
| 23:45 | Martijn Viel | 1200 | |
| 00:00 | Kieran Keen | 1100 | |
| 00:15 | Jorick van der Vlag | 1000 | |
| 00:30 | Wybren Heida | 1050 | |
| 00:45 | Robin Siebring | 1000 | |
| 01:00 | Janine de Groot | 1000 | |
| 01:15 | Paul Mersman | 1000 | |
| 01:30 | Jolein Welling | 950 | |
| 01:45 | Emma Hoving | 950 | |
| 02:00 | Nancy Pol | 1000 | |
| 02:15 | Rowan Keen | 2600 | Joker! |
| 02:30 | Joost van den Berg | 1200 | |
| 02:45 | Martijn Viel | 1150 | |
| 03:00 | Kieran Keen | 1100 | |
| 03:15 | Jorick van der Vlag | 950 | |
| 03:30 | Wybren Heida | 1050 | |
| 03:45 | Robin Siebring | 950 | |
| 04:00 | Janine de Groot | 1000 | |
| 04:15 | Paul Mersman | 1000 | |
| 04:30 | Jolein Welling | 950 | |
| 04:45 | Emma Hoving | 950 | |
| 05:00 | Nancy Pol | 950 | |
| 05:15 | Rowan Keen | 1250 | |
| 05:30 | Joost van den Berg | 1200 | |
| 05:45 | Martijn Viel | 1150 | |
| 06:00 | Kieran Keen | 1050 | |
| 06:15 | Jorick van der Vlag | 1000 | |
| 06:30 | Wybren Heida | 1000 | |
| 06:45 | Robin Siebring | 950 | |
| 07:00 | Janine de Groot | 1000 | |
| 07:15 | Paul Mersman | 1000 | |
| 07:30 | Jolein Welling | 900 | |
| 07:45 | Emma Hoving | 950 | |

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|-------|---------------------|------|
| 08:00 | Nancy Pol | 1000 |
| 08:15 | Rowan Keen | 1200 |
| 08:30 | Joost van den Berg | 1250 |
| 08:45 | Martijn Viel | 1150 |
| 09:00 | Kieran Keen | 1050 |
| 09:15 | Jorick van der Vlag | 900 |
| 09:30 | Wybren Heida | 1050 |
| 09:45 | Robin Siebring | 950 |
| 10:00 | Janine de Groot | 1000 |
| 10:15 | Paul Mersman | 1000 |
| 10:30 | Jolein Welling | 950 |
| 10:45 | Emma Hoving | 900 |
| 11:00 | Nancy Pol | 1000 |
| 11:15 | Rowan Keen | 1250 |
| 11:30 | Joost van den Berg | 1150 |
| 11:45 | Kieran Keen | 1100 |
| 12:00 | Estafette-team | 1500 |

Vereniging: ZCNF'34

Totaal: 63650

| Tijd: | Zwemmer: | Afstand: | Joker: |
|----------|------------------|----------|--------|
| 20:15:00 | Saskia Bergsma | 1100 | |
| 20:30:00 | Axl Akkermans | 1000 | |
| 20:45:00 | Willeke Willems | 900 | |
| 21:00:00 | Winnie de Vries | 900 | |
| 21:15:00 | Elsje de Vries | 1000 | |
| 21:30:00 | Yolanda de Vegt | 950 | |
| 21:45:00 | Bregje Tingen | 1050 | |
| 22:00:00 | Herman van Dijk | 1100 | |
| 22:15:00 | Indyra Hummel | 950 | |
| 22:30:00 | Marit Brink | 950 | |
| 22:45:00 | Arrienne Huisman | 900 | |
| 23:00:00 | Astrid de Vegt | 900 | |
| 23:15:00 | Saskia Bergsma | 1150 | |
| 23:30:00 | Axl Akkermans | 1000 | |
| 23:45:00 | Willeke Willems | 900 | |
| 00:00:00 | Winnie de Vries | 900 | |
| 00:15:00 | Elsje de Vries | 1000 | |
| 00:30:00 | Yolanda de Vegt | 950 | |
| 00:45:00 | Bregje Tingen | 1050 | |
| 01:00:00 | Herman van Dijk | 1100 | |
| 01:15:00 | Indyra Hummel | 950 | |
| 01:30:00 | Arrienne Huisman | 950 | |
| 01:45:00 | Astrid de Vegt | 900 | |
| 02:00:00 | Saskia Bergsma | 1050 | |
| 02:15:00 | Axl Akkermans | 1000 | |
| 02:30:00 | Willeke Willems | 900 | |
| 02:45:00 | Winnie de Vries | 900 | |
| 03:00:00 | Elsje de Vries | 1000 | |
| 03:15:00 | Yolanda de Vegt | 950 | |
| 03:30:00 | Bregje Tingen | 1000 | |

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|----------|------------------|------|--------|
| 03:45:00 | Herman van Dijk | 2200 | Joker! |
| 04:00:00 | Indyra Hummel | 950 | |
| 04:15:00 | Arrienne Huisman | 950 | |
| 04:30:00 | Saskia Bergsma | 1100 | |
| 04:45:00 | Astrid de Vegt | 850 | |
| 05:00:00 | Axl Akkermans | 1000 | |
| 05:15:00 | Willeke Willems | 900 | |
| 05:30:00 | Winnie de Vries | 850 | |
| 05:45:00 | Elsje de Vries | 1000 | |
| 06:00:00 | Yolanda de Vegt | 950 | |
| 06:15:00 | Bregje Tingen | 950 | |
| 06:30:00 | Herman van Dijk | 1100 | |
| 06:45:00 | Indyra Hummel | 950 | |
| 07:00:00 | Arrienne Huisman | 900 | |
| 07:15:00 | Astrid de Vegt | 850 | |
| 07:30:00 | Saskia Bergsma | 1050 | |
| 07:45:00 | Axl Akkermans | 1000 | |
| 08:00:00 | Willeke Willems | 900 | |
| 08:15:00 | Winnie de Vries | 850 | |
| 08:30:00 | Elsje de Vries | 1000 | |
| 08:45:00 | Yolanda de Vegt | 950 | |
| 09:00:00 | Bregje Tingen | 1000 | |
| 09:15:00 | Herman van Dijk | 1100 | |
| 09:30:00 | Indyra Hummel | 900 | |
| 09:45:00 | Arrienne Huisman | 950 | |
| 10:00:00 | Astrid de Vegt | 850 | |
| 10:15:00 | Saskia Bergsma | 1100 | |
| 10:30:00 | Axl Akkermans | 1000 | |
| 10:45:00 | Elsje de Vries | 950 | |
| 11:00:00 | Bregje Tingen | 1000 | |
| 11:15:00 | Indyra Hummel | 950 | |
| 11:30:00 | Yolanda de Vegt | 950 | |
| 11:45:00 | Willeke Willems | 900 | |
| 12:00:00 | Estafette-team | 1400 | |

Vereniging: ZZG/De Boskickers
Totaal: 62650

| Tijd: | Zwemmer: | Afstand: | Joker: |
|-------|---------------------|----------|--------|
| 20:15 | Jeroen Keizer | 1150 | |
| 20:30 | Margo Boer | 1000 | |
| 20:45 | Hilde Steenbergen | 850 | |
| 21:00 | Janiek Schulting | 900 | |
| 21:15 | Geert Ouwerling | 1100 | |
| 21:30 | Arnout van Wijncoop | 950 | |
| 21:45 | Erik Krijnsen | 1000 | |
| 22:00 | Aniek Schutrup | 1050 | |
| 22:15 | Marleen Kroes | 850 | |
| 22:30 | Louise Jansen | 900 | |
| 22:45 | Bjorn Damen | 1000 | |
| 23:00 | Carolijn Visser | 900 | |
| 23:15 | Jeroen Keizer | 1100 | |

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|-------|---------------------|------|--------|
| 23:30 | Margo Boer | 1000 | |
| 23:45 | Hilde Steenbergen | 850 | |
| 00:00 | Janiek Schulting | 900 | |
| 00:15 | Geert Ouwerling | 1050 | |
| 00:30 | Arnout van Wijncoop | 900 | |
| 00:45 | Erik Krijnsen | 1000 | |
| 01:00 | Aniek Schutrup | 1050 | |
| 01:15 | Marleen Kroes | 850 | |
| 01:30 | Louise Jansen | 900 | |
| 01:45 | Bjorn Damen | 950 | |
| 02:00 | Carolijn Visser | 850 | |
| 02:15 | Jeroen Keizer | 2300 | Joker! |
| 02:30 | Margo Boer | 950 | |
| 02:45 | Hilde Steenbergen | 900 | |
| 03:00 | Janiek Schulting | 850 | |
| 03:15 | Geert Ouwerling | 1100 | |
| 03:30 | Arnout van Wijncoop | 900 | |
| 03:45 | Erik Krijnsen | 1050 | |
| 04:00 | Aniek Schutrup | 1000 | |
| 04:15 | Marleen Kroes | 900 | |
| 04:30 | Louise Jansen | 900 | |
| 04:45 | Bjorn Damen | 950 | |
| 05:00 | Carolijn Visser | 900 | |
| 05:15 | Jeroen Keizer | 1100 | |
| 05:30 | Margo Boer | 900 | |
| 05:45 | Hilde Steenbergen | 900 | |
| 06:00 | Janiek Schulting | 850 | |
| 06:15 | Geert Ouwerling | 1000 | |
| 06:30 | Arnout van Wijncoop | 850 | |
| 06:45 | Erik Krijnsen | 1050 | |
| 07:00 | Aniek Schutrup | 1000 | |
| 07:15 | Marleen Kroes | 900 | |
| 07:30 | Louise Jansen | 900 | |
| 07:45 | Bjorn Damen | 900 | |
| 08:00 | Carolijn Visser | 900 | |
| 08:15 | Jeroen Keizer | 1100 | |
| 08:30 | Margo Boer | 1000 | |
| 08:45 | Hilde Steenbergen | 850 | |
| 09:00 | Janiek Schulting | 750 | |
| 09:15 | Geert Ouwerling | 1050 | |
| 09:30 | Arnout van Wijncoop | 900 | |
| 09:45 | Erik Krijnsen | 1000 | |
| 10:00 | Aniek Schutrup | 1000 | |
| 10:15 | Marleen Kroes | 900 | |
| 10:30 | Louise Jansen | 850 | |
| 10:45 | Bjorn Damen | 1000 | |
| 11:00 | Carolijn Visser | 900 | |
| 11:15 | Jeroen Keizer | 1100 | |
| 11:30 | Margo Boer | 950 | |
| 11:45 | Hilde Steenbergen | 850 | |
| 12:00 | Estafette-team | 1450 | |